

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy Aug 15 Cheesy Breadsticks - ServingDate: 08/15/2019								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	0	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Sweet and Sour Chicken, popcorn chicken, sauce - COR2001 (12 piece)	0	160.66	7.54	1.26	0.00	228.51	17.04	7.54
Fried Rice - COR2048 (2/3 c.)	0	83.59	0.35	0.00	0.00	343.46	17.18	2.92
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

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The Clubhouse Lunch Academy 1:5 Chicken Enchiladas - ServingDate: 08/16/2019								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	362.98	18.05	6.83	0.00(M)	1132.09	32.24	20.12
Chicken & Cheese Enchiladas w/Spanish Rice - COR1866 (1 Each enchi)	0	414.53	16.86	7.33	0.00	991.72	44.18	21.02
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	434.86	13.72	5.80	0.00	565.50	64.01	14.95
Hot Dog - COR1210 (1 serving (1))	0	240.00	10.00	2.50	0.00	460.00	24.00	11.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Peaches - COR1265 (1/2 c.)	0	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 2:1 Cheese Quesadilla - ServingDate: 08/19/2019								
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	469.00	23.67	4.00	0.00	1886.00	37.00	29.00
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Cheese Quesadilla - COR2022 (1 each quesadilla)	0	424.00	23.00	11.00	0.00	1045.99	35.00	18.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4"))	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Refried Beans, pinto - COR2049 (1/2 c.)	0	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00

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The Clubhouse Lunch Academy 2:1 Cheese Quesadilla - ServingDate: 08/19/2019								
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup - ServingDate: 08/20/2019								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	434.86	13.72	5.80	0.00	565.50	64.01	14.95
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Meatball Sub on Sub roll - COR1397 (1 sandwich)	0	420.85	19.03	7.12	0.01(M)	936.80	45.31	22.10
Apples - COR1263 (1 small (2-3)	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Mixed Fruit - COR1262 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Tomato Soup - COR1223 (3/4 c.)	0	40.50	0.00	0.00	0.00	217.78	9.00	0.90
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00

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The Clubhouse Lunch Academy 2:2 Grilled Cheese w/Tomato Soup - ServingDate: 08/20/2019								
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 2:3 Popcorn Chicken Bowl - ServingDate: 08/21/2019								
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Italian Sub - COR1357 (1 ea.)	0	365.78	18.42	7.05	0.00(M)	1143.49	32.61	19.04
Munchable: Meatless - COR1971 (1 ea.)	0	353.45	15.83	4.99	0.00	570.01	36.12	18.06
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	391.32	18.89	5.17	0.00	926.95	38.49	17.27
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00

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The Clubhouse Lunch Academy 2:3 Popcorn Chicken Bowl - ServingDate: 08/21/2019								
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 3:1 Cheesy Breadsticks - ServingDate: 08/26/2019								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	0	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Orange Chicken - COR2026 (12 piece)	0	170.66	7.54	1.26	0.00	271.01	18.54	7.54
Chicken Caesar Salad w/Home-Baked whole grain roll - COR1206 (1 ea.)	0	324.59	9.98	3.90	0.00(M)	550.81	32.52	30.74
American Combo Sub Sandwich - COR1968 (1 ea.)	0	337.98	13.38	4.08	0.00(M)	990.42	32.74	22.96
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Vegetable Lo Mein - COR1678 (1 c.)	0	250.64	1.84	0.07	0.00	1224.16	50.90	8.52
Applesauce - COR1173 (1/2 c.)	80	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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The Clubhouse Lunch Academy 3:1 Cheesy Breadsticks - ServingDate: 08/26/2019								
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 3:2 French Toast & