

Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL

Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Nov 1 Cheeseburger or Popcorn Chicken Bowl - ServingDate: 11/01/2018								
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Chef Salad w/Romaine greens - COR1199 (1 ea.)	0	343.21	15.93	6.32	0.00(M)	767.99	26.30	23.29
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	399.82	20.02	4.58	0.00	946.82	39.08	16.93
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	40	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	10	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00

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Clubhouse Lunch Academy Nov 1 Cheeseburger or Popcorn Chicken Bowl - ServingDate: 11/01/2018								
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 4:5 Pepperoni Pizza, Pretzel & Cheese - ServingDate: 11/02/2018								
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Pepperoni Pizza - COR1205 (1 slice)	0	235.58	9.21	4.26	0.00	425.70	26.07	14.67
Pretzel & Cheese Sauce - COR1048 (1 ea.)	0	248.01	8.50	4.60	0.00	562.02	32.00	12.00
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	445.23	18.42	2.05	0.00	393.14	61.18	11.18
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple Tidbits - COR1266 (1/2 c.)	50	72.12	0.10	0.01	0.00	1.20	18.87	0.51
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:5 Pepperoni Pizza, Pretzel & Cheese - ServingDate: 11/02/2018								
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 1:1 Cheesy Breadsticks, Corn Dog - ServingDate: 11/05/2018								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	60	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	5	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Ranch Italian Wrap - COR1207 (1 ea.)	0	493.68	28.32	8.72	0.00	1376.10	38.74	23.73
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 1:1 Cheesy Breadsticks, Corn Dog - ServingDate: 11/05/2018								
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 1:2 Cheese Pizza, Chicken in Gravy - ServingDate: 11/06/2018								
Cheese Pizza - COR1209 (1 slice)	0	212.79	7.18	3.50	0.00	348.92	25.98	13.74
Chicken in Gravy & Mashed Potatoes - COR1195 (1 serving)	0	217.31	5.25	1.30	0.00	550.68	21.27	18.12
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Red Seedless Grapes - COR1032 (1/2 c.)	50	62.60	0.14	0.05	0.00	1.81	16.42	0.65
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	70	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Cookie - COR1300 (1 ea.)	0	61.27	2.59	0.68	0.00(M)	54.43	9.03	1.05

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Clubhouse Lunch Academy 1:2 Cheese Pizza, Chicken in Gravy - ServingDate: 11/06/2018								
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 1:3 Chicken Sandwich, Spaghetti & Meatsauce - ServingDate: 11/07/2018								
Chef Salad w/Romaine greens - COR1199 (1 ea.)	0	343.21	15.93	6.32	0.00(M)	767.99	26.30	23.29
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
Italian Sub - COR1357 (1 ea.)	0	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Rotini & Meatsauce - COR1862 (1 serving)	0	231.12	8.10	3.25	0.00	214.09	22.88	15.46
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45

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Clubhouse Lunch Academy 1:3 Chicken Sandwich, Spaghetti & Meatsauce - ServingDate: 11/07/2018								
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 1:4 Grilled Cheese, Breakfast for Lunch - ServingDate: 11/08/2018								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	403.86	12.15	6.76	0.00	453.13	60.98	12.86
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Waffles & Turkey Sausage - COR1664 (1 serving)	0	320.00	14.00	3.00	0.00	690.00	32.00	17.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apple Slices - COR1264 (1/2 c.)	70	52.00	0.00	0.00	0.00	10.40	12.48	0.00

