

# FAIRFIELD UNIVERSITY DINING SERVICES

## NUTRITION HEALTH & SAFETY PLAN

The health and safety of our students, faculty, staff, and community is our priority as we continue operations during the Covid-19 pandemic. To ensure that our Stags remain safe and healthy throughout the fall semester, Fairfield University Dining is following all guidelines set by our town, state, and federal health officials. Throughout these extraordinary times, we aim to deliver a robust dining experience that gives students the confidence to enjoy meals on campus, as well as the flexibility to choose the dining options that make them feel most comfortable.



**JACKIE HORNE RD, CDN**  
CAMPUS DIETITIAN

### GOAL

The goal of the Fairfield University Dining Nutrition Health & Safety Plan is to outline the proper safety procedures to execute a safe environment for staff and students under the most recent public health guidelines set forth by the state of Connecticut. This plan also includes expectations when meeting with our on-site Registered Dietitian.



### DIETITIAN

Fairfield Dining offers a registered dietitian to assist students with special dietary needs and allergies. The dietitian work with the chefs to assure that a variety of different diets are considered during the menu planning phase (Vegan, Vegetarian, Gluten Free, Halal, and Allergy-Free). The dietitian and team also enforce accurate food labelling of all food and beverages within Fairfield's dining. This would include nutrition facts, ingredients, and allergens.

### HEALTH & SAFETY

The Fairfield University Dining team is committed to adhering to the highest standards regarding safety. In order to maintain physical safety and proper social distancing, our configuration no longer allows for made-to-order and self-service options. Nutritious and well-balanced foods will remain our priority and will be prepared fresh every day of the week.



### APPOINTMENTS

To book an appointment with our dietitian, please e-mail [Jacqueline.Horne@sodexo.com](mailto:Jacqueline.Horne@sodexo.com). The dietitian will work with campus partners (University Health Services, Assessability Services) to determine appropriate accommodations and recommendations based on the student's nutritional need. The dietitian will be encouraging virtual office appointments at this time.