

Menu Calendar Nutrient Analysis Report - September, 2019

Site: Academy Endeavor Elementary School

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 4:1 Cheese Quesadilla - ServingDate: 09/04/2019								
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	469.00	23.67	4.00	0.00	1886.00	37.00	29.00
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Cheese Quesadilla - COR2022 (1 each quesa)	0	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Refried Beans, pinto - COR2049 (1/2 c.)	0	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00

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The Clubhouse Lunch Academy 4:1 Cheese Quesadilla - ServingDate: 09/04/2019								
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 4:4 Grilled Cheese w/Tomato Soup - ServingDate: 09/05/2019								
Cheese Pizza - COR1209 (1 slice)	0	264.10	12.40	6.00	0.00	560.90	24.82	17.07
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Chicken Caesar Salad w/Home-Baked whole grain roll - COR1206 (1 ea.)	0	324.59	9.98	3.90	0.00(M)	550.81	32.52	30.74
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Bananas - COR1174 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - COR1265 (1/2 c.)	0	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tomato Soup - COR1223 (3/4 c.)	0	40.50	0.00	0.00	0.00	217.78	9.00	0.90
Garbanzo Beans - COR1233 (1 #8 scoop)	0	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Red and Green Bell Peppers - COR1611 (1/2 c.)	0	11.73	0.11	0.02	0.00	1.61	2.45	0.43
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 4:4 Grilled Cheese w/Tomato Soup - ServingDate: 09/05/2019								
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 4:5 Beef & Cheese Nachos - ServingDate: 09/06/2019								
BBQ Chicken Sandwich, diced chicken & BBQ Sauce - COR2055 (1 #10 scoop)	0	307.26	4.80	0.80	0.00	716.04	41.80	27.01
Beef & Cheese Nachos - COR2030 (1 ea.)	0	305.65	15.98	6.41	0.00	638.33	23.56	16.68
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	441.89	19.16	2.02	0.00	401.23	61.07	11.07
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Pineapple Tidbits - COR1266 (1/2 c.)	0	60.10	0.00	0.00	0.00	0.00	15.63	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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The Clubhouse Lunch Academy 4:5 Beef & Cheese Nachos - ServingDate: 09/06/2019								
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
Salsa - COR1506 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
The Clubhouse Lunch Academy 1:1 Cheesy Breadsticks - ServingDate: 09/09/2019								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	0	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Chicken Caesar Salad w/Home-Baked whole grain roll - COR1206 (1 ea.)	0	324.59	9.98	3.90	0.00(M)	550.81	32.52	30.74
American Combo Sub Sandwich - COR1968 (1 ea.)	0	337.98	13.38	4.08	0.00(M)	990.42	32.74	22.96
Sweet and Sour Chicken, popcorn chicken, sauce - COR2001 (12 piece)	0	160.66	7.54	1.26	0.00	228.51	17.04	7.54
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Fried Rice - COR2048 (2/3 c.)	0	83.59	0.34	0.00	0.00	343.46	17.18	2.92
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90

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The Clubhouse Lunch Academy 1:1 Cheesy Breadsticks - ServingDate: 09/09/2019								
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 1:2 Waffles & Sausage - ServingDate: 09/10/2019								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Waffles & Turkey Sausage - COR1664 (1 serving)	0	320.00	15.00	4.00	0.00	650.00	32.00	17.00
Red Seedless Grapes - COR1032 (1/2 c.)	0	62.60	0.14	0.05	0.00	1.81	16.42	0.65
Mixed Fruit - COR1262 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59

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The Clubhouse Lunch Academy 1:2 Waffles & Sausage - ServingDate: 09/10/2019								
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	102.39	0.00	0.00	0.00	46.34	25.60	0.00
The Clubhouse Lunch Academy 1:3 Country Fried Steak - ServingDate: 09/11/2019								
Country Fried Steak w/canned potatoes - COR1444 (1 ea.)	0	426.58	21.79	7.31	0.00	804.73	38.54	16.79
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Pepperoni Pizza - COR1205 (1 slice)	0	291.44	14.83	6.91	0.00	653.04	24.92	18.18
Sunbutter Pinwheel - COR2020 (1 serving)	0	807.78	39.32	5.04	0.00	968.46	101.13	20.13

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The Clubhouse Lunch Academy 1:3 Country Fried Steak - ServingDate: 09/11/2019								
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 1:4 Mac & Cheese w/Chicken Nuggets - ServingDate: 09/12/2019								
Pork Riblet Sandwich - COR1219 (1 ea.)	0	414.06	18.13	5.33	0.00(M)	1274.02	47.76	16.96
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50

