



Oak Grove School District Middle School Breakfast Menu NOVEMBER 2018



**** NO SCHOOL ****
NOVEMBER 19-25
Thanksgiving break

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Monday 10/29	Tuesday 10/30	Wednesday 10/31	Thursday 11/1	Friday 11/2
1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Egg, Ham & Cheese Muffin Sandwich 2. **WG Cinnamon Bun**	1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Muffin with Cheesestick, Sunflower seeds or Graham Crackers**
Monday 11/5	Tuesday 11/6	Wednesday 11/7	Thursday 11/8	Friday 11/9
1. Fiesta Breakfast Burrito with Salsa 2. WG Bagel with Cream Cheese**	1. Pancake & Sausage on a Stick with Tater Tots 2. WG Cinnamon Bun**	1. Breakfast Bagel Pizza 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Muffin with Cheesestick, Sunflower seeds or Graham Crackers**
Monday 11/12	Tuesday 11/13	Wednesday 11/14	Thursday 11/15	Friday 11/16
** NO SCHOOL ** Veteran's Day	1. Egg, Ham & Cheese Muffin Sandwich 2. **WG Cinnamon Bun**	1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Muffin with Cheesestick, Sunflower seeds or Graham Crackers**
Monday 11/26	Tuesday 11/27	Wednesday 11/28	Thursday 11/29	Friday 11/30
1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. 1. Egg, Ham & Cheese Muffin Sandwich 2. **WG Cinnamon Bun**	1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Muffin with Cheesestick, Sunflower seeds or Graham Crackers**
Meal Applications	Meal Prices	Part Time Work	Meal Prices	Meal Applications
2018-2019 Meal Applications Available Online at OGSD.net or School Main Office or Oak Grove School District Office - 6578 Santa Teresa Blvd. San Jose, CA	Breakfast \$1.50 / Reduced \$0.30 Lunch \$3.00 / Reduced \$0.40 Adult - Brkfst \$2.50 - Lunch \$4.00	We are looking for Substitute Kitchen Workers - Apply online @ EdJoin.org or at Oak Grove School District Office	Breakfast \$1.50 / Reduced \$0.30 Lunch \$3.00 / Reduced \$0.40 Adult - Brkfst \$2.50 - Lunch \$4.00	2018-2019 Meal Applications Available Online at OGSD.net or School Main Office or Oak Grove School District Office - 6578 Santa Teresa Blvd. San Jose, CA

FROM THE GARDEN				
Raisins	Raisins	Raisins	Raisins	Raisins
Carrot Sticks	Broccoli	Kidney or Pinto Beans	Broccoli	Carrot Sticks
Apples	Corn	Apples	Corn	Apples
Can Peaches	Oranges	Fruit Cocktail	Oranges	Can Pears
Tossed Green Salad	Applesauce	Tossed Green Salad	Can Apricots	Tossed Green Salad

**All Meals Must Include a 1/2 Cup
Fruit or Vegetable**

**Select a Variety of Fresh Fruits and
Vegetables on the Salad Bar Daily**

**Choice of Lowfat Milk or Nonfat
Chocolate Milk**

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).

