

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:34:32 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Pizza (tier I)

Monday		Tuesday		Wednesday		Thursday		Friday	
	27 Sep		28 Sep		29 Sep		30 Sep		1 Oct
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)		Cheese Pizza (33.88 g)	
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Pepperoni Pizza (33.88 g)	
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)		Supreme Pizza (35.41 g)	
Breadstick (14.00 g)		Breadstick (14.00 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)	
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Caesar Side Salad (9.92 g)		Taste4 Extras Bar							
Taste4 Extras Bar									
	4 Oct		5 Oct		6 Oct		7 Oct		8 Oct
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)			
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)			
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)			
Breadstick (14.00 g)		Breadstick (14.00 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)			
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)		Taste4 Extras Bar		Taste4 Extras Bar			
Caesar Side Salad (9.92 g)		Taste4 Extras Bar							
Taste4 Extras Bar									
	11 Oct		12 Oct		13 Oct		14 Oct		15 Oct
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)		Cheese Pizza (33.88 g)	
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Pepperoni Pizza (33.88 g)	
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)		Supreme Pizza (35.41 g)	
Breadstick (14.00 g)		Breadstick (14.00 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)	
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Caesar Side Salad (9.92 g)		Taste4 Extras Bar							
Taste4 Extras Bar									
	18 Oct		19 Oct		20 Oct		21 Oct		22 Oct
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)			
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)			
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)			
Breadstick (14.00 g)		Breadstick (14.00 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)			
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)		Taste4 Extras Bar		Taste4 Extras Bar			
Caesar Side Salad (9.92 g)		Taste4 Extras Bar							
Taste4 Extras Bar									
	25 Oct		26 Oct		27 Oct		28 Oct		29 Oct
Alfredo Macaroni (49.22 g)		Blazing Chicken Pizza (34.84 g)		Baked Penne Pasta, classic, Panko, USDA (54.79 g)		Mozzarella Stuffed Breadsticks (28.02 g)		Mozzarella Stuffed Breadsticks (28.02 g)	

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25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Mozzarella Stuffed Breadsticks (28.02 g) Cheese Pizza (33.88 g) Chilly Philly Pizza (34.43 g) Pepperoni Pizza (33.88 g) Breadstick (14.00 g) Spaghetti Sauce (11.30 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Mozzarella Stuffed Breadsticks (28.02 g) Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Chicken Bacon Ranch Popper (3.36 g) Sausage Pizza (34.89 g) Breadstick (14.00 g) Spaghetti Sauce (11.30 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Barbecue Chicken Pizza (39.82 g) Mozzarella Stuffed Breadsticks (28.02 g) Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Breadstick (14.00 g) Spaghetti Sauce (11.30 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Cheese Pizza (33.88 g) Hawaiian Pizza (37.15 g) Pepperoni Pizza (33.88 g) Chicken Bacon Ranch Poppers (20.78 g) Breadstick (14.00 g) Spaghetti Sauce (11.30 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Cheddar Macaroni (53.35 g) Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Supreme Pizza (35.41 g) Breadstick (14.00 g) Spaghetti Sauce (11.30 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar
1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
Mozzarella Stuffed Breadsticks (28.02 g) Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Breadstick (14.00 g) Spaghetti Sauce (11.30 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Chicken Bacon Ranch Popper (3.36 g) Breadstick (14.00 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Barbecue Chicken Pizza (39.82 g) Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Sausage Pizza (34.89 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar	Cheese Pizza (33.88 g) Pepperoni Pizza (33.88 g) Supreme Pizza (35.41 g) Caesar Side Salad (9.92 g) Taste4 Extras Bar

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:36:03 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Adventure (1)

