## MEAL SWIPES

### CHARLIE’S PLACE

**Breakfast**
- **OPTION 1** | 1 MEAL SWIPE | 375 - 770 CAL
  Eggs + 1 Meat Portion + Whole Fruit or Potatoes + 16oz Coffee or Fountain Drink
- **OPTION 2** | 1 MEAL SWIPE | 555 - 950 CAL
  Breakfast Sandwich + Whole Fruit or Potatoes + 16oz Coffee or Fountain Drink
- **OPTION 3** | 1 MEAL SWIPE | 365 - 760 CAL
  Omelet + Whole Fruit or Potatoes + 16oz. Coffee or Fountain Drink
- **OPTION 4** | 1 MEAL SWIPE | 245 - 857 CAL
  Pancakes or French Toast + Whole Fruit or Potatoes + 16oz. Coffee or Fountain Drink

**Hotline | Lunch**
- **OPTION 1** | 1 MEAL SWIPE | 350 - 1150 CAL
  1 Protein + 2 Sides + 16oz Fountain Drink
- **OPTION 2** | MEAL SWIPE | 360 - 830 CAL
  Black Bean Burger + Fries + 16oz Fountain Drink
- **OPTION 3** | 1 MEAL SWIPE | 360 - 830 CAL
  Chicken Sandwich + Fries + 16oz Fountain Drink

### THE COURTYARD CAFÉ

**OPTION 1** | 1 MEAL SWIPE | 600 - 820 CAL
Breakfast sandwich + Whole Fruit or Hashbrown

**OPTION 2** | 1 MEAL SWIPE | 800 - 900 CAL
Belgian Waffle Bar

**OPTION 3** | 1 MEAL SWIPE | 600 - 730 CAL
Sandwich #1, #2, #5, #8, #9, #10, or #11 + Whole Fruit or Chips

**OPTION 4** | 1 MEAL SWIPE | 450 - 500 CAL
Chicken Caesar Salad, Big Sky Salad, or Santa Fe Salad + Whole Fruit or Bread

**OPTION 5** | 1 MEAL SWIPE | 450 - 500 CAL
Large soup + Whole Fruit or Bag of Chips

**OPTION 6** | 1 MEAL SWIPE + $0.75 | 440 - 750 CAL
Sandwich #3, #4, #6, or #7 + Whole Fruit or Bag of Chips

### THE FLYERS DEN

**OPTION 1** | 1 MEAL SWIPE | 730 - 1010 CAL
Hot Dog or Hamburger or Cheeseburger + Fries + 16oz. Fountain Drink

**OPTION 2** | 1 MEAL SWIPE | 660 - 900 CAL
Black Bean Burger or Chicken Sandwich + Fries + 16oz. Fountain Drink

**OPTION 3** | 1 MEAL SWIPE | 740 - 940 CAL
3 Piece Chicken Tender + Fries + 16oz. Fountain Drink

**OPTION 4** | 1 MEAL SWIPE | 950 - 1100 CAL
Cheese Pizza or Pepperoni Pizza or Veggie Pizza + 16oz. Fountain Drink

**OPTION 5** | 1 MEAL SWIPE | 950 - 1100 CAL
6 Wings + 16oz. Fountain Drink

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**SUBCONNECTION**

- **OPTION 1** | 1 MEAL SWIPE | 940 - 1820 CAL
  Turkey Sub, Ham Sub, Veggie Sub Meatball Sub + Whole Fruit or Bag of Chips + 16oz. Fountain Drink

- **OPTION 2** | 1 MEAL SWIPE + $0.75 | 790 - 1690 CAL
  Roast Beef Sub or Deli Club + Whole Fruit or Bag of Chips + 16oz. Fountain Drink

- **OPTION 3** | 1 MEAL SWIPE + $0.75 | 890 - 1310 CAL
  Roasted Chicken Sub, Chicken Caesar Sub, Crispy Chicken Sub, Baja Chicken Sub, or Chicken Fajita Sub + Whole Fruit or Bag of Chips + 16oz. Fountain Drink

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**LEWIS|DINING**

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