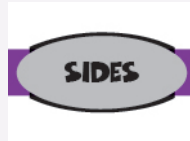


High School

February 18-22, 2019

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Homestyle Hearty Meals

Just like Grandma used to make!

Try a traditional healthy meal!



MONDAY	NO SCHOOL
TUESDAY	Shepard's Pie
WEDNESDAY	BRUNCH FOR LUNCH! Chicken & Waffles
THURSDAY	BBQ Pork Sandwich
FRIDAY	Sweet & Sour Chicken with Fried Rice

Grab-n-Go Items!

Craving a Burger or Creation

Don't Pass up this Station!



MONDAY	NO SCHOOL
TUESDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Cheesy Pizza Burger
WEDNESDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Cheesy Patty Melt
THURSDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich
FRIDAY	Juicy Hamburger, Savory Cheeseburger, Tyson's Crispy Chicken Sandwich, Chicken Parmesan Sandwich



Homemade Pizza

Baked Fresh Daily!

Just for you!

MONDAY	NO SCHOOL
TUESDAY	Cheese, Pepperoni, Buffalo Chicken
WEDNESDAY	Cheese, Pepperoni, Sausage
THURSDAY	Cheese, Pepperoni, Vegetable
FRIDAY	Cheese, Pepperoni, Meatlovers



Sandwiches, Wraps, Subs

Made fresh daily!

MONDAY	NO SCHOOL
TUESDAY	Deli Line, Ham & Cheese Sub
WEDNESDAY	Deli Line, Spicy Italian Wrap Deli
THURSDAY	Line, All American Sub Deli Line,
FRIDAY	Turkey & Cheese Wrap

This institution is an equal opportunity provider.

Nutrition Information is available upon request.



Entree Salads

Fresh Veggies & Yummy Protein

Pair to create entree



MONDAY	NO SCHOOL
TUESDAY	Original Crispy Chicken Salad
WEDNESDAY	Chef Supreme Salad
THURSDAY	Spicy Italian Salad
FRIDAY	Chef Supreme Salad



This Week's Feature:



Monday:
NO SCHOOL
Tuesday: FIERY Fiesta Bar
Looking to spice up lunch? Don't miss this zesty treat!
Wednesday: ZESTY Asian Bar
In the mood for a tasty meal? Check out this station!
Thursday: FIERY Fiesta Bar
Looking to spice up lunch? Don't miss this zesty treat!
Friday: ZESTY Asian Bar
In the mood for a tasty meal? Check out this station!

February is Grapefruit Month

They are loaded with Vitamin C. One raw pink or red grapefruit contains 64% of your daily serving of vitamin C.



Nutrition Information is available upon request.