NEVER MISS A MEAL!

fantastic food
SURVIVAL GUIDE

UT DINING SERVICES
VIRTUAL TOUR
The University of Tampa
Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility.

Join us to experience the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.

Your Dining Team

Welcome

AWARDS & ACCOLADES

• B Grade PETA Vegan Report Card
Meet the Team

Amy Truong
Resident District Manager

Sharon Lerum
HR/Unit Controller

Mariusz Gladysz
Campus Executive Chef

Stefanie Crocco
Marketing Manager

“One man with a passion can do more than a hundred men with an interest.”
- One of Mariusz Gladysz’s Favorite Quotes
Let’s Have Some Fun

At UT Dining Services, food is the foundation for fun. Join us for weekly and monthly special events and promotions, like build-your-own dessert bars, restaurant style dining nights, and classic holiday feasts. We believe that relationships are strengthened around the table.
Limited Time Offers

- Meal time is about much more than just great food. It’s a chance to recharge, catch up with friends, and have fun! Exciting limited-time offers enhance the dining experience. Join us each month for events, giveaways, and special menus.

Pop Up Restaurants

- Dining halls are great, but every now and then we like to do something special. Pop-up restaurants transform dining locations into high-end restaurants serving a variety of cuisines. From steak to seafood to a create-your-own dessert bar, you’ll love all of our options.

Promotions

- Every week will bring new promotions and celebrations, including chances to win prizes, such as trips, gaming systems, or Amazon gift cards. Be on the lookout for event calendars and a chance to win!
WHY MINDFUL?

We are committed to creating healthy environments for our guests. Central to this effort is providing **healthy, nutritious foods**. We’ve listened to our customers. We’ve researched marketplace trends. Our executive chefs and registered dietitians work together to create an exciting collection of recipes. The result is Mindful - an approach that focuses on **transparency of ingredients, delicious food, satisfying portions** and clarity in message so that making Mindful choices becomes second nature.
Bite for Universities
THE APP YOU’LL USE EVERY DAY

- Transparent and accurate menus at your fingertips
- Filters to highlight or hide menu items based on your specific dietary need
- Never miss one of our great events
- Exclusive sweepstakes and contests
RESIDENT DINING

Ultimate Dining, The Vaughn Center
**International Station:** Authentic recipes that will take customers on a journey around the world with cuisines full of bold flavors — prepared to order. In the morning, this station features made-to-order omelets!

**Soups & Salads:** Fresh local-grown salad bar, vegetarian and vegan items and the flexibility to prepare a specialty salad. One glimpse at this station will convey vibrant, healthy and fresh all at once.

**Deluxe Grille:** Here guests can enjoy a fun and interactive dining experience. Fresh healthy food options abound, including everything from grilled steaks and chicken breasts to specialty sandwiches. This truly dynamic station allows guests to grab a seat by the grill and watch as the chef prepares the meal.

**Pizza Plus:** A fan favorite destination with a variety of fresh-made pizzas, stromboli, calzones, hot oven-baked sandwiches and artisan breadsticks with sauces.

**Ultimate Deli:** Designed to provide fresh, delicious deli meats and cheeses all day. Guests can then choose from good old-fashioned deli subs to the trendiest wraps, pita pockets and much more.

**The Sweet Shop:** A tempting selection of sweets, including homemade cakes, cookies, pies and other treats. Our bakers provide your favorite desserts daily, including vegan ones! Make it à la mode with soft serve ice cream.

**Mindful Items at this station**
OTHER STATIONS

Ultimate Dining Hall, The Vaughn Center
**PastAmore:** A wide selection of delicious Italian favorites, offering a medley of made-to-order pasta with your choice of sauce, protein, veggie and toppings.

**Balanced Way:** Delicious and healthy gluten-free options all with vegetarian choices, and many are now dairy-free as well.

**The Granary:** This is your stop for beverages, cereals, bagels, soft serve yogurt and ice cream, a waffle bar and toppings.

**Classics:** You’ll find the comfort foods one craves as they adjust to life away from home. Classics offers a multitude of hearty and nutritional meals, with everything from rotisserie meats to baked salmon, as well as balanced sides.
Local, Sustainable.

We purchase locally whenever possible for the freshest ingredients in our recipes. We source 100% sustainable seafood, eggs from cage-free chickens, and ethically and responsibly sourced coffee.