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The Clubhouse Lunch Academy 1:4 Mac & Cheese w/Chicken Nuggets - ServingDate: 09/12/2019								
Macaroni & Cheese w/Chicken Nuggets - COR1246 (1 ea.)	0	655.34	33.85	12.30	0.01	1607.52	53.07	36.30
Munchable: Cinnamon Roll - COR1970 (1 ea.)	0	500.95	9.07	3.04	0.00(M)	452.38	89.01	16.09
Apple Slices, canned, unsweetened - COR1264 (1/2 c.)	0	47.25	0.00	0.00	0.00	9.45	11.34	0.00
Bananas - COR1174 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Green Beans - COR1316 (1/2 c.)	0	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Kidney Beans - COR1865 (1/2 c.)	0	85.07	0.00	0.00	0.00	99.25	15.60	4.96
Wedge Tomatos - COR1039 (1/2 c.)	0	24.80	0.25	0.04	0.00	6.20	4.82	1.09
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

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The Clubhouse Lunch Academy 1:5 Chicken Enchiladas - ServingDate: 09/13/2019								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	362.98	18.05	6.83	0.00(M)	1132.09	32.24	20.12
Chicken & Cheese Enchiladas w/Spanish Rice - COR1866 (1 Each enchi)	0	414.53	16.86	7.33	0.00	991.72	44.18	21.02
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	434.86	13.72	5.80	0.00	565.50	64.01	14.95
Hot Dog - COR1210 (1 serving (1))	0	240.00	10.00	2.50	0.00	460.00	24.00	11.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Peaches - COR1265 (1/2 c.)	0	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

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Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:1 Cheese Quesadilla - ServingDate: 09/16/2019								
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	469.00	23.67	4.00	0.00	1886.00	37.00	29.00
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Cheese Quesadilla - COR2022 (1 each quesa)	0	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Refried Beans, pinto - COR2049 (1/2 c.)	0	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00

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Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:1 Cheese Quesadilla - ServingDate: 09/16/2019								
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup - ServingDate: 09/17/2019								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	434.86	13.72	5.80	0.00	565.50	64.01	14.95
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Meatball Sub on Sub roll - COR1397 (1 sandwich)	0	420.85	19.03	7.12	0.01(M)	936.80	45.31	22.10
Apples - COR1263 (1 small (2-3)	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Mixed Fruit - COR1262 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Tomato Soup - COR1223 (3/4 c.)	0	40.50	0.00	0.00	0.00	217.78	9.00	0.90
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup - ServingDate: 09/17/2019								
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 2:3 Popcorn Chicken Bowl - ServingDate: 09/18/2019								
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Italian Sub - COR1357 (1 ea.)	0	365.78	18.42	7.05	0.00(M)	1143.49	32.61	19.04
Munchable: Meatless - COR1971 (1 ea.)	0	353.45	15.83	4.99	0.00	570.01	36.12	18.06
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	391.32	18.89	5.17	0.00	926.95	38.49	17.27
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:3 Popcorn Chicken Bowl - ServingDate: 09/18/2019								
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 2:4 Spaghetti & Meatballs - ServingDate: 09/19/2019								
Cheese Pizza - COR1209 (1 slice)	0	264.10	12.40	6.00	0.00	560.90	24.82	17.07
Chicken Caesar Salad w/Home-Baked whole grain roll - COR1206 (1 ea.)	0	324.59	9.98	3.90	0.00(M)	550.81	32.52	30.74
Spaghetti w/Beef Meatballs & Spaghetti Sauce - COR1982 (1 serving)	0	418.46	15.80	6.31	0.01	686.12	50.07	22.17
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Garlic Ripstick Breadstick - COR1384 (1 breadstick)	0	134.42	6.87	2.67	0.00	158.86	14.24	3.05
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Bananas - COR1174 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - COR1265 (1/2 c.)	0	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	0	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	0	111.43	0.62	0.00	0.00	173.33	19.81	6.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:4 Spaghetti & Meatballs - ServingDate: 09/19/2019								
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 2:5 Beef Nachos - ServingDate: 09/20/2019								
BBQ Chicken Sandwich, diced chicken & BBQ Sauce - COR2055 (1/3 c.)	0	256.05	4.00	0.67	0.00	596.70	34.83	22.51
Beef & Cheese Nachos - COR2030 (1 ea.)	0	305.65	15.98	6.41	0.00	638.33	23.56	16.68
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	441.89	19.16	2.02	0.00	401.23	61.07	11.07
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Pineapple Tidbits - COR1266 (1/2 c.)	0	60.10	0.00	0.00	0.00	0.00	15.63	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:5 Beef Nachos - ServingDate: 09/20/2019								
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Salsa - COR1506 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
The Clubhouse Lunch Academy 3:1 Cheesy Breadsticks - ServingDate: 09/23/2019								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	0	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Orange Chicken - COR2026 (12 piece)	0	170.66	7.54	1.26	0.00	271.01	18.54	7.54
Chicken Caesar Salad w/Home-Baked whole grain roll - COR1206 (1 ea.)	0	324.59	9.98	3.90	0.00(M)	550.81	32.52	30.74
American Combo Sub Sandwich - COR1968 (1 ea.)	0	337.98	13.38	4.08	0.00(M)	990.42	32.74	22.96
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Vegetable Lo Mein - COR1678 (1 c.)	0	250.64	1.84	0.07	0.00	1224.16	50.90	8.52
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:1 Cheesy Breadsticks - ServingDate: 09/23/2019								
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 3:2 French Toast & Sausage - ServingDate: 09/24/2019								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
French Toast & Sausage - COR1972 (1 serving)	0	380.00	19.00	5.00	0.00	460.00	38.00	18.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Plums - COR1511 (2 small (1-1)	0	54.00	0.00	0.00	0.00	0.00	13.57	0.83

