



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Rib-B- Q Sandwich On a Whole Wheat Bun Coleslaw	3 Popcorn Chicken Bowl with Mashed Potatoes with Gravy and Corn	4 Homemade American Chop Suey, Parmesan Cheese and Whole Grain Dinner Roll Steamed Broccoli	5 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun Baked Beans	6 Baked Potato with Choice of Chili, Cheese and Broccoli & Whole Grain Pretzel

Calories: 750-850, Saturated Fat :<10%, Sodium: 1420mg, Trans Fat: 0g

9 Mozzarella Stuffed Whole Grain Bread Sticks with Marinara Sauce Steamed Green Peas	10 Homestyle Meatball Grinder with Marinara Sauce & Mozzarella Oven Baked Sweet Potatoes	11 BBQ Rodeo Burger On a Whole Grain Roll Onion Rings	12 Chicken & Whole Grain Waffle With Syrup Baked Beans	13 Sausage & Peppers Sub on a Whole Wheat Roll Fresh Spinach Salad
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All meals are served with a choice of entree, vegetables and fruits, and milk choice

16 Whole Grain Baked Chicken Corn Dog Steamed Corn	17 One Hour Early Release Cheesy French Bread Pizza Carrots Sticks with Dip	18 Grilled Ham & Cheese Sandwich with Tomato Soup Fresh Garden Salad	19 Homemade Sloppy Joe on a Whole Wheat Bun Baked Beans	20 Homemade Buffalo Mac & Cheese with Whole Grain Dinner Roll Celery Sticks with Dip
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Fill your tray - take at least one fruit or vegetable with each meal!

23 Oven Baked Chicken Nuggets with a Whole Wheat Dinner Roll Garden Salad	24 Turkey & Gravy with Whole Wheat Dinner Roll Mashed Potatoes	25 Chicken Parmesan Sandwich on Whole Grain Kaiser Roll Steamed Green Beans	26 Chicken Alfredo with Broccoli over Penne Pasta & Whole Grain Dinner Roll Steamed Carrots	27 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun Baked Beans
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All Grains are Whole Grain Rich/ Assorted Fresh Fruit Available Daily

30 Thai Sweet Chili Chicken With Brown Rice Steamed Mixed Vegetables	31 One Hour Early Release Whole Wheat Penne Pasta with Meat Sauce & Dinner Roll Steamed Carrots		Free and Reduced Meal Applications are available online at our website. Call us at (203) 797-4746 or visit our website under the Parents and Students tab on the Danbury Public Schools Webpage https://sites.google.com/a/danbury.k12.ct.us/danbury-school-lunch-program/	Daily Alternative Selections: Sandwich Selection Salad Selection (V) Chicken Patty Hamburger Cheeseburger Cheese Sandwich Pizza Meal
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Menu is Subject to Change. USDA is an equal opportunity provider and employer.

Breakfast is Offered Daily

Lunch Price: \$3.10 Paid/\$0.40 Reduce
Breakfast Price: \$1.35 Paid/\$0.30