Ultimate Dining, The Vaughn Center
Every Mindful Limited Time Offer has one goal: to balance indulgent flavors and good-for-you ingredients to prove that it is possible to eat deeply satisfying foods while focusing on personal wellness.

We celebrate our culinary heritage every day with our incredible Love of Food chefs, bringing decades of cooking and a lifelong love of food to our retail locations. Love of Food features recognized and up-and-coming celebrity chefs as well as our own Sodexo top culinary talent, who share a "love of food" with you!
You won’t hit a snacking rut on our watch!

Whether you are looking for something protein packed to get through your last class or stay hydrated with new and exciting beverages, we add new snacks and drinks throughout the academic year.
CARTE BLANCHE $2,886 per semester
Unlimited meals with unlimited seconds at Ultimate Dining, plus 75 Spartan Dollars per semester and up to three meal exchanges a week from defined combo meals in the Vaughn Center, Starbucks Reserve®, as well as Morsani Hall retail locations (excluding Panache).

THE FAVORITE $2,803 per semester
15 meals a week with unlimited seconds at The Ultimate Dining Cafe, plus $100 Spartan Dollars per semester with up to 15 meal exchanges a week from defined combo meals in The Vaughn Center, Starbucks Reserve, as well as Morsani Hall retail locations (excluding Panache).

THE ULTIMATE $2,756 per semester
12 meals a week with unlimited seconds at The Ultimate Dining Cafe, plus $150 Spartan Dollars per semester with up to 12 meal exchanges a week from defined combo meals in The Vaughn Center, Starbucks Reserve, as well as Morsani Hall retail locations (excluding Panache).

THE EXPRESS $1,557 per semester
7 meals a week with unlimited seconds at The Ultimate Dining Cafe, plus $75 Spartan Dollars per semester with up to 7 meal exchanges a week from defined combo meals in The Vaughn Center, Starbucks Reserve, as well as Morsani Hall retail locations (excluding Panache). This plan is only available to residents of Palm, Straz Hall, Urso Hall, RAs, Commuters, Faculty, and Staff.

Sign up today.

To purchase a Resident Meal Plan, please visit https://ut-residence.symplicity.com. Resident Meal Plans can be added/changed during the first three weeks of each semester.

To purchase a Commuter Meal Plan, please visit dining.ut.edu/shop. Commuter Meal Plans can be purchased at any time during the semester; however, Block Meal Plans expire at the end of each semester while UT Dollars roll over semester to semester.
ARE YOU OUR NEWEST STUDENT EMPLOYEE?

Looking For A Little Extra $$$?

Apply to be a:
• Barista
• Cashier
• Food Service Employee
• Banquet Server
• And MORE!

Contact information
SODEXO
CAMPUS INTERNSHIPS
AND YOU
HAVE SOMETHING IN COMMON
endless creativity!

SCAN THE CODE TO LEARN MORE ABOUT CAMPUS INTERNSHIPS!

Not convinced? Follow us on Instagram and see what our campus interns are up to across the country!

sostudents.sodexomyway.com

@SoInternships
Student Culinary Council provides a forum for regular and consistent feedback on dining services offered, engagement with student leaders, and a venue for field-testing or demonstrating new products, services, and programs.

CONTACT US FOR MORE INFORMATION:
INSTAGRAM - @UTDININGSERVICES
Did someone make your day groovy? Make sure you say thx:)
SEND A LITTLE love FROM HOME!

WHETHER IT'S A SPECIAL OCCASION, A RANDOM SURPRISE SHOWING YOU CARE, OR SIMPLY SAVING YOUR STUDENT A TRIP TO THE STORE, A DELIVERED PACKAGE IS SURE TO BRIGHTEN YOUR STUDENTS' DAY!

Favorite Packages
- Giant Chocolate Chip Cookie Cake
- Cake from Home (Any Occasion!)

dining.ut.edu/shop
Our Student Culinary Council (SCC) features an elite group of FOODIES who not only have a passion for all things food related, but also have a drive to help the Dining Services reach its full potential by providing student insight. What better way to hear what students want on campus than to hear it from the students themselves?!

SCC meets once a month to provide constructive feedback on food and customer service. They also participate in dining programs throughout the semester, including but not limited to, tabling for surveys and Open House, assisting with trivia nights, partaking in Mystery Shopping, etc.

For more information on how to join SCC, please email our president, Mark-Elliot Finley at markelliot.finley@spartans.ut.edu

Stay Connected