

Middle Schools DYK Lunch Menu

August 27-31, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily
Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
 (All Sandwiches are served on Whole Wheat Bread, Roll or Tortilla)

THIS WEEK'S DAILY SPECIALS

Monday –Crispy Chicken Wrap

Tuesday – Ham & Cheese Sub

Wednesday –Buffalo Chicken Wrap

Thursday –Chicken Bacon Ranch Wrap

Friday – Garden Sub Sandwich



Daily Special

Monday

Breakfast For Lunch: Pancakes w/
Sausage Patties

Tuesday

Pasta Bar

Wednesday

Oven Baked BBQ Chicken
Cheesy Potatoes WW Roll

Thursday

Grilled Chicken Pita w/ Sesame
Drizzle

Friday

Beef Shepherd's Pie WW Roll



FIESTA CREATIONS STATION:
Choice of :Nachos or Daily
Entrée Special



Monday –Buffalo Chicken Salad w/ WW Roll

Tuesday – Southwest Chicken Salad Tortilla Chips

Wednesday – Hawaiian Chicken Salad WW Roll

Thursday –Garden Salad WW Roll

Friday – Beef Taco Salad Tortilla Chips



THIS WEEK'S DAILY SPECIAL'S

Available Daily: Pepperoni Pizza or Cheese Pizza

Monday – Supreme Pizza

Tuesday –Sausage Pizza

Wednesday –Buffalo Chicken Pizza

Thursday – Ham & Pineapple Pizza

Friday - Pepperoni & Sausage Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

(All Sandwiches are served on Whole Wheat Buns)

Monday – Grilled Cheese Sandwich

Tuesday – Buffalo Chicken Sandwich

Wednesday –BBQ Bacon Burger

Thursday – Hot Dog on Bun

Friday- Corn Dog

Hamburger, Cheeseburger, WG Chicken Patty Sandwich
Offered Daily