

Middle Schools DYK Lunch Menu

December 17-21, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily
Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
 (All Sandwiches are served on Whole Wheat Bread, Roll or Tortilla)

THIS WEEK'S DAILY SPECIALS

Monday – Crispy Chicken Wrap

Tuesday – Ham & Cheese Sub

Wednesday – Buffalo Chicken Wrap

Thursday – Sunbutter & Jelly Wrap

Friday – Turkey & Cheese Wrap



Daily Special

Monday

Chicken & Waffle

Tuesday

Taco Tuesday

Wednesday

Oven Baked BBQ Chicken
 Broccoli Rice Casserole

Thursday

Grilled Cheese Tomato Soup

Friday

Baked Potato w/ Broccoli & Cheese
 WW Roll



FIESTA CREATIONS STATION:
Choice of :Nachos or Daily
Entrée Special



Monday – Crispy Chicken Salad WW Roll
Tuesday – Buffalo Chicken Salad WW Roll
Wednesday – Cobb Salad WW Roll
Thursday – Chicken Caesar Salad WW Roll
Friday – Crispy Chicken Salad WW Roll

Available Daily: Chef Salad



THIS WEEK'S DAILY SPECIAL'S

Available Daily: Pepperoni Pizza or Cheese Pizza

Monday – Supreme Pizza

Tuesday – Sausage Pizza

Wednesday – Buffalo Chicken Pizza

Thursday – Pepperoni & Sausage

Friday – Sausage Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

(All Sandwiches are served on Whole Wheat Buns)

Monday – Corn Dog

Tuesday – Chicken Fried Steak Sandwich

Wednesday – BBQ Bacon Cheeseburger

Thursday – Corn Dog

Friday – BBQ Chicken Sandwich

Hamburger, Cheeseburger, WG Chicken Patty Sandwich, Spicy Chicken Patty Sandwich Offered Daily