

CENTENNIAL STUDENT UNION



GARBANZO[®]
MEDITERRANEAN FRESH

ENTRÉE & PROTEIN

Grilled Chicken (140-160 Cal)
Grilled Steak (140-180 Cal)
Gyro (310 Cal)
Falafel (250-380 Cal)
Portobello (60-100 Cal)

SAUCES

Tzatziki (35-60 Cal)
Red Chili Sauce (25-45 Cal)
Mediterranean Garlic Sauce (120-130 Cal)
Cilantro Sauce (24-40 Cal)
Greek Vinaigrette (70-140 Cal)
Tahini Sauce (50-80 Cal)

VEGGIES

Signature Hummus (100-190 Cal)
Romaine Lettuce (0-30 Cal)
Tomato Cucumber Salad (25-50 Cal)
Baba Ganoush (30-60 Cal)
Red Cabbage (15-30 Cal)
Tabouleh Salad (35-60 Cal)
Seasoned Rice (50-110 Cal)
Seasonal Vegetables (70-80 Cal)

SIDES

Signature Pita (220-280 Cal)
Fries (530 Cal)
Chips (530 Cal)
Seasoned Rice (50-110 Cal)
Seasonal Vegetables (70-80 Cal)
Falafel (320 Cal)
Baklava (230 Cal)

UNIVERSITY DINING SERVICES

 MINNESOTA STATE UNIVERSITY MANKATO