Monday		Tuesday		Wednesday		Thursday		Friday	
	27 Sep		28 Sep		29 Sep		30 Sep		1 Oct
Fiesta Tacos		Fiesta Tacos		Fiesta Tacos		Fiesta Tacos		Fiesta Tacos	
Fiesta Burrito		Fiesta Burrito		Fiesta Burrito		Fiesta Burrito		Fiesta Burrito	
Fiesta Nachos		Fiesta Nachos		Fiesta Nachos		Fiesta Nachos		Fiesta Nachos	
Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)	
Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)	
Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)	
Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)	
Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)	
Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)	
Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)	
Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)	
Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)	
Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)	
Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)	
Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)	
Aztec Corn (15.02 g)		Aztec Corn (15.02 g)		Aztec Corn (15.02 g)		Aztec Corn (15.02 g)		Aztec Corn (15.02 g)	
Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)	
Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Shredded Lettuce (2.14 g)		Shredded Lettuce (2.14 g)		Shredded Lettuce (2.14 g)		Shredded Lettuce (2.14 g)		Shredded Lettuce (2.14 g)	
Sliced Black Olives (0.94 g)		Sliced Black Olives (0.94 g)		Sliced Black Olives (0.94 g)		Sliced Black Olives (0.94 g)		Sliced Black Olives (0.94 g)	
Diced Red Onion (2.00 g)		Diced Red Onion (2.00 g)		Diced Red Onion (2.00 g)		Diced Red Onion (2.00 g)		Diced Red Onion (2.00 g)	
Jalapeno Pepper Slices		Jalapeno Pepper Slices		Jalapeno Pepper Slices		Jalapeno Pepper Slices		Jalapeno Pepper Slices	
Pico de Gallo (0.39 g)		Pico de Gallo (0.39 g)		Pico de Gallo (0.39 g)		Pico de Gallo (0.39 g)		Pico de Gallo (0.39 g)	
Diced Red Tomatoes (0.96 g)		Diced Red Tomatoes (0.96 g)		Diced Red Tomatoes (0.96 g)		Diced Red Tomatoes (0.96 g)		Diced Red Tomatoes (0.96 g)	
Thick & Chunky Salsa (1.50 g)		Thick & Chunky Salsa (1.50 g)		Thick & Chunky Salsa (1.50 g)		Thick & Chunky Salsa (1.50 g)		Thick & Chunky Salsa (1.50 g)	
Sour Cream (1.00 g)		Sour Cream (1.00 g)		Sour Cream (1.00 g)		Sour Cream (1.00 g)		Sour Cream (1.00 g)	
	4 Oct		5 Oct		6 Oct		7 Oct		8 Oct
Rockin Ramen- Chicken Ramen Bowl, Built-to-Order		Rockin Ramen- Chicken Ramen Bowl, Built-to-Order		Rockin Ramen- Chicken Ramen Bowl, Built-to-Order		Rockin Ramen- Chicken Ramen Bowl, Built-to-Order		Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	
Rockin Ramen- Meatball Ramen Bowl, Built-to-Order		Rockin Ramen- Meatball Ramen Bowl, Built-to-Order		Rockin Ramen- Meatball Ramen Bowl, Built-to-Order		Rockin Ramen- Meatball Ramen Bowl, Built-to-Order		Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	
Hard Boiled Eggs (0.28 g)		Hard Boiled Eggs (0.28 g)		Hard Boiled Eggs (0.28 g)		Hard Boiled Eggs (0.28 g)		Hard Boiled Eggs (0.28 g)	
Fajita Chicken (1.01 g)		Fajita Chicken (1.01 g)		Fajita Chicken (1.01 g)		Fajita Chicken (1.01 g)		Fajita Chicken (1.01 g)	
Beefy Meatballs (2.49 g)		Beefy Meatballs (2.49 g)		Beefy Meatballs (2.49 g)		Beefy Meatballs (2.49 g)		Beefy Meatballs (2.49 g)	
Lo Mein Noodles (29.60 g)		Lo Mein Noodles (29.60 g)		Lo Mein Noodles (29.60 g)		Lo Mein Noodles (29.60 g)		Lo Mein Noodles (29.60 g)	
Corn (13.00 g)		Corn (13.00 g)		Corn (13.00 g)		Corn (13.00 g)		Corn (13.00 g)	

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 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Adventure (1)

4 Oct	5 Oct	6 Oct	7 Oct		
O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)		
Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)		
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar		
Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)		
Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)		
Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)		
Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)		
Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)		
Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices		
Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)		
Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)		
11 Oct	12 Oct	13 Oct	14 Oct	15 Oct	
Chopsticks- Fried Rice Bowl	Chopsticks- Fried Rice Bowl	Chopsticks- Fried Rice Bowl	Chopsticks- Fried Rice Bowl	Chicken Alfredo Macaroni (36.93 g)	
Chopsticks- Noodle Bowl	Chopsticks- Noodle Bowl	Chopsticks- Noodle Bowl	Chopsticks- Noodle Bowl	Chili Frito Pie, chili w/ beans and beef crumbles, usda cheddar cheese, fritos (80.69 g)	
Chopsticks- Rice Bowl	Chopsticks- Rice Bowl	Chopsticks- Rice Bowl	Chopsticks- Rice Bowl	Country Fried Steak (19.31 g)	
Fajita Chicken (2.02 g)	Fajita Chicken (2.02 g)	Fajita Chicken (2.02 g)	Fajita Chicken (2.02 g)	Cheese Lasagna Rollup (39.21 g)	
Popcorn Chicken (15.51 g)	Popcorn Chicken (15.51 g)	Popcorn Chicken (15.51 g)	Popcorn Chicken (15.51 g)	Meatloaf (12.38 g)	
Teriyaki Beef Dippers (6.00 g)	Teriyaki Beef Dippers (6.00 g)	Teriyaki Beef Dippers (6.00 g)	Teriyaki Beef Dippers (6.00 g)	Dinner Roll (29.00 g)	
Fried Rice (35.15 g)	Fried Rice (35.15 g)	Fried Rice (35.15 g)	Fried Rice (35.15 g)	Garlic Knot Breadstick (15.02 g)	
Steamed Rice (60.02 g)	Steamed Rice (60.02 g)	Steamed Rice (60.02 g)	Steamed Rice (60.02 g)	Parmesan Green Beans (5.18 g)	
Vegetable Lo Mein (102.94 g)	Vegetable Lo Mein (102.94 g)	Vegetable Lo Mein (102.94 g)	Vegetable Lo Mein (102.94 g)	Whipped Potatoes (15.00 g)	
Roasted Broccoli (6.56 g)	Roasted Broccoli (6.56 g)	Roasted Broccoli (6.56 g)	Roasted Broccoli (6.56 g)	Taste4 Extras Bar	
Roasted Sesame Carrots (42.65 g)	Roasted Sesame Carrots (42.65 g)	Roasted Sesame Carrots (42.65 g)	Roasted Sesame Carrots (42.65 g)	Brown Gravy (2.36 g)	
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Gravy, Pepper (Country, Biscuit) (4.57 g)	
Orange Sauce (9.00 g)	Orange Sauce (9.00 g)	Orange Sauce (9.00 g)	Orange Sauce (9.00 g)		
Teriyaki Sauce (5.00 g)	Teriyaki Sauce (5.00 g)	Teriyaki Sauce (5.00 g)	Teriyaki Sauce (5.00 g)		
Sweet & Sour sauce (7.94 g)	Sweet & Sour sauce (7.94 g)	Sweet & Sour sauce (7.94 g)	Sweet & Sour sauce (7.94 g)		
18 Oct	19 Oct	20 Oct	21 Oct	22 Oct	
Fiesta Tacos	Fiesta Tacos	Fiesta Tacos	Fiesta Tacos		
Fiesta Burrito	Fiesta Burrito	Fiesta Burrito	Fiesta Burrito		
Fiesta Nachos	Fiesta Nachos	Fiesta Nachos	Fiesta Nachos		
Fajita Chicken (1.52 g)	Fajita Chicken (1.52 g)	Fajita Chicken (1.52 g)	Fajita Chicken (1.52 g)		
Pulled Pork, Carnitas (1.02 g)	Pulled Pork, Carnitas (1.02 g)	Pulled Pork, Carnitas (1.02 g)	Pulled Pork, Carnitas (1.02 g)		
Beef Taco Meat (4.30 g)	Beef Taco Meat (4.30 g)	Beef Taco Meat (4.30 g)	Beef Taco Meat (4.30 g)		
Cheddar Cheese Sauce (2.04 g)	Cheddar Cheese Sauce (2.04 g)	Cheddar Cheese Sauce (2.04 g)	Cheddar Cheese Sauce (2.04 g)		
Queso Blanco Sauce (1.00 g)	Queso Blanco Sauce (1.00 g)	Queso Blanco Sauce (1.00 g)	Queso Blanco Sauce (1.00 g)		

