

ESPRESSO DRINKS

	12oz.	16oz.	20oz.
	CAL	CAL	CAL
Espresso 1 ⁷⁹			
Americano	2 ²⁹ 5	2 ⁷⁹ 5	3 ²⁹ 5
Cappuccino	3 ²⁹ 115	3 ⁹⁹ 140	4 ²⁹ 170
Mocha	3 ⁷⁹ 278	4 ⁴⁹ 313	4 ⁷⁹ 363
White Chocolate Mocha	3 ⁸⁹ 274	4 ³⁹ 309	4 ⁸⁹ 358
Latte	3 ²⁹ 110	3 ⁷⁹ 130	4 ²⁹ 160
Caramel Latte	3 ⁹⁹ 299	4 ⁶⁹ 370	4 ⁹⁹ 441

HOT DRINKS

	12oz.	16oz.	20oz.
	CAL	CAL	CAL
Fresh Brewed Coffee	1 ⁹⁹	2 ²⁹	2 ⁵⁹
Café Au Lait	2 ⁷⁹ 220	3 ¹⁹ 235	3 ⁴⁹ 250
Hot Tea	1 ⁵⁹	1 ⁵⁹	1 ⁷⁹
Matcha Green Tea	3 ⁴⁹ 210	3 ⁷⁹ 380	4 ¹⁹ 480
Chai Tea	3 ³⁹ 196	3 ⁷⁹ 248	4 ²⁹ 301
Hot Chocolate	2 ⁶⁹ 300	2 ⁸⁹ 370	3 ¹⁹ 440
White Hot Chocolate	2 ⁷⁹ 333	3 ⁰⁹ 403	3 ³⁹ 473
Steamer	2 ⁴⁹ 201	2 ⁸⁹ 253	3 ⁰⁹ 306

EXTRAS

Espresso Shot: 0.59 Flavor Shot: 0.49 Substitute Soy/Almond Milk: 0.49

ICED DRINKS

	12oz.	16oz.	20oz.
	CAL	CAL	CAL
Coffee	2 ¹⁹ 130	2 ³⁹ 130	2 ⁵⁹ 130
Mocha	3 ⁸⁹ 263	4 ³⁹ 299	4 ⁸⁹ 349
White Chocolate Mocha	3 ⁸⁹ 259	4 ³⁹ 294	4 ⁸⁹ 344
Latte	3 ²⁹ 100	3 ⁷⁹ 112	4 ²⁹ 144
Caramel Latte	3 ⁹⁹ 252	4 ⁶⁹ 288	4 ⁹⁹ 338
Tea	2 ⁴⁹ 95	2 ⁶⁹ 141	2 ⁹⁹ 188
Blueberry Green Tea	3 ¹⁹ 62	3 ⁵⁹ 83	3 ⁸⁹ 104
Matcha Green Tea	3 ³⁹ 200	3 ⁷⁹ 300	4 ²⁹ 360
Chai Tea	3 ³⁹ 153	3 ⁷⁹ 205	4 ²⁹ 287
Cold Brew	2 ⁸⁹ 15	3 ⁰⁹ 19	3 ²⁹ 24

FROZEN DRINKS

	12oz.	16oz.	20oz.
	CAL	CAL	CAL
Mocha Blast	3 ⁹⁹ 346	4 ⁶⁹ 420	4 ⁹⁹ 480
White Chocolate Mocha Blast	3 ⁹⁹ 342	4 ⁶⁹ 415	4 ⁹⁹ 475
Latte Blast	3 ⁴⁹ 240	3 ⁹⁹ 290	4 ⁴⁹ 330
Caramel Latte Blast	3 ⁹⁹ 382	4 ⁶⁹ 462	4 ⁹⁹ 543
Peanut Butter Latte Blast	3 ⁸⁹ 394	4 ¹⁹ 565	4 ³⁹ 736
Smoothies	4 ⁶⁹ 263-344	4 ¹⁹ 346-524	4 ⁶⁹ 430-601

2000 calories a day is used for general nutrition advice, but calorie needs vary.