

Middle Schools DYK Lunch Menu

December 3-7, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily

Sun butter & Jelly Sandwich
Turkey & Cheese Sandwich
 (All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)

THIS WEEK'S DAILY SPECIALS

- Monday** – Crispy Chicken Wrap
- Tuesday** – American Sub Sandwich
- Wednesday** – Buffalo Chicken Wrap
- Thursday** – Sriracha Chicken Wrap
- Friday** – Turkey & Cheese Sub Sandwich



Daily Special

Monday

Sriracha Honey Chicken w/ Lo-Mein

Tuesday

Taco Tuesday

Wednesday

Baked Citrus Chicken Spanish Greek
Rice Marinated Greek Vegetables

Thursday

Chicken Fried Steak Mashed
Potatoes WW Roll

Friday

Meatball Sub



FIESTA CREATIONS STATION: **Choice OF Nachos or Daily** **Entrée Special**



- Monday** – Buffalo Chicken Salad WW Roll
- Tuesday** – Crispy Chicken Salad WW Roll
- Wednesday** – Hummus Box Salad
- Thursday** – Chicken Caesar Salad WW Roll
- Friday** – Buffalo Chicken Salad WW Roll

Available Daily: Chef Salad



THIS WEEK'S DAILY SPECIAL'S Available Daily: Cheese Pizza or Pepperoni Pizza

- Monday** – Supreme Pizza
- Tuesday** – Sausage Pizza
- Wednesday** – Buffalo Chicken Pizza
- Thursday** – Ham & Pineapple
- Friday** – Sausage & Pepperoni

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S (All Sandwiches are served on Whole Wheat Buns)

- Monday** – Chicken Parmesan Sandwich
 - Tuesday** – Chicken Fried Steak Sandwich
 - Wednesday** – Chicken Club Sandwich
 - Thursday** – Corn Dog
 - Friday** – BBQ Chicken Sandwich
- Hamburger, Cheeseburger, WG Chicken Patty Sandwich**
Spicy Chicken Patty Sandwich Offered Daily