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 Menu Line: T4-Adventure (1)

18 Oct	19 Oct	20 Oct	21 Oct	25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Shredded Yellow Cheddar Cheese (0.50 g)	Shredded Yellow Cheddar Cheese (0.50 g)	Shredded Yellow Cheddar Cheese (0.50 g)	Shredded Yellow Cheddar Cheese (0.50 g)					
Cilantro Lime White Rice (29.87 g)	Cilantro Lime White Rice (29.87 g)	Cilantro Lime White Rice (29.87 g)	Cilantro Lime White Rice (29.87 g)					
Crispy Corn Taco Shell (33.00 g)	Crispy Corn Taco Shell (33.00 g)	Crispy Corn Taco Shell (33.00 g)	Crispy Corn Taco Shell (33.00 g)					
Tortilla Chips (29.45 g)	Tortilla Chips (29.45 g)	Tortilla Chips (29.45 g)	Tortilla Chips (29.45 g)					
Tortilla Chips (38.00 g)	Tortilla Chips (38.00 g)	Tortilla Chips (38.00 g)	Tortilla Chips (38.00 g)					
Flour Tortilla (34.00 g)	Flour Tortilla (34.00 g)	Flour Tortilla (34.00 g)	Flour Tortilla (34.00 g)					
Flour Tortilla (28.00 g)	Flour Tortilla (28.00 g)	Flour Tortilla (28.00 g)	Flour Tortilla (28.00 g)					
Aztec Corn (15.02 g)	Aztec Corn (15.02 g)	Aztec Corn (15.02 g)	Aztec Corn (15.02 g)					
Vegetarian Refried Beans (28.80 g)	Vegetarian Refried Beans (28.80 g)	Vegetarian Refried Beans (28.80 g)	Vegetarian Refried Beans (28.80 g)					
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar					
Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)					
Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)					
Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)					
Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices					
Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)					
Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)					
Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)					
Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)					
Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order
Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order
Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)
Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)
Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)
Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)
Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)
O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)
Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar
Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)
Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)
Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)
Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)
Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)
Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:36:03 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Adventure (1)

