

Gladfelter Dining Hall	MONDAY 2/11/2019	TUESDAY 2/12/2019	WEDNESDAY 2/13/2019	THURSDAY 2/14/2019	FRIDAY 2/15/2019	SATURDAY 2/16/2019	SUNDAY 2/17/2019
BREAKFAST	Cage Free Scrambled Eggs	Cage Free Scrambled Eggs	Cage Free Scrambled Eggs	Cage Free Scrambled Eggs	Cage Free Scrambled Eggs	Cage Free Scrambled Eggs	Cage Free Scrambled Eggs
	Local Hard Cooked Eggs	Local Hard Cooked Eggs	Local Hard Cooked Eggs	Local Hard Cooked Eggs	Local Hard Cooked Eggs	Local Hard Cooked Eggs	Local Hard Cooked Eggs
	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal	Grits or Oatmeal
	French Toast or Pancakes	French Toast or Pancakes	French Toast or Pancakes	French Toast or Pancakes	French Toast or Pancakes	French Toast or Pancakes	French Toast or Pancakes
	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes	Home Fried Potatoes
	Sausage Patties or Links	Sausage Patties or Links	Sausage Patties or Links	Sausage Patties or Links	Sausage Patties or Links	Sausage Patties or Links	Sausage Patties or Links

LUNCH	WWC Farm Beef Hamburgers (gf*/L)	Beef Hot Dogs	Chicken Patty Sandwich	WWC Farm Beef Hamburgers (gf*/L)	Fried Fish Sandwich	WWC Farm Beef Macaroni & Tomatoes (L)	BBQ Pork Riblet Sandwich
	Crispy Black Bean & Rice Burgers (v/gf*)	Veggie Dogs	Grilled Cheese Sandwich (veg)	Garbanzo Bean Burgers (v/gf*)	Veggie Taquitos (veg)	Imperial Stir Fried Rice (v/gf)	Scalloped Potatoes (veg)
	French Fries	Tater Tots	Fresh Made Potato Chips	French Fries	Fresh Made Potato Chips	Baked Potatoes (v/gf)	Spinach Fettuccine & Tomato Basil Sauce (veg)
	Chicken Fettuccine Alfredo	Philly Cheese Steak Sub	Pulled BBQ Chicken	Meatball Sub	WWC Farm Beef Tacos (L/gf*)		
	Moroccan Eggplant Tagine w/Basmati Rice (v/gf)	Linguine w/ White Clam Sauce	BBQ Baked Beans (v/gf)	Turkey Noodle Casserole	Tofu Fajita (v/gf*)		
	Bread Sticks	Curried Sesame Tofu w/ Rice & Veggies (v/gf)	Carolina Slaw (veg/gf)	Lentil Tagine (v/gf)	Cilantro Lime Rice (v/gf)		
			Macaroni & Cheese (veg)		Sante Fe Black Beans (v/gf)		

DINNER	General Tso's Chicken (gf)	WWC Farm Beef Lasagna (L)	Old Fashioned Turkey Pot Pie	Arroz con Pollo (gf)	Cavatappi Chicken Mac	Chicken Thigh Tikka Masala (gf)	Savory Baked Chicken (gf)
	Portobello Mushroom Stroganoff (veg)	Spinach Lasagna (veg)	Baked Ziti w/ Marinara (veg)	Oven Roasted Greek Potato Wedges (v/gf)	Fried Catfish	Tunisian Chickpea Stew - Lablabi (v/gf)	Stuffed Green Peppers (v/gf)
		Garlic Bread	Koshari - Egyptian Rice & Lentils (v/gf)	Moroccan Berbere Stew (v/gf)	Curried Cauliflower (v/gf)		Rice Pilaf (v/gf)
					Hush Puppies (veg)		

gf = indicates gluten free / v = vegan / veg = vegetarian / L = Local product