



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Rib-B- Q Sandwich On a Whole Wheat Bun Coleslaw	4 Popcorn Chicken Bowl with Mashed Potatoes with Gravy and Corn	5 Homemade American Chop Suey, Parmesan Cheese and Whole Grain Dinner Roll Steamed Broccoli	6 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun Baked Beans	7 Baked Potato with Choice of Chili, Cheese and Broccoli & Whole Grain Pretzel

Calories: 750-850, Saturated Fat :<10%, Sodium: 1420mg, Trans Fat: 0g

10 Mozzarella Stuffed Whole Grain Bread Sticks with Marinara Sauce Steamed Green Peas	11 One Hour Early release Homestyle Meatball Grinder with Marinara Sauce & Mozzarella Oven Baked Sweet Potatoes	12 BBQ Rodeo Burger On a Whole Grain Roll Onion Rings	13 Chicken & Whole Grain Waffle With Syrup Baked Beans	14 Sausage & Peppers Sub on a Whole Wheat Roll Fresh Spinach Salad
--	--	--	--	--

All meals are served with a choice of entree, vegetables and fruits, and milk choice

17 	18 Cheesy French Bread Pizza Carrots Sticks with Dip	19 Grilled Ham & Cheese Sandwich with Tomato Soup Fresh Garden Salad	20 Homemade Sloppy Joe on a Whole Wheat Bun Baked Beans	21 Homemade Buffalo Mac & Cheese with Whole Grain Dinner Roll Celery Sticks with Dip
--	---	--	---	---

Fill your tray - take at least one fruit or vegetable with each meal!

24 Oven Baked Chicken Nuggets with a Whole Wheat Dinner Roll Garden Salad	25 One Hour Early release Turkey & Gravy with Whole Wheat Dinner Roll Mashed Potatoes	26 Chicken Parmesan Sandwich on Whole Grain Kaiser Roll Steamed Green Beans	27 Chicken Alfredo with Broccoli over Penne Pasta & Whole Grain Dinner Roll Steamed Carrots	28 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun Baked Beans
---	---	---	--	---

All Grains are Whole Grain Rich/ Assorted Fresh Fruit Available Daily

Free and Reduced Meal Applications are available online at our website. Call us at (203) 797-4746 or visit our website under the Parents and Students tab on the Danbury Public Schools Webpage https://sites.google.com/a/danbury.k12.ct.us/danbury-school-lunch-program/	Daily Alternative Selections: Sandwich Selection Salad Selection (V) Chicken Patty Hamburger Cheeseburger Cheese Sandwich Pizza Meal			
--	---	--	--	--

Menu is Subject to Change. USDA is an equal opportunity provider and employer.

Breakfast is Offered Daily

Lunch Price: \$3.10 Paid/\$0.40 Reduce
Breakfast Price: \$1.35 Paid/\$0.30