



# June Fun on the Run Menu



## Monday

WG Blueberry Muffin, String Cheese, Chezit Crackers  
& Mixed Fruit

Total Calories = 440 Sugar = 28g Carbs = 57g

## Tuesday

Yogurt, String Cheese, WG Soft Pretzel & Applesauce

Total Calories = 370 Sugar = 25g Carbs = 62g

## Wednesday

WG Blueberry Muffin, String Cheese, Chezit Crackers  
& Mixed Fruit

Total Calories = 392 Sugar = 24g Carbs = 68g

## Thursday

Yogurt, String Cheese, WG Soft Pretzel & Applesauce

Total Calories = 370 Sugar = 25g Carbs = 62g

## Friday

Meal Price - \$2.50 (Includes milk choice)  
Extra Fruits & Veggies Available for Students