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Clubhouse Lunch Academy 1:4 Grilled Cheese, Breakfast for Lunch - ServingDate: 11/08/2018								
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Kidney Beans - COR1865 (1/2 c.)	0	86.47	0.00	0.00	0.00	100.88	15.85	5.04
Tomato Soup - COR1223 (3/4 c.)	0	60.75	0.00	0.00	0.00	326.27	13.50	1.35
Wedge Tomatos - COR1039 (1/2 c.)	0	24.80	0.25	0.04	0.00	6.20	4.82	1.09
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	15	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	50	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
Clubhouse Lunch Academy Nov 9 Meatlovers Pizza, Chicken Nuggets - ServingDate: 11/09/2018								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	342.38	17.57	6.80	0.00(M)	1096.16	28.51	19.55
Chicken Nuggets - COR1222 (5 ea.)	0	386.88	22.32	3.72	0.00	595.20	23.81	23.81
Italian Bistro Box - COR1439 (1 ea.)	0	204.60	12.37	5.66	0.01	748.41	7.38	16.62
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	14.62	6.36	0.50	628.67	26.96	20.27
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52

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Clubhouse Lunch Academy Nov 9 Meatlovers Pizza, Chicken Nuggets - ServingDate: 11/09/2018								
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	70	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 2:1 Hot Dog w/Smiles, Nachos - ServingDate: 11/12/2018								
Beef & Cheese Nachos - COR1658 (1 ea.)	0	299.98	16.46	6.71	0.00	654.16	24.04	14.18
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	567.13	33.22	6.97	0.00	1541.03	44.73	23.49

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Clubhouse Lunch Academy 2:1 Hot Dog w/Smiles, Nachos - ServingDate: 11/12/2018								
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Hot Dog - COR1210 (1 serving (1))	0	240.00	10.00	2.50	0.00	460.00	24.00	11.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	70	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	10	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2018

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:2 Meatlovers Pizza, Mac & Cheese - ServingDate: 11/13/2018								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	403.86	12.15	6.76	0.00	453.13	60.98	12.86
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Macaroni & Cheese - COR1875 (1 #8 scoop)	0	263.47	13.08	7.28	0.00	651.41	21.18	14.28
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	14.62	6.36	0.50	628.67	26.96	20.27
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Green Beans - COR1316 (1/2 c.)	0	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Broccoli Florets - COR1260 (1/2 c.)	10	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	10	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Snickerdoodle Cookie - COR1302 (1 ea.)	0	58.75	2.60	1.14	0.00(M)	76.96	8.41	0.84
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1229 (2 tbsp.)	0	40.00	0.00	0.00	0.00	400.00	10.00	0.00
Potato Chips - COR1022 (1 pkg.)	0	80.00	5.00	0.50	0.00	90.00	8.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2018

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Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:2 Meatlovers Pizza, Mac & Cheese - ServingDate: 11/13/2018								
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy Nov 14 - ServingDate: 11/14/2018								
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Turkey roast, sliced w/gravy - COR1537 (2 oz.)	0	144.37	7.01	2.00	0.00	521.39	4.05	16.00
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Cranberry Sauce - COR1921 (1/2 c.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Roasted Green Beans - COR1774 (1/2 c.)	0	19.15	0.00	0.00	0.00	172.20	3.84	0.96
Mashed Potatoes from can - COR1197 (1 #8 scoop)	0	83.72	1.37	0.62	0.00	286.08	14.96	1.43
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Holiday Dessert - COR1920 (1 ea.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Clubhouse Lunch Academy Nov 15 BBQ Riblet - ServingDate: 11/15/2018								
Pork Riblet Sandwich - COR1219 (1 ea.)	0	393.46	17.65	5.29	0.00(M)	1238.09	44.03	16.38
Bean & Cheese Burrito - COR1853 (1 ea.)	0	413.83	14.16	6.16	0.00	1307.98	55.74	16.72

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Nov 15 BBQ Riblet - ServingDate: 11/15/2018								
Egg On Your Face Salad and Muffin - COR1191 (1 ea.)	0	276.90	10.94	4.01	0.00(M)	486.13	33.47	12.16
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	40	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	10	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73

Menu Calendar Nutrient Analysis Report - November, 2018

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Nov 16 - Serving Date: 11/16/2018								
Chef Salad w/Romaine greens - COR1199 (1 ea.)	0	343.21	15.93	6.32	0.00(M)	767.99	26.30	23.29
Italian Sub - COR1357 (1 ea.)	0	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Meatball Sub on Sub roll - COR1397 (1 sandwich)	0	437.46	21.34	8.71	0.01(M)	979.92	42.04	25.25
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	399.82	20.02	4.58	0.00	946.82	39.08	16.93
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple Tidbits - COR1266 (1/2 c.)	50	72.12	0.10	0.01	0.00	1.20	18.87	0.51
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:1 Hot Dog or Nachos - ServingDate: 11/26/2018								
Beef & Cheese Nachos - COR1867 (1 ea.)	0	292.89	15.45	6.20	0.00	573.15	23.03	15.20
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	567.13	33.22	6.97	0.00	1541.03	44.73	23.49
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Hot Dog - COR1210 (1 serving (1))	0	240.00	10.00	2.50	0.00	460.00	24.00	11.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	70	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	10	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:1 Hot Dog or Nachos - ServingDate: 11/26/2018								
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
Clubhouse Lunch Academy 4:2 Meatlovers Pizza, Taco - ServingDate: 11/27/2018								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	403.86	12.15	6.76	0.00	453.13	60.98	12.86
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	14.62	6.36	0.50	628.67	26.96	20.27
Soft Taco & Tortilla Chips w/Taco beef - COR1187 (1 ea.)	0	317.55	13.60	4.14	0.00	353.66	34.59	13.97
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	50	32.00	0.00	0.00	0.00	380.00	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:2 Meatlovers Pizza, Taco - ServingDate: 11/27/2018								
Potato Chips - COR1022 (1 pkg.)	0	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	10	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
Clubhouse Lunch Academy 4:3 Meatball Sub, Popcorn Chicken Bowl - ServingDate: 11/28/2018								
Chef Salad w/Romaine greens - COR1199 (1 ea.)	0	343.21	15.93	6.32	0.00(M)	767.99	26.30	23.29
Italian Sub - COR1357 (1 ea.)	5	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Meatball Sub on Sub roll - COR1397 (1 sandwich)	0	437.46	21.34	8.71	0.01(M)	979.92	42.04	25.25
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	399.82	20.02	4.58	0.00	946.82	39.08	16.93
Dinner Roll - COR1232 (1 roll.)	40	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Baby Carrots - COR1259 (1 #8 scoop)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:3 Meatball Sub, Popcorn Chicken Bowl - ServingDate: 11/28/2018								
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	50	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 4:4 Cheeseburger or Beef Chili in Bread Bowl - ServingDate: 11/29/2018								
Beef Chili in Bread Bowl - COR1564 (1 ea.)	0	372.63	11.97	3.81	0.00	708.35	47.10	21.96
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Egg On Your Face Salad and Muffin - COR1191 (1 ea.)	0	276.90	10.94	4.01	0.00(M)	486.13	33.47	12.16
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:4 Cheeseburger or Beef Chili in Bread Bowl - ServingDate: 11/29/2018								
Cucumber Slices - COR1267 (1/2 cup, slice)	40	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	10	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73
Clubhouse Lunch Academy 4:5 Pepperoni Pizza, Pretzel & Cheese - ServingDate: 11/30/2018								
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Pepperoni Pizza - COR1205 (1 slice)	0	235.58	9.21	4.26	0.00	425.70	26.07	14.67
Pretzel & Cheese Sauce - COR1048 (1 ea.)	0	248.01	8.50	4.60	0.00	562.02	32.00	12.00
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	445.23	18.42	2.05	0.00	393.14	61.18	11.18
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38

Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:5 Pepperoni Pizza, Pretzel & Cheese - ServingDate: 11/30/2018								
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple Tidbits - COR1266 (1/2 c.)	50	72.12	0.10	0.01	0.00	1.20	18.87	0.51
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	108.67	11.17	2.10	0.00	138.56	1.09	0.73

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event
 Serving Group: K-5
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.