25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)
Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)
1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
Chopsticks- Fried Rice Bowl	Chopsticks- Fried Rice Bowl	Chopsticks- Fried Rice Bowl	Chopsticks- Fried Rice Bowl	Chicken Alfredo Macaroni (36.93 g)
Chopsticks- Noodle Bowl	Chopsticks- Noodle Bowl	Chopsticks- Noodle Bowl	Chopsticks- Noodle Bowl	Chili Frito Pie, chili w/ beans and beef crumbles, usda cheddar cheese, fritos (80.69 g)
Chopsticks- Rice Bowl	Chopsticks- Rice Bowl	Chopsticks- Rice Bowl	Chopsticks- Rice Bowl	Country Fried Steak (19.31 g)
Fajita Chicken (2.02 g)	Fajita Chicken (2.02 g)	Fajita Chicken (2.02 g)	Fajita Chicken (2.02 g)	Cheese Lasagna Rollup (39.21 g)
Popcorn Chicken (15.51 g)	Popcorn Chicken (15.51 g)	Popcorn Chicken (15.51 g)	Popcorn Chicken (15.51 g)	Meatloaf (12.38 g)
Teriyaki Beef Dippers (6.00 g)	Teriyaki Beef Dippers (6.00 g)	Teriyaki Beef Dippers (6.00 g)	Teriyaki Beef Dippers (6.00 g)	Dinner Roll (29.00 g)
Fried Rice (35.15 g)	Fried Rice (35.15 g)	Fried Rice (35.15 g)	Fried Rice (35.15 g)	Garlic Knot Breadstick (15.02 g)
Steamed Rice (60.02 g)	Steamed Rice (60.02 g)	Steamed Rice (60.02 g)	Steamed Rice (60.02 g)	Parmesan Green Beans (5.18 g)
Vegetable Lo Mein (102.94 g)	Vegetable Lo Mein (102.94 g)	Vegetable Lo Mein (102.94 g)	Vegetable Lo Mein (102.94 g)	Whipped Potatoes (15.00 g)
Roasted Broccoli (6.56 g)	Roasted Broccoli (6.56 g)	Roasted Broccoli (6.56 g)	Roasted Broccoli (6.56 g)	Taste4 Extras Bar
Roasted Sesame Carrots (42.65 g)	Roasted Sesame Carrots (42.65 g)	Roasted Sesame Carrots (42.65 g)	Roasted Sesame Carrots (42.65 g)	Brown Gravy (2.36 g)
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Gravy, Pepper (Country, Biscuit) (4.57 g)
Orange Sauce (9.00 g)	Orange Sauce (9.00 g)	Orange Sauce (9.00 g)	Orange Sauce (9.00 g)	
Teriyaki Sauce (5.00 g)	Teriyaki Sauce (5.00 g)	Teriyaki Sauce (5.00 g)	Teriyaki Sauce (5.00 g)	
Sweet & Sour sauce (7.94 g)	Sweet & Sour sauce (7.94 g)	Sweet & Sour sauce (7.94 g)	Sweet & Sour sauce (7.94 g)	

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:35:23 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

Monday		Tuesday		Wednesday		Thursday		Friday	
	27 Sep		28 Sep		29 Sep		30 Sep		1 Oct
BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g) Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g) Southwest BBQ Chicken Sub, Richs WG (38.60 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, WG, popcorn chicken (52.17 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	
	4 Oct		5 Oct		6 Oct		7 Oct		8 Oct
BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g)	

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:35:23 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

4 Oct	5 Oct	6 Oct	7 Oct	
<p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)</p> <p>Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)</p> <p>Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)</p> <p>Yogurt & Fruit Parfait</p> <p>Italian Antipasto Salad (4.65 g)</p> <p>Italian Sub Sandwich, Richs (31.01 g)</p> <p>Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)</p> <p>Sub Sandwich, American Combo Sub on Rich's (29.49 g)</p> <p>Sub, turkey ham, American, Richs (30.49 g)</p> <p>Sub, turkey, American, Richs (29.49 g)</p> <p>Vanilla Yogurt (40.80 g)</p> <p>Dinner Roll (30.25 g)</p> <p>Nut-Free Granola (41.19 g)</p> <p>Oats & Honey Granola (25.52 g)</p> <p>Vanilla Yogurt (40.80 g)</p> <p>Dinner Roll (29.00 g)</p> <p>Wild Blueberries (8.85 g)</p> <p>Diced Peaches (20.60 g)</p> <p>Strawberries (33.05 g)</p> <p>Taste4 Extras Bar</p>	<p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)</p> <p>Yogurt & Fruit Parfait</p> <p>Italian Antipasto Salad (4.65 g)</p> <p>Italian Sub Sandwich, Richs (31.01 g)</p> <p>Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)</p> <p>Sub Sandwich, American Combo Sub on Rich's (29.49 g)</p> <p>Sub, turkey ham, American, Richs (30.49 g)</p> <p>Sub, turkey, American, Richs (29.49 g)</p> <p>Vanilla Yogurt (40.80 g)</p> <p>Dinner Roll (30.25 g)</p> <p>Nut-Free Granola (41.19 g)</p> <p>Oats & Honey Granola (25.52 g)</p> <p>Dinner Roll (29.00 g)</p> <p>Wild Blueberries (8.85 g)</p> <p>Diced Peaches (20.60 g)</p> <p>Strawberries (33.05 g)</p> <p>Taste4 Extras Bar</p>	<p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)</p> <p>Yogurt & Fruit Parfait</p> <p>Italian Antipasto Salad (4.65 g)</p> <p>Italian Sub Sandwich, Richs (31.01 g)</p> <p>Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)</p> <p>Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g)</p> <p>Southwest BBQ Chicken Sub, Richs WG (38.60 g)</p> <p>Sub Sandwich, American Combo Sub on Rich's (29.49 g)</p> <p>Sub, turkey ham, American, Richs (30.49 g)</p> <p>Sub, turkey, American, Richs (29.49 g)</p> <p>Vanilla Yogurt (40.80 g)</p> <p>Dinner Roll (30.25 g)</p> <p>Nut-Free Granola (41.19 g)</p> <p>Sub, turkey, American, Richs (29.49 g)</p> <p>Vanilla Yogurt (40.80 g)</p> <p>Dinner Roll (30.25 g)</p> <p>Nut-Free Granola (41.19 g)</p> <p>Oats & Honey Granola (25.52 g)</p> <p>Dinner Roll (29.00 g)</p> <p>Wild Blueberries (8.85 g)</p> <p>Diced Peaches (20.60 g)</p> <p>Strawberries (33.05 g)</p> <p>Taste4 Extras Bar</p>	<p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, WG, popcorn chicken (52.17 g)</p> <p>Yogurt & Fruit Parfait</p> <p>Italian Antipasto Salad (4.65 g)</p> <p>Italian Sub Sandwich, Richs (31.01 g)</p> <p>Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)</p> <p>Sub Sandwich, American Combo Sub on Rich's (29.49 g)</p> <p>Sub, turkey ham, American, Richs (30.49 g)</p> <p>Sub, turkey, American, Richs (29.49 g)</p> <p>Vanilla Yogurt (40.80 g)</p> <p>Dinner Roll (30.25 g)</p> <p>Nut-Free Granola (41.19 g)</p> <p>Oats & Honey Granola (25.52 g)</p> <p>Dinner Roll (29.00 g)</p> <p>Wild Blueberries (8.85 g)</p> <p>Diced Peaches (20.60 g)</p> <p>Strawberries (33.05 g)</p> <p>Taste4 Extras Bar</p>	
11 Oct	12 Oct	13 Oct	14 Oct	15 Oct
<p>BBQ Fajita Chicken Sub, Rich's (50.00 g)</p> <p>Buffalo Chicken Salad, fajita USDA (6.97 g)</p> <p>Buffalo Wrap, tortilla, fajita chicken (33.44 g)</p> <p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)</p>	<p>BBQ Fajita Chicken Sub, Rich's (50.00 g)</p> <p>Buffalo Chicken Salad, fajita USDA (6.97 g)</p> <p>Buffalo Wrap, tortilla, fajita chicken (33.44 g)</p> <p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)</p> <p>Yogurt & Fruit Parfait</p>	<p>BBQ Fajita Chicken Sub, Rich's (50.00 g)</p> <p>Buffalo Chicken Salad, fajita USDA (6.97 g)</p> <p>Buffalo Wrap, tortilla, fajita chicken (33.44 g)</p> <p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)</p> <p>Yogurt & Fruit Parfait</p>	<p>BBQ Fajita Chicken Sub, Rich's (50.00 g)</p> <p>Buffalo Chicken Salad, fajita USDA (6.97 g)</p> <p>Buffalo Wrap, tortilla, fajita chicken (33.44 g)</p> <p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, WG, popcorn chicken (52.17 g)</p> <p>Yogurt & Fruit Parfait</p>	<p>BBQ Fajita Chicken Sub, Rich's (50.00 g)</p> <p>Buffalo Chicken Salad, fajita USDA (6.97 g)</p> <p>Buffalo Wrap, tortilla, fajita chicken (33.44 g)</p> <p>Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)</p> <p>Chicken Caesar Salad G612, fajita USDA (8.59 g)</p> <p>Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)</p> <p>Yogurt & Fruit Parfait</p>