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:2 French Toast & Sausage - ServingDate: 09/24/2019								
Mixed Fruit - COR1262 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	102.39	0.00	0.00	0.00	46.34	25.60	0.00
The Clubhouse Lunch Academy 3:3 Turkey and Gravy - ServingDate: 09/25/2019								
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Pepperoni Pizza - COR1205 (1 slice)	0	291.44	14.83	6.91	0.00	653.04	24.92	18.18
Sunbutter Pinwheel - COR2020 (1 serving)	0	807.78	39.32	5.04	0.00	968.46	101.13	20.13

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:3 Turkey and Gravy - ServingDate: 09/25/2019								
Turkey in Gravy w/Mashed Potatoes - COR1624 (1 serving)	0	243.28	8.89	2.62	0.00	874.17	21.04	17.43
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: Academy Endeavor Elementary School

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:4 Mac & Cheese w/Chicken Nuggets - ServingDate: 09/26/2019								
Pork Riblet Sandwich - COR1219 (1 ea.)	0	414.06	18.13	5.33	0.00(M)	1274.02	47.76	16.96
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Macaroni & Cheese w/Chicken Nuggets - COR1246 (1 ea.)	0	655.34	33.85	12.30	0.01	1607.52	53.07	36.30
Munchable: Cinnamon Roll - COR1970 (1 ea.)	0	500.95	9.07	3.04	0.00(M)	452.38	89.01	16.09
Apple Slices, canned, unsweetened - COR1264 (1/2 c.)	0	47.25	0.00	0.00	0.00	9.45	11.34	0.00
Bananas - COR1174 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Green Beans - COR1316 (1/2 c.)	0	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Kidney Beans - COR1865 (1/2 c.)	0	85.07	0.00	0.00	0.00	99.25	15.60	4.96
Cucumber Slices - COR1267 (1/2 cup, slice)	0	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: Academy Endeavor Elementary School

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:4 Mac & Cheese w/Chicken Nuggets - ServingDate: 09/26/2019								
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 3:5 Ham & Cheese Melt, Enchiladas - ServingDate: 09/27/2019								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	362.98	18.05	6.83	0.00(M)	1132.09	32.24	20.12
Chicken & Cheese Enchiladas w/Spanish Rice - COR1866 (1 Each enchi)	0	414.53	16.86	7.33	0.00	991.72	44.18	21.02
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	434.86	13.72	5.80	0.00	565.50	64.01	14.95
Ham & Cheese Melt - COR1377 (1 ea.)	0	323.01	12.00	5.35	0.00	912.02	32.50	19.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Peaches - COR1265 (1/2 c.)	0	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: Academy Endeavor Elementary School

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:5 Ham & Cheese Melt, Enchiladas - ServingDate: 09/27/2019								
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 4:1 Cheese Quesadilla - ServingDate: 09/30/2019								
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	469.00	23.67	4.00	0.00	1886.00	37.00	29.00
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Cheese Quesadilla - COR2022 (1 each quesadilla)	0	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Refried Beans, pinto - COR2049 (1/2 c.)	0	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: Academy Endeavor Elementary School
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 4:1 Cheese Quesadilla - ServingDate: 09/30/2019								
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event
 Serving Group: K-5
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.