



MOTSD IN-PERSON BREAKFAST

FEB 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Maple Mini Waffles
Syrup
Fruit Juice
Milk

2

Apple Cinnamon Muffin
Graham Cracker
Fruit Juice
Milk

3

Cinnamon Toast Crunch Bar
Graham Cracker
Fruit Juice
Milk

4

Cocoa Puffs Cereal
Graham Cracker
Fruit Juice
Milk

5

Chocolate Chip Oatmeal Bar
Graham Cracker
Fruit Juice
Milk

All breakfast items are whole grain and reduced sugar

8

Mini Cinnis
Graham Cracker
Fruit Juice
Milk

9

Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

10

Cinnamon French Toast Bites
Syrup
Fruit Juice
Milk

11

Blueberry Mini Waffles
Syrup
Fruit Juice
Milk

12

Lucky Charms Cereal
Graham Cracker
Fruit Juice
Milk

15

NO SCHOOL

16

Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

17

Strawberry Pop Tart
Graham Cracker
Fruit Juice
Milk

18

Cheerios Cereal
Graham Cracker
Fruit Juice
Milk

19

Cocoa Puffs Cereal Bar
Graham Cracker
Fruit Juice
Milk

22

Frosted Flakes Cereal
Graham Cracker
Fruit Juice
Milk

23

Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

24

Maple Mini Waffles
Syrup
Fruit Juice
Milk

25

Trix Cereal
Graham Cracker
Fruit Juice
Milk

26

Mini Cinnis
Graham Cracker
Fruit Juice
Milk

For a limited time, as per USDA guidance, all meals will be provided at no charge

- What is a Breakfast?
- Grain and/or Protein
 - Fruit or Vegetable
 - Milk
- Milk Selection
- 1% white
 - Fat-Free white
 - Fat-Free Chocolate

- Alternative Breakfast Choices Offered Daily
- Assorted Cereal
 - Assorted Muffins
 - Fresh Bagel
 - Graham Crackers
 - String Cheese

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Menu subject to change

This institution is an equal opportunity provider.