

Get ready for some summer time fun! We are featuring lots of great plant forward options- as well as other on trend summer favorites: tasty toast bars, southern style fried chicken picnic, a build your own sparkling water bar and more! These delicious dishes are available for a limited time. Contact our Catering department to schedule your next event with delicious food and impeccable service.

FLAVOURS OF SUMMER



BREAKFAST

Strawberry Shortcake Parfait 1 Parfait | 150 cal

Sliced strawberries with yellow cake and honey lemon yogurt

\$2.79 each / minimum order 15 people

Kale & Farro Breakfast Bowl VG 1 Bowl | 560 cal

Roasted grape tomatoes, onion, garlic, mushrooms, kale and sesame seeds on farro

\$5.59 each / minimum order 15 people

Add-Ons to the breakfast bowl:

- Fried Egg (1 Egg | 200 cal) \$1.19/bowl
- Scrambled Egg Whites (2 oz | 70 cal) \$1.19/bowl

Toast Bar 1 Toast | 230-330 cal

Start your morning right with a delicious selection of our signature Toasts!

\$4.79 per guest / minimum order 15 people

Create your Own! Toast Bar 1 Toast | 205-350 cal

Fresh, fun and healthy! Build your own toast with our interactive toast bar! Guest can customize it anyway they like!

\$5.59 per guest / minimum order 15 people



VG VEGAN V VEGETARIAN M MINDFUL

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information is available.

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ONU Catering

www.onu.edu/catering

catering@onu.edu

419-772-2415

ADVENTURE BOX TAKEAWAYS

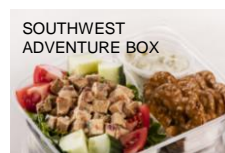


SOUTHERN SAMPLER ADVENTURE BOX

Southern Sampler Adventure Box 1 Box | 580 cal

BBQ pulled chicken with smoked paprika sauce, roasted corn succotash, creamy coleslaw & a mini corn muffin

\$5.39 each / minimum order 5 people



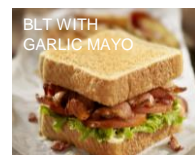
SOUTHWEST ADVENTURE BOX

Southwest Adventure Box 1 Box | 270 cal

Southwest chicken salad on a bed of mixed greens with diced cucumbers and tomatoes with pretzel crisps and pickle dip

\$5.39 each / minimum order 5 people

GRAB AND GO SANDWICHES



BLT WITH GARLIC MAYO

BLT with Garlic Mayo 1 Sandwich | 330 cal

Crisp smokey bacon, shredded iceberg lettuce, tomato, and roasted garlic mayo on Texas toast

\$10.39 per guest / minimum order 3 people

Avocado & Cheese Torta V 1 Sandwich | 560 cal

Jack cheese, cheddar cheese, pickled red onion, fresh jalapeno peppers and smashed avocado on baguette

\$9.59 per guest / minimum order 3 people

GRAB AND GO SALADS

Watermelon Bliss Salad V 1 Salad | 460 cal

Watermelon, romaine lettuce, cucumber, tomato, bleu cheese, red onion, sliced almonds, balsamic vinaigrette

\$12.79 per guest / minimum order 3 people



STRAWBERRY FIELDS FOREVER

Strawberry Fields Forever V 1 Salad | 550 cal

Spring mix lettuce with fresh strawberries, red onion, blue cheese, toasted walnuts & honey poppy seed balsamic dressing

\$13.19 per guest / minimum order 3 people

Grilled Chicken Breast Add-On for Salads 3 oz. | 110 cal

\$1.99 per guest / minimum order 3 people

SERVED LUNCHEONS AND DINNERS

Skillet Peaches & Pecan Chicken 1 Breast+Pan Sauce | 560 cal

Seared peach halves and chicken breast with bourbon pecan sauce

\$19.99 per guest / minimum order 10 people

Bruschetta Chick'n with Zucchini Noodles VG 1 Entrée | 160 cal

Vegan chick'n, sauteed zucchini noodles & grape tomatoes, tomato bruschetta topping

\$15.99 per guest / minimum order 10 people

SPECIALTY STATIONS

Southern Picnic Fun! 1 Guest | 1005-2060 cal

Nothing says summer like moving your party outdoors. Celebrate with our Southern Style Picnic! Featuring fried chicken, cornbread, mac & cheese and more. This picnic is easy-going and sure to please!

\$14.39 per guest/minimum order 20 people



WALKING TACO STATION

Walking Taco Station 1 Guest | 480-990 cal

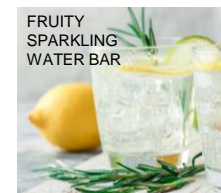
Walking tacos are all the rage! Set this up as a fun afternoon break, or pair this with a salad, beverages and dessert for a complete meal!

