

BREAKFAST SANDWICHES

SMOKED HAM AND EGG 980cal 5.25
arugula, provolone, garlic aioli on sourdough

THE BULLDOG 990cal 5.00
bacon aioli, egg, vine ripe tomato, cheddar
on sourdough

AVOCADO TOAST 420cal **(V)** 6.00
cherry tomato, pickled onions, feta
vegan option: no feta

PASTRIES

ASSORTED PASTRIES Price Varies

DRINKS

COFFEE 2.09

FOUNTAIN 2.09

BOTTLED Price Varies

(V) *vegetarian*

This facility uses ingredients that contain the following food allergens: **WHEAT, GLUTEN, EGGS, PEANUTS, TREE NUTS, MILK, FISH, SHELLFISH, and SOY.**
Menu items may contain or have come in contact with these allergens. If you have any questions, please ask to speak with a manager, we would be happy to assist you.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

GRAB AND GO

CURRY BOWL 360cal (GF) (VG) 6.00
cauliflower rice, green beans, organic
fingerling potato, roasted onion, curry
vinaigrette

COLD NOODLE BOWL 440cal 7.25
soba noodle, togarashi, pickled cucumber,
hardboiled egg, chicken breast, sesame
hoisin sauce

vegetarian option: tofu 220cal

PASTA

MAC AND CHEESE 780cal 5.29
cavatappi pasta, alfredo sauce, mozzarella,
parmesan

...add bacon 130cal .70

PIZZAS

11"

MARGHERITA 850cal (V) 8.25
tomato basil garlic sauce,
fresh mozzarella, basil

PEPPERONI 1,040cal 8.75
tomato basil garlic sauce,
parmesan, oregano

FOUR CHEESE 850cal (V) 8.25
tomato basil garlic sauce,
italian cheeses

ITALIAN MEATS 1,130cal 8.90
soppressata salami, pepperoni, calabrian
tomato sauce, mozzarella, red onions,
pepperoncini, basil

...substitute gluten free crust 210cal 2.00

(GF) *gluten free* (VG) *vegan* (V) *vegetarian*

SANDWICHES

served with housemade chips 320cal
substitute side salad +1.00 210cal

CAPRESE 680cal (V) 7.15
fresh mozzarella, roasted tomatoes,
seasoned arugula, pesto aioli, basil

ROASTED TURKEY BLTA 680cal 8.00
applewood bacon, avocado, mixed
greens, vine ripe tomatoes, garlic aioli

SPICY ITALIAN 950cal 8.79
soppressata salami, smoked ham,
provolone, vine ripe tomatoes, pickled
onion, seasoned arugula, pepperoncini,
sriracha aioli

MEATBALL 1010cal 8.75
fresh provolone, parmesan, tomato basil
garlic sauce, basil, pesto, garlic aioli

BANH MI 1220cal 8.25
marinated chicken, jalapenos, pickled
onions, pickled ginger, pickled carrots,
pickled cucumber, scallions, cilantro, garlic
aioli

GRILLED CHEESE 720cal (V) 6.75
mozzarella, provolone, garlic aioli

AVOCADO TOAST 420cal (V) 6.00
cherry tomatoes, red onion, feta
...vegan option: no feta

(GF) *gluten free* (VG) *vegan* (V) *vegetarian*

SALADS

HOUSE SALAD 550cal (V) 5.29
mixed greens, cherry tomatoes,
red onions, croutons
...choice of ranch or citrus vinaigrette

ASIAN CHICKEN SALAD 550cal 7.75
napa cabbage, chicken, cashews, crispy
wontons, pickled ginger, toasted sesame
vinaigrette

CAESAR 380cal (V) 6.00
aged parmesan, sourdough
croutons

POWER GREENS 280cal (V) 6.50
ancient grains, green apple, fennel,
parmesan, citrus vinaigrette

MARKET

VEGETABLE BOWL 370cal (V) 7.00
brown rice, oven-roasted vegetables,
toasted sesame vinaigrette
...add chicken 150cal 2.50

DRINKS

FOUNTAIN 2.09
BOTTLED Price Varies

(GF) *gluten free* (VG) *vegan* (V) *vegetarian*

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