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:35:23 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

11 Oct	12 Oct	13 Oct	14 Oct	15 Oct
Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g) Southwest BBQ Chicken Sub, Richs WG (38.60 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar
18 Oct	19 Oct	20 Oct	21 Oct	22 Oct
BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g) Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, WG, popcorn chicken (52.17 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	

Menu Calendar Report - October, 2021

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Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

18 Oct	19 Oct	20 Oct	21 Oct	
Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g) Southwest BBQ Chicken Sub, Richs WG (38.60 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	
25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g) Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g) Southwest BBQ Chicken Sub, Richs WG (38.60 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, WG, popcorn chicken (52.17 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g)

Menu Calendar Report - October, 2021

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Site: Air Academy High School
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 Menu Line: T4-Fast (tier I)

25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar
1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g) Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g) Sub, turkey ham, American, Richs WG (38.60 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, WG, popcorn chicken (52.17 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g) Buffalo Chicken Salad, fajita USDA (6.97 g) Buffalo Wrap, tortilla, fajita chicken (33.44 g) Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g) Chicken Caesar Salad G612, fajita USDA (8.59 g) Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g) Yogurt & Fruit Parfait Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g)

Menu Calendar Report - October, 2021

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Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Strawberries (33.05 g) Taste4 Extras Bar	Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Wild Blueberries (8.85 g) Diced Peaches (20.60 g) Strawberries (33.05 g) Taste4 Extras Bar	Strawberries (33.05 g) Taste4 Extras Bar	Strawberries (33.05 g) Taste4 Extras Bar

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - October, 2021

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Grill (tier I)

