BOWLS

SNACK | REGULAR

Super Monkey *287 cal - 382 cal* — $6.59 | $9.99
Açaí, berries, banana, pineapple, coconut water
Toppings: granola, coconut, banana, strawberries, chia seeds

Train Your Dragon *310 cal - 390 cal* — $7.09 | $10.59
Pitaya, strawberries, banana, pineapple, apple juice
Toppings: granola, coconut, banana, pineapple, chia seeds

Coco Loco *380 cal - 516 cal* — $7.59 | $10.99
Açaí, peanut butter, cacao, banana, berries, vanilla almond milk
Toppings: granola, coconut, banana, strawberries, chia seeds

Guac My World *337 cal - 473 cal* — $6.59 | $9.99
Avocado, spinach, kale, banana, pineapple. coconut water
Toppings: granola, coconut, banana, strawberries, chia seeds

Let That ManGo *309 cal - 401 cal* — $6.59 | $9.99
Pitaya, mango, peaches, apple juice
Toppings: granola, coconut, banana, chia seeds

Lime Feelin' Good *375 cal - 490 cal* — $6.59 | $9.99
Açaí, lime, mint, ginger, pineapple, mango, coconut water
Toppings: granola, coconut, mango

EXTRA GOODIES

ADD TO BLEND

Plant Protein	$2.09	Cacao Powder	79¢
Whey Protein	$2.09	Matcha	$1.09
Collagen Peptides	$2.09	Spinach	$1.09
Kale	$1.09	Cauliflower Sub for Banana	$1.09
Chia Seeds	59¢	Extra Fruit or Fruit Sub	79¢
Spirulina	$2.09		

ADD TO TOPPINGS

Honey	29¢	Sliced Almonds	79¢
Peanut Butter	59¢	Coconut Oil	59¢
Almond Butter	$1.59	Cacao Nibs	79¢
Flax Seeds	59¢	Walnuts	79¢
Gogi Berries	$1.09	Extra Fruit	79¢
Walnuts	79¢	Extra Granola	79¢

SMOOTHIES

MEDIUM | LARGE

Super Monkey *240 cal - 300 cal* — $6.59 | $8.09
Açaí, berries, banana, pineapple, coconut water

Train Your Dragon *337 cal - 421 cal* — $6.99 | $8.59
Pitaya, strawberries, banana, pineapple, apple juice

Coco Loco *380 cal - 516 cal* — $7.99 | $9.59
Açaí, peanut butter, cacao, banana, berries, vanilla almond milk

Guac My World *307 cal - 384 cal* — $6.99 | $8.59
Avocado, spinach, kale, banana, pineapple. coconut water

Let That ManGo *290 cal - 363 cal* — $6.99 | $8.59
Pitaya, mango, peaches, apple juice

MEDIUM | LARGE

Lime Feelin' Good *202 cal - 253 cal* — $6.59 | $8.09
Açaí, lime, mint, ginger, pineapple, mango, coconut water

The Banana Stand *224 cal - 280 cal* — $6.99 | $8.59
Strawberries, banana, cinnamon, vanilla almond milk

Cold Brewski *265 cal - 331 cal* — $6.99 | $8.59
Banana, cold brew, dates, cinnamon, vanilla almond milk

Don't Kale My Vibe *356 cal - 445 cal* — $7.59 | $9.09
Kale, almond butter, apple, pineapple, banana, coconut milk

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TOAST

All toasts served on local fresh multigrain bread
Substitute Gluten-Free Bread +$0.59 1 Slice | $0.79 2 Slices
Add Grilled Chicken +$1.75 1 Slice | $3.00 2 Slices

1 SLICE | 2 SLICES

Loaded Avocado *396 cal - 792 cal* — $4.59 | $7.79
Avocado, feta, arugula, tomatoes, everything bagel seasoning, black pepper, red pepper flakes, extra virgin olive oil

Avo Caprese *363 cal - 727 cal* — $4.59 | $7.79
Avocado, fresh mozzerella, tomatoes, pink salt, pepper, basil, balsamic, extra virgin olive oil

Nuts for Nanners *358 cal - 716 cal* — $3.09 | $5.59
Peanut butter, banana, cinnamon, honey, chia seeds
sub strawberries or apples +$0.50 | $0.75
sub almond butter +$0.75 | $1.00

Pesto Both Worlds *305 cal - 611 cal* Served Hot! — $4.09 | $6.99
Pesto, feta, kale, carrots, pepper, extra virgin olive oil

Pizza My Mind *228 cal - 457 cal* Served Hot! — $4.09 | $6.99
Tomato sauce, fresh mozzerella, tomatoes, basil, pink salt, pepper, extra virgin olive oil