**SUNDAY**
1. **Peach Month**
   - Look for the icon for healthy menu options.

**MONDAY**
2. **Mindful Monday**
3. **Watermelon Day**

**TUESDAY**
3. **MaineCuisine Event**
4. **Gulf of Maine Day**

**WEDNESDAY**
5. **National Catfish Month**
6. **Better Tomorrow 2025**

**THURSDAY**
7. **Trom Cruise Ends Welcome Back**
8. **Get Your Bite**
9. **Welcome Back**

**FRIDAY**
10. **S'mores Day**
11. **Have You Registered Yet?**
12. **Maldives for Making My Day**
13. **Have A Question? We're Happy To Help!**
14. **Breakfast Area**

**SATURDAY**
15. **Weekend**
16. **Breakfast Area**
17. **Breakfast Area**
18. **Breakfast Area**
19. **Breakfast Area**
20. **Breakfast Area**
21. **Breakfast Area**

**MEAL PLAN**
- **Begins**
- **The Main Dining Room**
  - **Open for Dinner** 4:30PM - 6:00PM
- **Waypoint**
  - **Maine Maritime Academy**
  - **Open at 7:00AM**
  - **Stop by and enjoy a Starbucks coffee, meal, or snack**

**FIRST DAY**
- **Of Classes**
  - **Purchase a Meal Plan Today!**
  - For meal plan info visit: mainemaritime.sodexomyway.com
  - Block plans can be purchased any time.

**EAT GOOD, FEEL GOOD**
- **You could be one of 19 lucky winners!**

**LAST DAY**
- **To Change Meal Plan**
- **You've made it to the weekend! Take a deep breath & enjoy**

**Events are subject to change. Please visit the dining hall & follow us on Facebook for up to date information.**