



Baker Prairie Middle School

January 2019

Lunch Menu



Tortilla Chips with choice of Taco Beef (26.7g) M, W, F or Fajita Chicken (37.8g) T, TH with Refried Beans and Cheddar Cheese Sauce
All meals include a trip through the Thrive Garden Bar



EVERYDAY CHOICES
 Wrapped Hamburger (35g), Cheeseburger (37.1g), Traditional (38g) & Spicy Chicken Burger (40g)
All sandwiches served on whole grain buns, with oven potatoes and a trip through the Thrive Garden Bar



Monday Hot Baja Chicken (31g) Turkey (31.6g) Ham (31g) American Combo (32g)	Tuesday Hot Meatball (36.1g) Turkey (31.6g) Ham (31g) American Combo (32g)	Wednesday Buffalo Chicken (44g) Turkey (31.6g) Ham (31g) American Combo (32g)	Thursday Hot Meatball (36.1g) Turkey (31.6g) Ham (31g) American Combo (32g)	Friday Tuna Salad (32.2g) Turkey (31.6g) Ham (31g) American Combo (32g)
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Pizzas fresh baked on hand tossed pizza dough
All pizzas include a trip through the Thrive Garden Bar

Monday, Wednesday and Friday
 Cheese (22g), Pepperoni (24.8g) or Hawaiian Pizza (30.6g)
Tuesday & Thursday
 Cheese (22g), Pepperoni (24.8g) or 3 Meat Pizza (29.2g)

Lunch Price: \$2.90 Reduced Price: \$0.00 Adult: \$3.80	1 Happy New Year!	2 No School Staff Work Day	3 Sloppy Joe w/French Fries (56.7g)	4 Toasted Cheese Sandwich w/Tomato Soup (39.4g)
7 Corn Dog w/French Fries (37.5g)	8 Chicken Pot Pie (40.0g)	9 Baked Potato w/Chili, Toppings & WW Roll (38.4g)	10 Chicken Nuggets w/Cheesy Potatoes (35.1g)	11 Beef Tacos w/Toppings (29.8g)
14 Cheesy Breadsticks w/Marinara (36g)	15 Teriyaki Beef Dippers w/Rice (90.1g)	16 Pepperoni Calzone (36.4g)	17 Chicken Nuggets w/French Fries & WW Roll (53.8g)	18 Spaghetti w/Meat Sauce (55.1g)
21 No School Martin Luther King Jr. Holiday	22 Corn Dog w/French Fries (37.5g)	23 Tater Tot Casserole w/WW Roll ()	24 Soft Pretzel w/Cheese Sauce (33.4g)	25 Macaroni & Cheese (41.9g)
28 Cheesy Breadsticks w/Marinara (36g)	29 Twisted Dog w/French Fries (48.2g)	30 Hamburger Gravy w/Mashed Potatoes (24.1g)	31 Orange Chicken w/Brown Rice (63g)	



SIDES OFFERED DAILY WITH LUNCH CHOICES:
 Fresh Garden Salad Greens plus additional fruits & vegetables in an inviting variety, and Low Fat or Fat Free Milk.