



## Intermediate School Lunch Menu January 2019

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Dec 31- Jan 4</b>			NO SCHOOL Winter Break		
<b>Jan 7 - 11</b>	NO SCHOOL	Chicken Rings w/Roll Smothered Beef, Bean & Cheese Burrito Turkey Bacon Wrap	General Tso Chicken w/Egg Roll Hamburger/Cheeseburger (C) Fruit, Cheese & Yogurt Plate (V)	Turkey Hot Dog Chicken Fajita Bowl (GF) Italian Pesto Wrap	Chicken Potato Bowl w/Roll Taco Loco Salad Turkey & Chz Bagel Sandwich
<b>Jan 14 - 18</b>	Chicken Rings w/Roll Pizza Kidzable Spaghetti w/Breadstick	Cheesy Breadsticks w/Marinara Crunchy Beef Tacos w/Spanish Rice (GF) Ham & Cheese Sandwich	Cheese Enchiladas (V) Crispy Chicken Wrap & Yogurt Hamburger/Cheeseburger (C)	Beef Nachos (GF) Chicken Corn Dog Fruit, Cheese & Yogurt Plate (V)	Beef Sloppy Joe Fajita Chicken Quesadilla Chicken Caesar Salad w/Breadstick
<b>Jan 21 - 25</b>	NO SCHOOL	Chicken Rings w/Roll Chicken Tacos Ham & Cheese Sandwich	Hamburger/Cheeseburger (C) American Sub Beef Lasagna (C) w/Breadstick	Cheesy Breadsticks w/Marinara (V) Baked Potato w/Chili & Cornbread (F,C) Turkey Chef Salad (GF) w/Roll	Frito Chili Pie (GF) Fajita Chicken Quesadilla Fruit, Cheese & Yogurt Plate (V)
<b>Jan 28 - Feb 1</b>	Chicken Rings w/Roll Beef Enchiladas Turkey Bacon Wrap	Chicken Potato Bowl w/Roll Crunchy Beef Tacos w/Spanish Rice (GF) Turkey Chef Salad (GF) w/Roll	Hamburger/Cheeseburger (C) Chicken & Waffles Fruit, Cheese & Yogurt Plate (V)	Chicken Nachos (GF) Chicken Corn Dog Crispy Chicken Wrap	Beef Sloppy Joe Fajita Chicken Quesadilla Chicken Caesar Salad w/Breadstick

**Offered Daily:** Original or Spicy Chicken Sandwich and Cheese (V),  
Pepperoni or Sausage Pizza **Beverage Options:** Unflavored 1% Milk or Fat Free Chocolate Milk