



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1  
 Cheerios Cereal  
 Graham Cracker  
 Fruit Juice  
 Milk

2  
 Strawberry  
 PopTart  
 Graham Cracker  
 Fruit Juice  
 Milk

3  
 Whole Grain  
 Muffin  
 Graham Cracker  
 Fruit Juice  
 Milk

4  
 NO SCHOOL

5  
 NO SCHOOL

All breakfast items are whole grain and reduced sugar

8  
 Frosted Flakes  
 Cereal  
 Graham Cracker  
 Fruit Juice  
 Milk

9  
 Cinnamon  
 Toast Crunch  
 Bar  
 Graham Cracker  
 Fruit Juice  
 Milk

10  
 Whole Grain  
 Muffin  
 Graham Cracker  
 Fruit Juice  
 Milk

11  
 Lucky Charms  
 Cereal  
 Graham Cracker  
 Fruit Juice  
 Milk

12  
 Chocolate  
 Chip Oatmeal  
 Bar  
 Graham Cracker  
 Fruit Juice  
 Milk

15  
 Apple Jacks  
 Cereal  
 Graham Cracker  
 Fruit Juice  
 Milk

16  
 Trix Cereal  
 Bar  
 Graham Cracker  
 Fruit Juice  
 Milk

17  
 Whole Grain  
 Muffin  
 Graham Cracker  
 Fruit Juice  
 Milk

18  
 Mini Pancakes  
 Syrup  
 Fruit Juice  
 Milk

19  
 Mini Cinnis  
 Graham Cracker  
 Fruit Juice  
 Milk

22  
 Chocolate  
 Chip Oatmeal  
 Bar  
 Graham Cracker  
 Fruit Juice  
 Milk

23  
 Strawberry  
 PopTart  
 Graham Cracker  
 Fruit Juice  
 Milk

24  
 NO SCHOOL

25  
 HAPPY  
 THANKS  
 GIVING!

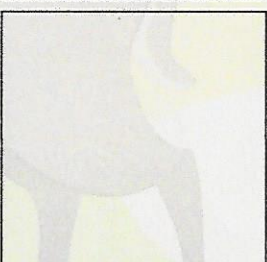
26  
 NO SCHOOL

29  
 Strawberry  
 Bagel  
 Graham Cracker  
 Fruit Juice  
 Milk

30  
 French Toast  
 Bar  
 Graham Cracker  
 Fruit Juice  
 Milk

**For 2021-2022  
 School Year,  
 as per USDA  
 guidance, all  
 meals will be  
 provided at no  
 charge**

**What is a Breakfast?**  
 • Grain and/or  
 Protein  
 • Fruit or Vegetable  
 • Milk  
**Milk Selection**  
 • 1% white  
 • Fat-Free white  
 • Fat-Free  
 Chocolate



Menu subject to change

This institution is an equal opportunity provider.