

Made-to-Order Salads

Spring Shrimp \$7.49 | 400 cal

mixed greens, steamed shrimp, nectarines, goat cheese, bacon brittle, Asian Vinaigrette.

Contains milk, shellfish, wheat, soy, sesame.

Strawberry Fields Forever \$5.49 | 550 cal

spring mix, fresh strawberries, red onions, crumbled bleu cheese, toasted walnuts and poppy dressing.

Contains milk, eggs, tree nuts.

Greek & Grain \$6.99 | 370 cal

mixed greens, grilled chicken, tri-colored quinoa, caramelized onions, black olives, crumbled pita chips, feta cheese and balsamic vinaigrette.

Contains milk, wheat, soy, fish, sesame

Grilled Chicken Caesar \$6.99 | 320 cal

crisp romaine, grilled chicken, croutons, parmesan cheese and creamy Caesar dressing.

Contains milk, eggs, wheat, fish, soy, gluten

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.



 = vegetarian

Build-Your-Own Salads

\$6.99 | 330-1,100 cal with chicken

\$7.49 | 250-1,020 with shrimp

\$5.49 | 170-940 cal without protein

1
**PICK
YOUR
BASE**

15-160 cal

2
**CHOOSE
YOUR
MIX-INS**

10-120 cal

3
**ADD
PROTEIN**
80-170 cal

4
**PICK
YOUR
DRESSING**
70-130 cal

Extra Chicken: \$1.99 | 160 cal

Extra Shrimp: \$2.49 | 80 cal

Extra Toppings: \$0.99 each | 10-120 cal

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