

Mount Olive Middle School November 2021

What is a Lunch?
Fruit, Vegetable, Grain, Protein & Dairy
 All meals must include all 5 components

Menu subject to change.

1 GRAB & GO Twin Beef Hot Dogs	2 GRAB & GO Chicken & Waffles	3 GRAB & GO Individual Cheese Pizza	4 NO SCHOOL	5 NO SCHOOL
8 Breakfast for Lunch	9 Cheese Burger	10 Macaroni & Cheese	11 Popcorn Chicken Dinner Roll	12 Spicy Chicken Patty
15 Meatball Sub	16 Chicken & Waffles	17 Texas Toast Grilled Cheese Tomato Soup	18 Nachos with Turkey Taco Meat	19 BBQ Pulled Pork Sandwich
22 Twin Beef Hot Dogs	23 Breaded Chicken Drumsticks	24 NO SCHOOL	25 HAPPY THANKSGIVING!	26 NO SCHOOL
29 Breakfast for Lunch	30 Corn Dog Nuggets		PER USDA, ALL MEALS ARE FREE!	<i>Milk Selection includes 1% white Fat-Free chocolate</i>



ALL MEALS INCLUDE FRUIT, VEGETABLE AND MILK

Hot Entrees will include a **HOT** vegetable, while cold entrees will include a **COLD** vegetable
COLD fruit and **MILK** are included with all meals



MENU VARIETY ON ROTATING BASIS

- Italian Sub
- Turkey & Cheese on Kaiser
- Ham & Cheese on Kaiser
- Garden Salad with cheese
- Garden Salad with chicken or tuna salad
served with vegetable, fruit and milk.



AVAILABLE DAILY

- Chicken Tenders
- Mozzarella Sticks

served with baked french fries, fruit and milk.

**AVAILABLE
DAILY**

Cheese or Pepperoni Pizza

Served with baked French fries, fruit and milk.



Interested in a part-time job? Join our team and help promote healthy nutrition for your student and all of our students. Call Tony at 973-691-4006 x5701

*If you have questions about the menu, please contact Tony Kowalak. 973-691-4006 x5701 or email at Anthony.kowalak@Sodexo.com.
 Go to payschoolscentral.com for online student account management.*

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