



**MEMORIAL MIDDLE SCHOOL**  
**SEPTEMBER MENU**



**DAILY SPECIALS**

**Grab & Go**  
**Sandwiches, Wraps & Salads**



*\*Sandwiches are served on a WG Sub Roll & Wraps are served on a WG Tortilla.*

9/2 <b>Labor Day No SCHOOL</b>	9/3 <b>WELCOME BACK! Korean BBQ Meatballs w/ Rice</b>	9/4 <b>Chili Cheese Dog w/ French Fries</b>	9/5 <b>Italian Meatball Sub w/ Caesar Side Salad</b>	9/6 <b>Crunchy (Fritos) Beef Burrito w/ Fiesta Corn</b>
9/9 <b>Breakfast for Lunch: Ham Breakfast Bowl w/ Toast</b>	9/10 <b>Chili Frito Pie w/ Garden Side Salad</b>	9/11 <b>Tater Tot Casserole w/ Roll &amp; Caesar Side Salad</b>	9/12 <b>Chicken Potato Bowl w/ Roll</b>	9/13 <b>Flamin' Hot Cheeto Macaroni &amp; Cheese w/ Broccoli</b>
9/16 <b>Beef Tot'chos w/ Roll</b>	9/17 <b>Baja Fish Tacos w/ Mexi Slaw</b>	9/18 <b>Chicken Taquitos w/ Fiesta Corn</b>	9/19 <b>Chicken &amp; Waffle w/ Fruit Compote</b>	9/20 <b>Flamin' Hot Cheeto Chicken Pizza w/ Caesar Side Salad</b>
9/23 <b>Pork Street Tacos w/ Cilantro Lime Rice</b>	9/24 <b>Loaded Bacon &amp; Cheese Fries w/ Roll</b>	9/25 <b>Pork Pozole w/ Tortilla Chips &amp; Chipotle Cole Slaw</b>	9/26 <b>Ramen Chicken w/ Marinated Cucumbers</b>	9/27 <b>Nuclear Chicken Burger w/ Tater Tots</b>



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables in an inviting variety of  
Locally Grown items which are offered whenever seasonally available!  
Low Fat or Fat Free Milk included with all meals



**EVERYDAY CHOICES**

**Beef, Chicken or Cheese Nachos**  
**Beef, Chicken or Cheese Tacos**

*\*Served with Refried Beans & a trip through the THRIVE Garden Bar.*



**EVERYDAY CHOICES**

**Hamburger or Cheeseburger**  
**Regular or Spicy Chicken Burger**

*\*Served on a WW bun with French Fries (T/TH) or  
Tater Tots (M/W/F) & a trip through the THRIVE Garden Bar.*



**EVERYDAY CHOICES**

**Cheese, Pepperoni & Daily Special Pizzas**

*\*All pizzas feature low fat cheese, low sodium sauce & whole grain crusts.*

**BREAKFAST MENU**

Sept. 2nd - 6th	<b>Labor Day No SCHOOL</b>	<b>Pizza Bagel</b>	<b>Ham &amp; Egg Breakfast Bowl</b>	<b>Breakfast Burrito</b>	<b>Cinnamon Roll</b>
Sept. 9th - 13th	<b>Breakfast on a Stick</b>	<b>Apple Frudel Strudel</b>	<b>Cinnamon Breakfast Round</b>	<b>Pancakes w/ Syrup</b>	<b>Banana Muffin Top</b>
Sept. 16th - 20th	<b>Breakfast Pizza</b>	<b>Pancake Bites</b>	<b>Biscuit &amp; Sausage Gravy</b>	<b>Ham &amp; Cheese Frittata</b>	<b>French Toast</b>
Sept. 23rd - 27th	<b>Waffles w/ Syrup</b>	<b>Oatmeal Chocolate Chip Breakfast Round</b>	<b>Crunch Wrap</b>	<b>Build Your Own Oatmeal Bar</b>	<b>Cinnamon Roll</b>

**EVERYDAY CHOICES**

**Ham & Cheese or Egg & Cheese English Muffin Breakfast Sandwich**  
**Assorted Cereal & Oatmeal w/ Toast**      **Bagel w/ Cream Cheese**      **\*\*All Breakfasts include Fruit & Milk.**

**This institution is an equal opportunity provider.**