

Middle Schools DYK Lunch Menu

August 20-24, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily

Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
(All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)

THIS WEEK'S DAILY SPECIALS

Monday –Crispy Chicken Wrap

Tuesday –Club Wrap

Wednesday –Buffalo Chicken Wrap

Thursday- Club Sandwich

Friday- Italian Sub



Daily Special

Monday

Chicken & Waffle

Tuesday

Taco Tuesday

Wednesday

Chipotle Turkey Meatloaf
Broccoli Rice Casserole WW Roll

Thursday

Macaroni & Cheese

Friday

BBQ Pulled Pork on WW Bun



FIESTA CREATIONS STATION:
Choice Of Nachos or Daily
Entrée Special



Monday – Buffalo Chicken Salad WW Roll

Tuesday –Crispy Chicken Salad WW Roll

Wednesday – Taco Salad Tortilla Chips

Thursday – Southern Style Crispy Chicken Salad WW Roll

Friday – Buffalo Chicken Salad WW Roll



THIS WEEK'S DAILY
SPECIAL'S Available Daily: Cheese Pizza or
Pepperoni Pizza

Monday –Supreme Pizza

Tuesday –Sausage Pizza

Wednesday – Buffalo Chicken Pizza

Thursday –Ham & Pineapple Pizza

Friday –Pepperoni & Sausage

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY
SPECIAL'S
(All Sandwiches are served on Whole Wheat Buns)

Monday –Buffalo Chicken Sandwich

Tuesday – Chicken Parmesan Sandwich

Wednesday – Buffalo Chicken Sandwich

Thursday –Corn Dog

Friday- Buffalo Chicken Sandwich

Hamburger, Cheeseburger, & WG Chicken Patty Sandwich
Offered Daily