

BREAKFAST OPTIONS

Assorted Cereal with graham crackers
 Yogurt & Fruit with graham crackers or granola
 Assorted Cereal Bar with graham crackers
 Donuts or Donut Holes

BCIT WEST MENU • JANUARY 2021

ALL STUDENTS EAT FREE!!!
 MENU SUBJECT TO CHANGE

Comments? Questions? Contact us at:
iberrios@burlcoschools.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4 Chicken Tenders with BBQ Sauce Fresh Apples Baby Carrots	5 Beef Empanada Fresh Oranges Fiesta Corn	6 Cheese Calzone Diced Peaches Sweet Peas	7 Galaxy Cheese Pizza Mixed Fruit Green Beans	8 Chicken Patty Sandwich Applesauce Baby Carrots	9 Turkey and Cheese Sandwich Diced Peas Mixed Vegetables
10 Ham and Cheese Sandwich Diced Peas Chick Peas	11 Buffalo Chicken Wrap Apple Slices Celery Sticks	12 Italian Hoagie Fresh Oranges Sweet Peas	13 Twin Hot Dogs on a Bun Fresh Peas Green Beans	14 Beef Taco Fresh Apples Fiesta Corn	15 Teriyaki Chicken w/ Rice Mixed Fruit Mixed Vegetables	16 Chicken Patty Sandwich Applesauce Green Beans
17 Turkey and Cheese Sandwich Fresh Apples Sweet Peas	18 Cheese Calzone Diced Peaches Chick Peas	19 Spicy Boneless Wings Apple Slices Celery Sticks	20 Pulled Pork Sandwich Mixed Fruit Cole Slaw	21 Chicken and Waffle with Syrup Diced Peaches Baby Carrots	22 Chicken Empanada Fresh Oranges Fiesta Corn	23 Chicken, Ham, and Cheese Sandwich Diced Peas Chick Peas
24 Bean and Cheese Burrito Apple Slices Green Beans	25 Popcorn Chicken with a Dinner Roll Applesauce Mashed Potatoes	26 Hamburger or Cheeseburger Fresh Fruit Celery Sticks	27 Mac & Cheese w/ Breadstick Diced Peaches Spinach	28 French Toast Sticks w/ Sausage Patty Applesauce Baby Carrots	29 Italian Hoagie Fresh Oranges Sweet Peas	30 Chicken Empanada Mixed Fruit Fiesta Corn
31 Spicy Chicken Patty Fresh Peaches Baby Carrots					All reimbursable meals include entrée, vegetable, fruit, & milk.	 QUALITY OF LIFE SERVICES