



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Free and Reduced Meal Applications are available online at our website. Call us at (203) 797-4746 or visit our website under the Parents and Students tab on the Danbury Public Schools Webpage <a href="https://sites.google.com/a/danbury.k12.ct.us/danbury-school-lunch-program/">https://sites.google.com/a/danbury.k12.ct.us/danbury-school-lunch-program/</a>	<b>Daily Alternative Selections:</b> <b>Sandwich Selection</b> <b>Salad Selection (V)</b> <b>Chicken Patty</b> <b>Hamburger</b> <b>Cheeseburger</b> <b>Cheese Sandwich</b> <b>Pizza Meal</b>	1 	2 Steamed Turkey Hot Dog on a Whole Wheat Bun  Baked Beans	3 Thai Sweet Chili Chicken With Brown Rice  Steamed Mixed Vegetables
<b>Calories: 750-850, Saturated Fat :&lt;10%, Sodium: 1420mg, Trans Fat: 0g</b>				
6 Mozzarella Stuffed Whole Grain Bread Sticks with Marinara Sauce  Celery Sticks with Dip	7 <b>One Hour Early release</b> Whole Grain Baked Chicken Corn Dog  Baked Beans	8 Whole Wheat Penne Pasta with Meat Sauce & Dinner Roll  Steamed Carrots	9 Chicken & Whole Grain Waffle With Syrup  Oven Baked French Fries	10 Sausage & Peppers Sub on a Whole Wheat Roll  Fresh Spinach Salad
<b>All meals are served with a choice of entree, vegetables and fruits, and milk choice</b>				
13 Oven Baked Chicken Nuggets with a Whole Wheat Dinner Roll  Oven Baked Sweet Potato Fries	14 Cheesy French Bread Pizza  Fresh Garden Salad	15 Baked Potato with Choice of Chili, Cheese and Broccoli & Whole Grain Pretzel	16 Homemade Sloppy Joe on a Whole Wheat Bun  Baked Beans	17 Chicken Parmesan Sandwich on Whole Grain Kaiser Roll  Steamed Green Beans
<b>Fill your tray - take at least one fruit or vegetable with each meal!</b>				
20 	21 Fish Sandwich on a Whole Wheat Bun  Homemade Coleslaw	22 Popcorn Chicken Bowl with Mashed Potatoes with Gravy and Corn	23 Chicken Alfredo with Broccoli over Penne Pasta & Whole Grain Dinner Roll  Steamed Carrots	24 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun  Baked Beans
<b>All Grains are Whole Grain Rich/ Assorted Fresh Fruit Available Daily</b>				
27 Mac & Cheese with Whole Wheat Macaroni & Whole Wheat Dinner Roll  Steamed Broccoli	28 <b>One Hour Early release</b> Homestyle Meatball Grinder with Marinara Sauce & Mozzarella  Celery with Dip	29 Grilled Ham & Cheese Sandwich with Tomato Soup  Roasted Garbanzo Beans	30 Turkey & Gravy with Whole Wheat Dinner Roll  Mashed Potatoes	Ham, Egg and Cheese Sandwich on Whole Grain English Muffin  Oven Baked Sweet Potato Fries
<b>Menu is Subject to Change. USDA is an equal opportunity provider and employer.</b>				

**Breakfast is Offered Daily**

Lunch Price: \$3.10 Paid/\$0.40 Reduce  
Breakfast Price: \$1.35 Paid/\$0.30