



Breakfast Sandwiches (served all day)

- Egg & Cheese on Bagel or Waffle (410-440 CAL)\$5.09
- Egg, Cheese & Sausage or Bacon on Bagel or waffle (480-490 CAL)
.....\$5.49

Sandwiches/Flatbread/Other Items

- Grilled 2 cheese (390 CAL)\$5.99
- Peanut Butter and Jelly GF (440 CAL)\$5.59
- Peanut Butter and Jelly (440 CAL)\$5.59
- Turkey & Cheddar (290 CAL).....\$6.39
- Chicken Caesar Flatbread (600 CAL)\$6.99
- Tomato Mozzarella Flatbread (620 CAL)\$6.29
- Mini Pizza (460 CAL)\$5.29

Meal swipe: (includes Vitality water or coffee/Tea, small chips or fruit)

Assorted Muffins/Pastries

180 CAL – 290 CAL

After 3:30pm daily all hot sandwiches are unavailable.

Cold sandwiches still available!

Hours of Operation

Monday-Friday 9am – 4pm