



VAIL SCHOOL DISTRICT ELEMENTARY LUNCH MENU FEBRUARY, 2019



sodexo
QUALITY OF LIFE SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Nutritional information is available at the Food Service Office.</p> <p>Menu Subject To Change without Notice.</p>	<p>All lunch meals also include our self-service fresh veggie bar and condiment table.</p> <p>Our menu is Trans Fat Free!</p>			<p>1 <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Cheeseburger</p> <p>Italian Sub</p>
				<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>
<p>4 <u>Meat & Grain</u> Chicken Nuggets w/Dinner Roll</p> <p>Cheeseburger Meatloaf w/Dinner Roll</p> <p>Trix Yogurt/String Cheese/ Graham Crackers</p>	<p>5 <u>Meat & Grain</u> Rotini & Meat Sauce</p> <p>Chicken Patty Sandwich</p> <p>Crispy Chicken Wrap</p>	<p>6 <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Rib B Q Sandwich</p> <p>Garden Fresh Chef Salad w/Dinner Roll</p>	<p>7 <u>Meat & Grain</u> Whole Grain Corn Dog</p> <p>Turkey Ham and Cheese Sub</p> <p>Early Release</p>	<p>8 <u>Meat & Grain</u> Whole Grain Bean & Cheese Burrito</p> <p>Sun Butter & Jelly Sandwich</p> <p>Early Release</p>
<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Trees Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Crispy Celery Sticks Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Sticks Fruit 1% or Fat Free Milk</p>
<p>11 <u>Meat & Grain</u> Chicken Nuggets w/ Dinner Roll</p> <p>Fiesta Chili Frito Pie w/Dinner Roll</p> <p>Italian Sub</p>	<p>12 <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Crispy Chicken Salad w/Dinner Roll</p>	<p>13 <u>Meat & Grain</u> Breakfast for Lunch Whole Grain Pancakes and Turkey Sausage Patties Cheeseburger Buffalo Chicken Salad w/ Dinner Roll</p>	<p>14 Happy Valentine's Day! <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>BBQ Pulled Pork Sandwich</p> <p>Turkey & Cheese Wrap Frozen Sherbet Cup w/hot lunch</p>	<p>15 <u>Meat & Grain</u> Whole Grain Corn Dog</p> <p>Trix Yogurt/String Cheese/ Graham Crackers</p> <p>Early Release</p>
<p><u>Vegetable / Fruit / Milk</u> Sweet Potato Fries Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Ranchero Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Trees Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Crispy Celery Sticks Fruit 1% or Fat Free Milk</p>
<p>18</p> <p><u>Meat & Grain</u> Cheese or Pepperoni Pizza Grilled Cheese & Tomato Soup Sun Butter & Jelly Sandwich Strawberry Milk Day!</p>	<p>19 <u>Meat & Grain</u> Spaghetti & Meatballs</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Blazin' Buffalo Chicken Wrap</p>	<p>20 <u>Meat & Grain</u> Beefy Nachos</p> <p>Chicken Patty Sandwich</p> <p>Chicken Caesar Salad w/ Dinner Roll</p>	<p>School Closed For Rodeo Break February 21 -22</p>	
<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Baked Squash Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk</p>	<p>28 <u>Meat & Grain</u> Breakfast for Lunch Whole Grain Pancakes and Turkey Sausage Patties Cheese Quesadilla American Sub</p>	
<p>25 <u>Meat & Grain</u> Cheese Enchiladas</p> <p>Ballpark Hot Dog</p> <p>Trix Yogurt/String Cheese/ Graham Crackers</p>	<p>26 <u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Sun Butter & Jelly Sandwich</p>	<p>27 <u>Meat & Grain</u> Chicken Nuggets w/Mac & Cheese Italian Meatball Sub</p> <p>Buffalo Chicken Salad w/Dinner Roll</p>	<p><u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Fruit 1% or Fat Free Milk</p>	
<p><u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Crazy Carrot Coins Fruit 1% or Fat Free Milk</p>		

School lunch provides 1/3 of the average daily calorie needs for kids by age.

FEBRUARY DYK: February is National Black History Month.
February is International Friendship Month.
Fresh Pick for February is Leafy Greens

Students Must Select 3 out of the 5 Meal Components.

One Of The 3 Components Selected, MUST Be Fruit or Vegetable.

“This institution is an equal opportunity provider.”