

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF THE CARIBBEAN.



## EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

## FAST TAKES

**IN A HURRY,  
NO WORRY!**

### OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



### CHECK THIS OUT!

Jerk chicken salad or wrap stuffed with jerk chicken, shredded cabbage, julienned carrots, green peppers, onions, pineapple and fresh cilantro.

## DELI

### EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

### OTHER DAILY OPTIONS

Hummus

### Toppings

Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles



### TRY THIS ONE!

Jerk chicken salad or wrap stuffed with jerk chicken, shredded cabbage, julienned carrots, green peppers, onions, pineapple and fresh cilantro.

## GRILL

### EVERYDAY SELECTIONS

Classic Hamburger  
Crispy Chicken Sandwich

**Monday** Corn Dog

**Tuesday** Rib-B-Que

**Wednesday** Toasted Cheese Sandwich

**Thursday** Hot Dog

**Friday** Chicken Tender Sandwich

### Toppings

Sliced Cheddar Cheese  
Sliced Pepper Jack Cheese  
Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles

Offered with Veggie Sticks or French Fries

## PIZZA

### EVERYDAY SELECTIONS

Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

Offered with Toasted Garlic Caesar Salad

### DAILY PASTA OPTIONS

Alfredo Mac and Cheese



Fresh Baked Bread Offered Daily with Pasta



### SHAKE IT UP!

Jerk chicken pizza topped with green bell peppers, red onion, pineapple, mozzarella cheese, chopped cilantro and Jamaican Fusion Sauce.

# TASTE TASTE

by **sodexo**

### KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

#### Creamy Pineapple Sauce

Roasted pineapple combined with Greek yogurt, mayo and pineapple juice, blended to a creamy consistency.

#### Jamaican Fusion Sauce

A creamy buttermilk ranch dressing infused with orange and lime juices and jerk seasoning.

#### Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

#### Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in

## ADVENTURE



**Choice of:** Tortilla Chips, 6" & 10" Tortilla, Cilantro Lime Rice or Taco Salad Bowl

### EVERYDAY SELECTIONS

Taco Beef or Cheddar Cheese Sauce

**Monday** Carnitas served with Refried Beans or Aztec Corn

**Tuesday** Fajita Chicken served with Mexican Black Beans or Aztec Corn

**Wednesday** Carnitas served with Refried Beans or Aztec Corn

**Thursday** Fajita Chicken served with Black Beans or Aztec Corn

**Friday** Carnitas served with Refried Beans or Aztec Corn

FEBRUARY 3RD - 7TH

HELENA HIGH SCHOOL

Additional nutrition information available upon request.  
This institution is an equal opportunity provider.