



March Fun on the Run Menu



Monday

Yogurt, WG Blueberry Muffin, String Cheese &
Applesauce Cup

Total Calories = 400 Sugar = 37g Carbs = 56g

Tuesday

Gogurt, String Cheese, Bagel with Cinnamon Cream
Cheese & Fruit Cup

Total Calories = 430 Sugar = 33g Carbs = 67g

Wednesday

Yogurt, String Cheese, Banana Bread & Fruit Cup

Total Calories = 490 Sugar = 47g Carbs = 73g

Thursday

Gogurt, String Cheese, Mini Cinni's, Fresh Fruit Or
Vegetable

Total Calories = 370 Sugar = 23g Carbs = 49g

Friday

Yogurt, String Cheese, WG Chocolate Muffin &
Applesauce Cup

Total Calories = 420g Sugar = 34g Carbs 56g

Meal Price - \$2.55 (Includes milk choice)
Extra Fruits & Veggies Available for Students