

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF THE CARIBBEAN.



## EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

## FAST TAKES

**IN A HURRY,  
NO WORRY!**

### OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



### CHECK THIS OUT!

Turkey Cubana salad or sub on a jalapeño cheese roll with homemade pickle relish.

## DELI

### EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

### OTHER DAILY OPTIONS

Hummus

### Toppings

Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles



### TRY THIS ONE!

Turkey Cubana salad or sub on a jalapeño cheese roll with homemade pickle relish.

## GRILL

### EVERYDAY SELECTIONS

Classic Hamburger  
Crispy Chicken Sandwich

**Monday** Corn Dog

**Tuesday** Rib-B-Que

**Wednesday** Toasted Cheese Sandwich

**Thursday** Hot Dog

**Friday** Chicken Tender Sandwich

### Toppings

Sliced Cheddar Cheese  
Sliced Pepper Jack Cheese  
Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles

Offered with Veggie Sticks or French Fries

## PIZZA

### EVERYDAY SELECTIONS

Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

### DAILY PASTA OPTIONS

Baked Penne Pasta



Fresh Baked Bread Offered Daily with Pasta



### SHAKE IT UP!

Turkey Cubana pizza topped with turkey, ham, mozzarella, homemade pickle relish, chopped cilantro and Creamy Pineapple Sauce.

# TASTE TASTE

by **sodexo**



### KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

#### Creamy Pineapple Sauce

Roasted pineapple combined with Greek yogurt, mayo and pineapple juice, blended to a creamy consistency.

#### Jamaican Fusion Sauce

A creamy buttermilk ranch dressing infused with orange and lime juices and jerk seasoning.

#### Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

#### Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in

## ADVENTURE



**Choice of:** Lo Mein Noodles, Steamed Brown Rice or Oven Fried Brown Rice

### EVERYDAY SELECTIONS

Sweet & Sour Chicken

**Monday** Teriyaki Beef

**Tuesday** General Tso Chicken

**Wednesday** Spicy Orange Chicken

**Thursday** Teriyaki BBQ

**Friday** Creamy Sriracha Chicken

**Choice of Side:** Sesame Roasted Carrots or Roasted Broccoli

FEBRUARY 10TH - 14TH

HELENA HIGH SCHOOL

Additional nutrition information available upon request.  
This institution is an equal opportunity provider.