

JANUARY 2019

TRSD Hot Supper Program



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Teriyaki Chicken Dinner Roll (WGR) Pineapple Broccoli *Milk	8 Cheesy Breadsticks (WGR) & Marinara Apple Green Beans *Milk	9 Hot Ham & Cheese Sandwich on Bun (WGR) Pears Carrots *Milk	10 Chicken Nuggets (WGR) Fruit Mix Green Salad WW Roll 1% or Skim Unflavored Milk	11 Bean & Cheese Burrito (WGR) Fruit Cup Corn *Milk
14 Cheese Burger (WGR) Fruit Mix French Fries 1% or Skim Unflavored Milk	15 Sloppy Joe on (WGR) Bun Fruit Cups Green Peas 1% or Skim Unflavored Milk	16 Chicken Burger on Bun (WGR) Pears Carrots *Milk	17 Turkey Gravy Mashed Potatoes Green Beans Peaches Dinner Roll (WGR) 1% or Skim Unflavored Milk	18 Bean & Cheese Burrito (WGR) Fruit Cup Corn *Milk
21 No Service	22 Cheesy Breadsticks (WGR) Apple Green Beans *Milk	23 Hot Ham & Cheese Sandwich on Bun (WGR) Pears Carrots *Milk	24 Chicken Nuggets (WGR) Fruit Mix Green Salad WW Roll 1% or Skim Unflavored Milk	25 Bean & Cheese Burrito (WGR) Fruit Cup Corn *Milk
28 Cheese Burger (WGR) Fruit Mix French Fries 1% or Skim Unflavored Milk	29 Sloppy Joe on (WGR) Bun Fruit Cups Green Peas 1% or Skim Unflavored Milk	30 Chicken Burger on Bun (WGR) Pears Carrots *Milk	31 Turkey Gravy Mashed Potatoes Green Beans Peaches Dinner Roll (WGR) 1% or Skim Unflavored Milk	

This institution is an equal opportunity provider. Posted menus are subject to change. All grains served are whole grain rich. All milk served, ages 6 & older, is non-fat chocolate or 1%/non-fat unflavored milk.