

High School

March 18-22, 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Homestyle Hearty Meals

Just like Grandma used to make!

Try a traditional healthy meal!

FAVORITES

MONDAY	Chili Dog on a Bun
TUESDAY	Shepard's Pie
WEDNESDAY	BRUNCH FOR LUNCH! Chicken & Waffles
THURSDAY	Sloppy Joe on a Bun
FRIDAY	Sweet & Sour Chicken with Fried Rice

Grab-n-Go Items!

Craving a Burger or Creation

Don't Pass up this Station!

GRILL

MONDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Deluxe Grilled Cheese Sandwich
TUESDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Cheesy Pizza Burger
WEDNESDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Cheesy Patty Melt
THURSDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich
FRIDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Crispy Fish Sandwich

PIZZA

Homemade Pizza

*Baked Fresh Daily!
Just for you!*

MONDAY	Cheese, Pepperoni, Supreme
TUESDAY	Cheese, Pepperoni, Supreme
WEDNESDAY	Cheese, Pepperoni, Buffalo Chicken
THURSDAY	Cheese, Pepperoni, Meatlovers
FRIDAY	Cheese, Pepperoni, Vegetable

DELI

Sandwiches, Wraps, Subs

Made fresh daily!

MONDAY	Deli Line, Turkey & Cheese Sub
TUESDAY	Deli Line, Ham & Cheese Sub
WEDNESDAY	Deli Line, Spicy Italian Wrap
THURSDAY	Deli Line, All American Sub
FRIDAY	Deli Line, Turkey & Cheese Wrap

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by *sodexo*

Entree Salads

Fresh Veggies & Yummy Protein

Pair to create entree



- MONDAY** Chef Supreme Salad
- TUESDAY** Original Crispy Chicken Salad
- WEDNESDAY** Chef Supreme Salad
- THURSDAY** Spicy Italian Salad
- FRIDAY** Chef Supreme Salad



This Week's Feature:



Monday: LOADED Baked Potato Bar
Don't miss out! Load up a hearty spud with yummy toppings!
Tuesday: FIERY Fiesta Bar
Looking to spice up lunch? Don't miss this zesty treat!
Wednesday: ZESTY Asian Bar
In the mood for a tasty meal? Check out this station!
Thursday: FIERY Fiesta Bar
Looking to spice up lunch? Don't miss this zesty treat!
Friday: ZESTY Asian Bar
In the mood for a tasty meal? Check out this station!



Nutrition Information is available upon request.