



Mount Olive High School

October 2021

What is a Lunch?

Fruit, Vegetable, Grain, Protein & Dairy

All meals must include all 5 components

Menu subject to change.

	PER USDA, ALL MEALS ARE FREE! Milk Selection includes 1% white Fat-Free chocolate			1 Twin Beef Hot Dogs
4 Breakfast for Lunch	5 Bacon Cheeseburger	6 Nachos	7 Chicken & Waffles	8 Pulled Pork BBQ Sandwich
11 NO SCHOOL	12 Breaded Chicken Drumsticks	13 Macaroni & Cheese Dinner Roll	14 Mozzarella Sticks Dinner Roll Marinara Sauce	15 General Tso's Chicken with Rice
18 Breakfast for Lunch	19 Crispy Chicken & Bacon Sandwich	20 Philly CheeseSteak	21 Nachos	22 Buffalo Chicken Sub
25 Cheese Burger	26 Meatball Sub	27 Macaroni & Cheese Dinner Roll	28 Chicken & Cheese Taquitos	29 Spicy Orange Chicken With Rice



ALL MEALS INCLUDE FRUIT, VEGETABLE AND MILK



Variety of Sandwiches, Wraps, Salads and Bento Boxes



AVAILABLE DAILY
Chicken Tenders

AVAILABLE DAILY

Big Daddy's Cheese Pizza



Interested in a part-time job? Join our team and help promote healthy nutrition for your student and all of our students. Call Tony at 973-691-4006 x5701

If you have questions about the menu, please contact Tony Kowalak, 973-691-4006 x5701 or email at Anthony.kowalak@Sodexo.com. Go to payschoolscentral.com for online student account management.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.