Monday		Tuesday		Wednesday		Thursday		Friday	
	27 Sep		28 Sep		29 Sep		30 Sep		1 Oct
Corn Dog (30.00 g)		Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun, RECIPE (34.00 g)		Parmesan Chicken Burger, Bimbo WG (52.51 g)		Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)	
Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)	
Cheeseburger (34.00 g)		Crispy Chicken Sandwich (43.00 g)		Cheeseburger (34.00 g)		Cheeseburger (34.00 g)		Cheeseburger (34.00 g)	
Crispy Chicken Sandwich (43.00 g)		Cheeseburger (34.00 g)		Crispy Chicken Sandwich (43.00 g)		Crispy Chicken Sandwich (43.00 g)		Crispy Chicken Sandwich (43.00 g)	
Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Crispy Chicken Sandwich (43.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	
Spicy Chicken Sandwich (48.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Spicy Chicken Sandwich (48.00 g)		Spicy Chicken Sandwich (48.00 g)		Spicy Chicken Sandwich (48.00 g)	
Crinkle Cut French Fries (13.13 g)		Spicy Chicken Sandwich (48.00 g)		Crinkle Cut French Fries (13.13 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Crinkle Cut French Fries (13.13 g)	
Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Spaghetti Sauce (5.65 g)		Tater Tots (14.09 g)		Taste4 Extras Bar	
Taste4 Extras Bar		Tater Tots (14.09 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Taste4 Extras Bar		Shredded Lettuce (0.54 g)	
Shredded Lettuce (0.54 g)		Tater Tots (14.09 g)		Taste4 Extras Bar		Shredded Lettuce (0.54 g)		Sliced Red Onion (1.31 g)	
Sliced Red Onion (1.31 g)		Taste4 Extras Bar		Shredded Lettuce (0.54 g)		Sliced Red Onion (1.31 g)		Jalapeno Pepper Slices	
Jalapeno Pepper Slices		Bacon Slices		Sliced Red Onion (1.31 g)		Jalapeno Pepper Slices		Dill Pickle Chips	
Dill Pickle Chips		Shredded Lettuce (0.54 g)		Jalapeno Pepper Slices		Dill Pickle Chips		Sliced Red Tomatoes (0.87 g)	
Sliced Red Tomatoes (0.87 g)		Sliced Red Onion (1.31 g)		Dill Pickle Chips		Sliced Red Tomatoes (0.87 g)			
		Jalapeno Pepper Slices		Sliced Red Tomatoes (0.87 g)					
		Dill Pickle Chips							
		Sliced Red Tomatoes (0.87 g)							
4 Oct		5 Oct		6 Oct		7 Oct		8 Oct	
Corn Dog (30.00 g)		Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun, RECIPE (34.00 g)		Parmesan Chicken Burger, Bimbo WG (52.51 g)		Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)	
Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g)	
Cheeseburger (34.00 g)		Crispy Chicken Sandwich (43.00 g)		Cheeseburger (34.00 g)		Cheeseburger (34.00 g)		Cheeseburger (34.00 g)	
Crispy Chicken Sandwich (43.00 g)		Cheeseburger (34.00 g)		Crispy Chicken Sandwich (43.00 g)		Crispy Chicken Sandwich (43.00 g)		Crispy Chicken Sandwich (43.00 g)	
Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Crispy Chicken Sandwich (43.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	
Spicy Chicken Sandwich (48.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)		Spicy Chicken Sandwich (48.00 g)		Spicy Chicken Sandwich (48.00 g)		Spicy Chicken Sandwich (48.00 g)	
Crinkle Cut French Fries (13.13 g)		Spicy Chicken Sandwich (48.00 g)		Crinkle Cut French Fries (13.13 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Crinkle Cut French Fries (13.13 g)	
Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Spaghetti Sauce (5.65 g)		Tater Tots (14.09 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)	
Taste4 Extras Bar		Tater Tots (14.09 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Taste4 Extras Bar		Tater Tots (14.09 g)	
Shredded Lettuce (0.54 g)		Tater Tots (14.09 g)		Taste4 Extras Bar		Shredded Lettuce (0.54 g)		Taste4 Extras Bar	
Sliced Red Onion (1.31 g)		Taste4 Extras Bar		Shredded Lettuce (0.54 g)		Sliced Red Onion (1.31 g)		Shredded Lettuce (0.54 g)	
Jalapeno Pepper Slices		Bacon Slices		Sliced Red Onion (1.31 g)		Jalapeno Pepper Slices		Sliced Red Onion (1.31 g)	
		Shredded Lettuce (0.54 g)				Jalapeno Pepper Slices		Jalapeno Pepper Slices	

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:34:59 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Grill (tier I)

4 Oct	5 Oct	6 Oct	7 Oct
Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Dill Pickle Chips Sliced Red Tomatoes (0.87 g)
11 Oct	12 Oct	13 Oct	14 Oct
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun WG, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Spaghetti Sauce (5.65 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Parmesan Chicken Burger, Bimbo WG (52.51 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Spaghetti Sauce (5.65 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Tater Tots (14.09 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)
15 Oct	16 Oct	17 Oct	18 Oct
Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Grilled Cheese Sandwich (26.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Tater Tots (14.09 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)
18 Oct	19 Oct	20 Oct	21 Oct
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Taste4 Extras Bar	Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun WG, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Spaghetti Sauce (5.65 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g)	Parmesan Chicken Burger, Bimbo WG (52.51 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Spaghetti Sauce (5.65 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g)	Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Tater Tots (14.09 g) Taste4 Extras Bar
22 Oct	23 Oct	24 Oct	25 Oct

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:34:59 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Grill (tier I)

18 Oct	19 Oct	20 Oct	21 Oct	
Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Tater Tots (14.09 g) Taste4 Extras Bar Bacon Slices Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	
25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun WG, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Tater Tots (14.09 g) Taste4 Extras Bar Bacon Slices Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Parmesan Chicken Burger, Bimbo WG (52.51 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Spaghetti Sauce (5.65 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Roasted Green Pepper and Onion Blend, Recipe (3.64 g) Tater Tots (14.09 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Grilled Cheese Sandwich (26.00 g) Spicy Chicken Sandwich (48.00 g) Crinkle Cut French Fries (13.13 g) Taste4 Extras Bar Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)
1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun WG, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	Parmesan Chicken Burger, Bimbo WG (52.51 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Grilled Cheese Sandwich (26.00 g)

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:34:59 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Grill (tier I)

