

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



M: Bacon Swiss Chicken Sandwich
T: Western Burger
W: Chicken Cordon Bleu
Th: Chili Dog

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara

M/W/F: Pepperoni Pizza **T:** Sausage **Th:** Hawaiian



WORLD OF FLAVORS HELLO HEA

M: Blazin' Hot Buffalo Chicken Pizza **W:** Jalapeño Lime Chicken Pizza
T: Chorizo Sausage Pizza **Th:** Jerk Chicken Pizza

FAST TAKES

DAILY SPECIALS

M: Turkey Wrap, Ham Sub, Chef Salad, Fruit & Yogurt Parfait
T: Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, Fruit & Yogurt Parfait
W: Turkey Wrap, American Combo Sub, Crispy Chicken Salad, Fruit & Yogurt Parfait
Th: Turkey Sub, Crispy Chicken Wrap, Antipasto Salad, Fruit & Yogurt Parfait
F: Turkey Wrap, Italian Sub, Fiesta Salad, Fruit & Yogurt Parfait



WORLD OF FLAVORS HELLO HEA

M: Blazin' Hot Buffalo Chicken Sub/Salad **W:** Jalapeño Lime Chicken Wrap/Salad
T: Spicy Muffaletta Sub/Salad **Th:** Jerk Chicken Wrap/Salad

MEXICO

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.



This institution is an equal opportunity provider.
 Additional nutrition information available upon request.

ADVENTURE

CHOPSTICKS

Enjoy this week's features Monday-Thursday in Adventure!

An Asian-inspired experience awaits. Pick your base of rice or noodles, then top with your favorite protein, veggies and other additions for a bowlful of goodness, customized to your liking.



FRIDAY FAVORITES



ADVENTURE

Twirls

PIZZA

Margherita Pizza



GRILL

Corn Dog

FAST TAKES

Blazin' Hot Chicken Salad, Jalapeno Lime Chicken Sub, Jerk Chicken Sub

EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

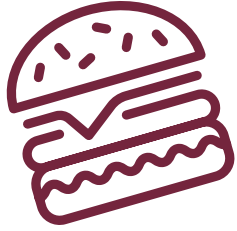
KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and Chipotle Cinnamon Seasonings.

Creamy Sriracha Sauce
 A spicy cayenne pepper sauce with special seasonings

Chipotle Lime Sauce
 Mayonnaise blended with chipotle and adobo sauces, fresh colantro, lime juice, honey, garlic and yellow mustard.





THIS WEEK'S FEATURES:

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken,
Spicy Chicken, Veggie Burger

TOPPINGS: Cheddar Cheese, Pepper Jack
Cheese, Shredded Lettuce, Sliced Tomatoes,
Sliced Red Onions, Jalapeños, Pickles

M: Bacon Swiss Chicken Sandwich

T: Western Burger

W: Chicken Cordon Bleu

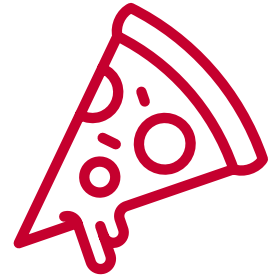
Th: Chili Dog



Corn Dog

THIS WEEK'S FEATURES:

PIZZA



EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara

M/W/F: Pepperoni Pizza **T:** Sausage **Th:** Hawaiian



M: Blazin' Hot Buffalo Chicken Pizza

T: Chorizo Sausage Pizza

W: Jalapeño Lime Chicken Pizza

Th: Jerk Chicken Pizza



Margherita Pizza

THIS WEEK'S FEATURES:

FAST TAKES

DAILY SPECIALS



M: Turkey Wrap, Ham Sub, Chef Salad, Fruit & Yogurt Parfait

T: Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, Fruit & Yogurt Parfait

W: Turkey Wrap, American Combo Sub, Crispy Chicken Salad, Fruit & Yogurt Parfait

Th: Turkey Sub, Crispy Chicken Wrap, Antipasto Salad, Fruit & Yogurt Parfait

F: Turkey Wrap, Italian Sub, Fiesta Salad, Fruit & Yogurt Parfait



M: Blazin' Hot Buffalo Chicken Sub/Salad

T: Spicy Muffaletta Sub/Salad

W: Jalapeño Lime Chicken Wrap/Salad

Th: Jerk Chicken Wrap/Salad



Blazin Hot Chicken Salad, Jalapeno Lime Chicken Sub, Jerk

THIS WEEK'S FEATURES:

ADVENTURE

Twirls

DELI

{Deli Friday Favorite}

PIZZA

Margherita Pizza

GRILL

Corn Dog

FAST TAKES

Blazin Hot Chicken Salad, Jalapeno Lime Chicken Sub,
Jerk Chicken Sub

TODAY IN THE
ADVENTURE
STATION

Twirls

TODAY IN

PIZZA

Margherita Pizza

TODAY IN
FAST TAKES

Blazin Hot Chicken
Salad, Jalapeno Lime
Chicken Sub, Jerk
Chicken Sub