



ALLERGEN CHART

Menu Item	Gluten	Wheat	Dairy	Tree Nuts	Peanuts	Fish	Soy	Shellfish
Macaroni Au Gratin	●	●	●					
Cuban Black Beans							●	
Jamaican Curry Chicken			●				●	
Jerk Chicken								
Rice & Peas								
Ropa Vieja							●	
Oxtail Stew							x	
Pernil								
Stewed Cabbage								
Jamacian Beef & Chicken Patties	●	●	●				●	
Chicharones	●	●						
Fried Plantains	●							
House-Made Pastalleos	●	●						
Rice & Pigeon Peas								
Cocoa Bread	●	●	●				●	