\$8.79 per guest/minimum order 15 people

Bowls! 1 Guest | 165-325 cal

Portable, flavorful, and on-trend! Travel the globe with flavors from Korea, Morocco, India and More!

\$6.39 per guest/minimum order 20 people



FRUITY SPARKLING WATER BAR

Fruity Sparkling Water Bar 1 Guest | 0-100 cal

Time to get fancy! Dress up your sparkling water with fresh fruit, aromatic herbs and syrups! Perfect way to quench that summertime thirst.

\$4.79 per guest/minimum order 15 people

Get ready for some summer time fun! We are featuring lots of great plant forward options- as well as other on trend summer favorites: tasty toast bars, southern style fried chicken picnic, a build your own sparkling water bar and more! These delicious dishes are available for a limited time. Contact our Catering department to schedule your next event with delicious food and impeccable service.

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BREAKFAST

Toast Bar 1 Toast | 230-330 cal

Start your morning right with a delicious selection of our signature Toasts!

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Choose Two Signature Toasts:

- **Plain Jane** | 250 cal **V**
Sourdough toast topped with crunchy peanut butter, strawberry jam and fresh sliced strawberries
- **Avocado Chimichurri Toast** | 320 cal **VG**
Sliced roasted garlic toast topped with avocado, chimichurri, radish and baby arugula
- **Chickpea Hash on Toast** | 250 cal **VG**
Sliced rosemary olive oil bread topped with chickpea, sweet potato, pepper hash and fresh cilantro
- **Almond Butter & Caramelized Banana Toast** | 330 cal **VG**
Sliced sourdough bread with almond butter, caramelized bananas, roasted almonds and dark chocolate

- **Honey Granola Toast** | 230 cal **V**
Sourdough toast topped with Greek yogurt, dates, granola and honey

Add-On additional signature toast for \$1.99/guest



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Comes with:

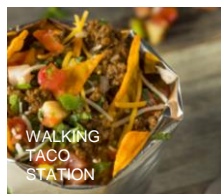
- Southern Fried Chicken (2 pieces | 650 cal)
- Double Cornbread **V** (1 piece | 140 cal)
- Mac & Cheese **V** (4 oz | 220 cal)
- BBQ Baked Beans **V** (3 oz | 140 cal)

Choose Two:

- Roasted Stone Fruit Platter **V** (3 oz | 80 cal)
- Roasted Garlic Potato Salad **V** (3 oz | 150 cal)
- Grilled Summer Corn and Dill Salad **V** (4 oz | 180 cal)
- Deviled Eggs (2 Halves | 90 cal)

Served with:

- Pecan Pie Bars (1 piece | 350 cal)
- Chocolate Brownie (1 piece | 150 cal)
- Assorted Cookies (1 cookie | 250 cal)
- Lemonade **V** (8 oz | 230 cal)
- Ice Water (8 oz | 0 cal)



Walking Taco Station

1 Guest | 480-990 cal

Walking tacos are all the rage!

Set this up as a fun afternoon break, or pair this with a salad, beverages and dessert for a complete meal!

\$8.79 per guest/minimum order 15 people

Comes with:

- Assorted Corn Chips (1 bag | 370-560 cal)
- Assorted Walking Taco toppings (1 oz | 0-110 cal)

Choose Two:

- Beef Taco Meat (2 oz | 130 cal)
- Chili Con Carne (3 oz | 100 cal)
- Three Bean Chili **V** (3 oz | 60 cal)

SPECIALTY STATIONS

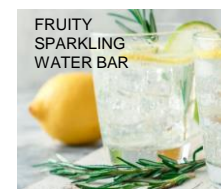
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Choose Two Bowls:

- **Bulgogi Beef Bowl** | 325 cal
Seared Korean bulgogi beef, jasmine rice, quick kimchee, shiitake mushrooms and bok choy
- **Shish Taouk Bowl** | 295 cal
Lentil and bulgar pilaf, fattoush, shish taouk, chicken kebab, lemon tahini dressing, pepperoncini and olives
- **Teriyaki Bento Bowl** | 215 cal
Teriyaki glazed seasonal fish, roasted Asian vegetables, red and white quinoa, green onions and sesame seeds
- **Moroccan Veggie & Hummus Bowl** | 245 cal **V**
Creamy hummus, berbere roasted vegetables, pickled vegetables, arugula, and crispy chickpeas
- **Red Curry Chicken Bowl** | 165 cal
Red curry chicken, somen noodles, napa cabbage, carrots, fresh mint and basil
- **Bombay Bowl** | 275 cal **V**
Cauliflower, yam, carrots, red potato, coconut milk cooked in a Madras curry sauce served with turmeric basmati rice and tamarind chutney
- **Carnitas Burrito Bowl** | 320 cal
Cilantro lime rice, tender pork carnitas, jack cheese, borracho beans and salsa



Fruity Sparkling Water Bar 1 Guest | 0-100 cal

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