



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

For a limited time, as per USDA guidance, all meals will be provided at no charge

1

2

3

4

All breakfast items are whole grain and reduced sugar

7

8
Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

9
Lucky Charms
Reduced Fat Cereal
Graham Cracker
Fruit Juice
Milk

10
Strawberry Pop Tart
Graham Cracker
Fruit Juice
Milk

11
Whole Grain Bagel
Cream Cheese Yogurt
Fruit Juice
Milk

14
Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

15
Frosted Flakes
Reduced Fat Cereal
Graham Cracker
Fruit Juice
Milk

16
Cinnamon Pop Tart
Graham Cracker
Fruit Juice
Milk

17
Mini Cinni
Graham Cracker
Fruit Juice
Milk

18
Whole Grain Bagel
Cream Cheese Yogurt
Fruit Juice
Milk

21
Strawberry Filled Bagel
Graham Cracker
Fruit Juice
Milk

22
Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

23
Yogurt Teddy Grahams
Fruit Juice
Milk

24
Whole Grain Bagel
Cream Cheese
Graham Cracker
Fruit Juice
Milk

25
Cheerios Cereal
Graham Cracker
Fruit Juice
Milk

28
NO SCHOOL

29
Whole Grain Muffin
Graham Cracker
Fruit Juice
Milk

30
Strawberry Pop Tart
Graham Cracker
Fruit Juice
Milk

Milk Selection
• 1% white
• Fat-Free white
• Fat-Free Chocolate

What is a Breakfast?
• Grain and/or Protein
• Fruit or Vegetable
• Milk

Menu subject to change

This institution is an equal opportunity provider.