	1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
Spicy Chicken Sandwich (48.00 g)		Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g)	Spicy Chicken Sandwich (48.00 g)	Spicy Chicken Sandwich (48.00 g)	Spicy Chicken Sandwich (48.00 g)
Crinkle Cut French Fries (13.13 g)		Spicy Chicken Sandwich (48.00 g)	Crinkle Cut French Fries (13.13 g)	Roasted Green Pepper and Onion Blend, Recipe (3.64 g)	Crinkle Cut French Fries (13.13 g)
Roasted Green Pepper and Onion Blend, Recipe (3.64 g)		Roasted Green Pepper and Onion Blend, Recipe (3.64 g)	Spaghetti Sauce (5.65 g)	Tater Tots (14.09 g)	Taste4 Extras Bar
Taste4 Extras Bar		Tater Tots (14.09 g)	Roasted Green Pepper and Onion Blend, Recipe (3.64 g)	Taste4 Extras Bar	Shredded Lettuce (0.54 g)
Shredded Lettuce (0.54 g)		Taste4 Extras Bar	Taste4 Extras Bar	Shredded Lettuce (0.54 g)	Sliced Red Onion (1.31 g)
Sliced Red Onion (1.31 g)		Bacon Slices	Shredded Lettuce (0.54 g)	Sliced Red Onion (1.31 g)	Jalapeno Pepper Slices
Jalapeno Pepper Slices		Shredded Lettuce (0.54 g)	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Dill Pickle Chips
Dill Pickle Chips		Sliced Red Onion (1.31 g)	Dill Pickle Chips	Dill Pickle Chips	Sliced Red Tomatoes (0.87 g)
Sliced Red Tomatoes (0.87 g)		Jalapeno Pepper Slices	Sliced Red Tomatoes (0.87 g)	Sliced Red Tomatoes (0.87 g)	
		Dill Pickle Chips			
		Sliced Red Tomatoes (0.87 g)			

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:35:44 AM by Jenilee Pfaffe

Site: Air Academy High School

Meal Type: Lunch

Site Group: Taste4

Menu Line: T4-Extras Bar (Garden, Milk, Condiments)

4 Oct	5 Oct	6 Oct	7 Oct	
Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	
11 Oct	12 Oct	13 Oct	14 Oct	15 Oct
Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Diced Pears (15.33 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Fruit Cocktail (21.67 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Sliced Apples (10.51 g) Cantaloupe Chunks (7.00 g) Orange Smiles (11.28 g) Cubed Watermelon (6.96 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Green Bell Pepper Strips (1.14 g) Cucumber Coins (2.23 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g) Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Diced Peaches (20.60 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Unsweetened Applesauce (14.41 g) Orange Smiles (11.28 g) Red Seedless Grapes (16.42 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)
18 Oct	19 Oct	20 Oct	21 Oct	22 Oct
Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Diced Pears (15.33 g)	Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Fruit Cocktail (21.67 g)	Variety of Entrees Sliced Apples (10.51 g) Cantaloupe Chunks (7.00 g) Orange Smiles (11.28 g)	Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Diced Peaches (20.60 g)	

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:35:44 AM by Jenilee Pfaffe

Site: Air Academy High School

Meal Type: Lunch

Site Group: Taste4

Menu Line: T4-Extras Bar (Garden, Milk, Condiments)

18 Oct	19 Oct	20 Oct	21 Oct	
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Cubed Watermelon (6.96 g)	100% Apple Juice (14.00 g)	
Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	100% Apple Juice (14.00 g)	Fresh Broccoli Florets (2.12 g)	
Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Fresh Broccoli Florets (2.12 g)	Celery Sticks (1.92 g)	
Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Green Bell Pepper Strips (1.14 g)	Baby Carrots (5.98 g)	
Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Cucumber Coins (2.23 g)	Salad Mix with Spinach (2.54 g)	
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Baby Carrots (5.98 g)	Chocolate Skim Milk (20.00 g)	
1% White Milk (13.00 g)	1% White Milk (13.00 g)	Salad Mix with Spinach (2.54 g)	1% White Milk (13.00 g)	
Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Chocolate Skim Milk (20.00 g)	Ranch Dressing (0.50 g)	
Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	1% White Milk (13.00 g)	Italian Dressing (1.50 g)	
Ketchup (5.00 g)	Ketchup (5.00 g)	Ranch Dressing (0.50 g)	Ketchup (5.00 g)	
Ketchup (8.00 g)	Ketchup (8.00 g)	Italian Dressing (1.50 g)	Ketchup (8.00 g)	
Mayonnaise	Mayonnaise	Ketchup (5.00 g)	Mayonnaise	
Yellow Mustard	Yellow Mustard	Ketchup (8.00 g)	Yellow Mustard	
Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Mayonnaise	Barbecue Sauce (4.50 g)	
Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Yellow Mustard	Sriracha Chili Sauce (3.00 g)	
		Barbecue Sauce (4.50 g)		
		Sriracha Chili Sauce (3.00 g)		
25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees
Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Sliced Apples (10.51 g)	Fresh Whole Apple (25.13 g)	Unsweetened Applesauce (14.41 g)
Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Cantaloupe Chunks (7.00 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)
Diced Pears (15.33 g)	Fruit Cocktail (21.67 g)	Orange Smiles (11.28 g)	Diced Peaches (20.60 g)	Red Seedless Grapes (16.42 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Cubed Watermelon (6.96 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	100% Apple Juice (14.00 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)
Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Fresh Broccoli Florets (2.12 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)
Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Green Bell Pepper Strips (1.14 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)
Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Cucumber Coins (2.23 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Baby Carrots (5.98 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
1% White Milk (13.00 g)	1% White Milk (13.00 g)	Salad Mix with Spinach (2.54 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)
Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Chocolate Skim Milk (20.00 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)
Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	1% White Milk (13.00 g)	Italian Dressing (1.50 g)	Italian Dressing (1.50 g)
Ketchup (5.00 g)	Ketchup (5.00 g)	Ranch Dressing (0.50 g)	Ketchup (5.00 g)	Ketchup (5.00 g)
Ketchup (8.00 g)	Ketchup (8.00 g)	Italian Dressing (1.50 g)	Ketchup (8.00 g)	Ketchup (8.00 g)
Mayonnaise	Mayonnaise	Ketchup (5.00 g)	Mayonnaise	Mayonnaise
Yellow Mustard	Yellow Mustard	Ketchup (8.00 g)	Yellow Mustard	Yellow Mustard
Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Mayonnaise	Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)
Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Yellow Mustard	Sriracha Chili Sauce (3.00 g)	

