

High School

Nov 1st- 2nd, 2018

Our menus are aligned with the USDA's Healthier U.S. School Challenge.
Menu is subject to change.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

V Grab & Go/ Bagel w/Cream Cheese/Toast

BREAKFAST

Asst. Cereal / Asst. Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY Pancakes

FRIDAY No School

Daily Special/Everyday

MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY Popcorn Chicken w/Mashed Potatoes

FRIDAY No School

DELI

Daily Special/Everyday

MONDAY

TUESDAY

WEDNESDAY

THURSDAY Taco Salad / American Combo Sub

FRIDAY No School

CREATIONS

This Week's Feature:

Cheeseburger/Hamburger
Spicy Chicken Sandwich
Chicken Patty Sandwich
Hot/Cold Cheese Sandwich- V
Sunflower Butter & Jelly Sandwich- V
Mon, Wed, Fri-French Fries
Tues, Thur-Tater Tots
Deli Bar-Build Your Own

Menus available online*

V Vegetarian

Mindful

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by sodexo*

High School

Nov. 5th-9th, 2018

Our menus are aligned with the USDA's Healthier U.S. School Challenge.
Menu is subject to change.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

V Grab & Go/ Bagel w/ Cream Cheese/ Toast

BREAKFAST

Asst. Cereal / Asst. Milk

MONDAY	Breakfast Pizza	
TUESDAY	Pancakes Bites	V
WEDNESDAY	Biscuit & Gravy	
THURSDAY	Scramble Egg	V
FRIDAY	Yogurt Cup & Graham Crackers	V

Daily Special/Everyday

MARKET

MONDAY	Bean & Cheese Enchilada	V
TUESDAY	Nachos	V
WEDNESDAY	Holiday Meal Turkey Gravy w/ Mashed Potatoes & Dinner Roll	
THURSDAY	Chopstick Bar	
FRIDAY	Pizza	V

DELI

Daily Special/Everyday

MONDAY	Chef Salad / Turkey & Cheese Sandwich	
TUESDAY	Spinach Salad / Ham & Cheese Sandwich	V
WEDNESDAY	Chicken Caesar Salad / Italian Sub	
THURSDAY	Taco Salad / Buffalo Chicken Wrap	
FRIDAY	Garden Salad / SB & Jelly Sandwich	V 

CREATIONS

This Week's Feature:

- Cheeseburger/Hamburger
- Spicy Chicken Sandwich
- Chicken Patty Sandwich
- Hot/Cold Cheese Sandwich- V
- Sunflower Butter & Jelly Sandwich- V
- Mon, Wed, Fri-French Fries
- Tues, Thur-Tater Tots
- Deli Bar-Build Your Own

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High School

Nov 12th-16th, 2018

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Menu is subject to change.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

V Grab & Go/ Bagel w/ Cream Cheese/Toast

BREAKFAST

Asst. Cereal/ Asst. Milk

MONDAY	Veterans Day	
TUESDAY	Breakfast Sliders	
WEDNESDAY	Cinnamon Roll	V
THURSDAY	English Muffin w/ Sausage and Cheese	
FRIDAY	Yogurt Cup & Graham Crackers	V

Daily Special/Everyday

MARKET

MONDAY	Veterans Day	
TUESDAY	Pasta Bar	V
WEDNESDAY	Nachos	V
THURSDAY	Chicken Potato Bowl	
FRIDAY	Chicken Parmesan w/ Pasta Pizza	

DELI

Daily Special/Everyday

MONDAY	Veterans Day	
TUESDAY	Spinach Salad / Ham & Cheese Sandwich	
WEDNESDAY	Chicken Caesar Salad / Italian Sub	
THURSDAY	Taco Salad / American Combo Sub	
FRIDAY	Garden Salad / SB & Jelly Sandwich	V

CREATIONS

This Week's Feature:

Cheeseburger/Hamburger
Spicy Chicken Sandwich
Chicken Patty Sandwich
Hot/Cold Cheese Sandwich- V
Sunflower Butter & Jelly Sandwich- V
Mon, Wed, Fri-French Fries
Tues, Thur-Tater Tots
Deli Bar-Build Your Own

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CROSSROADS
CAFE
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High School

Nov 26th-30th, 2018

Our menus are aligned with the USDAs Healthier U.S. School Challenge.
Menu is subject to change.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

V Grab & Go/ Bagel w/ Cream Cheese/Toast

BREAKFAST

Asst. Cereal / Asst. Milk

MONDAY	Breakfast Sliders	
TUESDAY	Pancakes Bites	V
WEDNESDAY	Cinnamon Roll	V
THURSDAY	Yogurt Parfait	V
FRIDAY	English Muffin w/ Egg & Cheese	

Daily Special/Everyday

MARKET

MONDAY	Ramen Noodle Bar	
TUESDAY	Pulled Pork Taco / Chicken Fajita	
WEDNESDAY	Nachos	V
THURSDAY	Grilled Cheese w/ Tomato Soup	V
FRIDAY	Pizza / Orange Chicken w/ Brown Rice	

DELI

Daily Special/Everyday

MONDAY	Chef Salad / Chicken Caesar Wrap	
TUESDAY	Spinach Salad / Ham & Cheese Sandwich	V
WEDNESDAY	Chicken Caesar Salad / Italian Sub	
THURSDAY	Taco Salad / American Combo Sub	
FRIDAY	Garden salad / SB & Jelly Sandwich	V 

CREATIONS

This Week's Feature:

Cheeseburger/Hamburger
Spicy Chicken Sandwich
Chicken Patty Sandwich
Hot/Cold Cheese Sandwich- V
Sunflower Butter & Jelly Sandwich- V
Mon, Wed, Fri-French Fries
Tues, Thur-Tater Tots
Deli Bar-Build Your Own

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