



**September 2019
High School Breakfast**

Must choose a total of three items
Breakfast entrée = 2 items, add 1 fruit or juice
and 1 milk to make it a meal

2
**NO
SCHOOL**

3
Fruit Smoothie
Or
Yogurt
Parfait

4
Breakfast
Pizza:
Egg & Bacon
Or Turkey

5
Breakfast
Panini
Bacon or
Sausage, Egg
& Cheese

6
Breakfast
Sandwich:
Sausage
Or Bacon, Egg
& Cheese

9
Choice
Of Eggo
Breakfast
Item

10
Oatmeal
Or
Yogurt
Parfait

11
Breakfast
Pizza:
Egg & Bacon
Or Turkey

12
Pancake
&
Sausage
Wrap

13
Breakfast
Sandwich:
Sausage
Or Bacon, Egg
& Cheese

16
Choice
Of Eggo
Breakfast
Item

17
Dutch Waffle
Or
Yogurt
Parfait

18
Breakfast
Pizza:
Egg & Bacon
Or Turkey

19
Breakfast
Bosco
Sticks

20
Breakfast
Sandwich:
Sausage
Or Bacon, Egg
& Cheese

23
Choice
Of Eggo
Breakfast
Item

24
Fruit Smoothie
Or
Yogurt
Parfait

25
Breakfast
Pizza:
Egg & Bacon
Or Turkey

26
Breakfast
Panini
Bacon or
Sausage, Egg
& Cheese

27
Breakfast
Sandwich:
Sausage
Or Bacon, Egg
& Cheese

30
Choice
Of Eggo
Breakfast
Item

Also Offered
Pop-tarts
Cereal Bowls
Bagels
Breakfast Bar
Cheese Stick