Menu Calendar Report - October, 2021

Generated on: 10/19/2021 8:35:44 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Extras Bar (Garden, Milk, Condiments)

				27 Oct		29 Oct			
				Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)		Sriracha Chili Sauce (3.00 g)			
1 Nov		2 Nov		3 Nov		4 Nov		5 Nov	
Variety of Entrees		Variety of Entrees		Variety of Entrees		Variety of Entrees		Variety of Entrees	
Fresh Whole Apple (25.13 g)		Fresh Whole Apple (25.13 g)		Sliced Apples (10.51 g)		Fresh Whole Apple (25.13 g)		Unsweetened Applesauce (14.41 g)	
Orange Smiles (11.28 g)		Orange Smiles (11.28 g)		Cantaloupe Chunks (7.00 g)		Orange Smiles (11.28 g)		Orange Smiles (11.28 g)	
Diced Pears (15.33 g)		Fruit Cocktail (21.67 g)		Orange Smiles (11.28 g)		Diced Peaches (20.60 g)		Red Seedless Grapes (16.42 g)	
100% Apple Juice (14.00 g)		100% Apple Juice (14.00 g)		Cubed Watermelon (6.96 g)		100% Apple Juice (14.00 g)		100% Apple Juice (14.00 g)	
Fresh Broccoli Florets (2.12 g)		Fresh Broccoli Florets (2.12 g)		100% Apple Juice (14.00 g)		Fresh Broccoli Florets (2.12 g)		Fresh Broccoli Florets (2.12 g)	
Celery Sticks (1.92 g)		Celery Sticks (1.92 g)		Fresh Broccoli Florets (2.12 g)		Celery Sticks (1.92 g)		Celery Sticks (1.92 g)	
Baby Carrots (5.98 g)		Baby Carrots (5.98 g)		Green Bell Pepper Strips (1.14 g)		Baby Carrots (5.98 g)		Baby Carrots (5.98 g)	
Salad Mix with Spinach (2.54 g)		Salad Mix with Spinach (2.54 g)		Cucumber Coins (2.23 g)		Salad Mix with Spinach (2.54 g)		Salad Mix with Spinach (2.54 g)	
Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)		Baby Carrots (5.98 g)		Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)	
1% White Milk (13.00 g)		1% White Milk (13.00 g)		Salad Mix with Spinach (2.54 g)		1% White Milk (13.00 g)		1% White Milk (13.00 g)	
Buffalo Ranch Sauce, Franks hot sauce (0.49 g)		Buffalo Ranch Sauce, Franks hot sauce (0.49 g)		Chocolate Skim Milk (20.00 g)		Buffalo Ranch Sauce, Franks hot sauce (0.49 g)		Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	
Ranch Dressing (0.50 g)		Ranch Dressing (0.50 g)		1% White Milk (13.00 g)		Ranch Dressing (0.50 g)		Ranch Dressing (0.50 g)	
Italian Dressing (1.50 g)		Italian Dressing (1.50 g)		Buffalo Ranch Sauce, Franks hot sauce (0.49 g)		Italian Dressing (1.50 g)		Italian Dressing (1.50 g)	
Ketchup (5.00 g)		Ketchup (5.00 g)		Ranch Dressing (0.50 g)		Ketchup (5.00 g)		Ketchup (5.00 g)	
Ketchup (8.00 g)		Ketchup (8.00 g)		Italian Dressing (1.50 g)		Ketchup (8.00 g)		Ketchup (8.00 g)	
Mayonnaise		Mayonnaise		Ketchup (5.00 g)		Mayonnaise		Mayonnaise	
Yellow Mustard		Yellow Mustard		Ketchup (8.00 g)		Yellow Mustard		Yellow Mustard	
Barbecue Sauce (4.50 g)		Barbecue Sauce (4.50 g)		Mayonnaise		Barbecue Sauce (4.50 g)		Barbecue Sauce (4.50 g)	
Sriracha Chili Sauce (3.00 g)		Sriracha Chili Sauce (3.00 g)		Yellow Mustard		Sriracha Chili Sauce (3.00 g)		Sriracha Chili Sauce (3.00 g)	
				Barbecue Sauce (4.50 g)					
				Sriracha Chili Sauce (3.00 g)					

Carbohydrate values in grams follow the Menu Item name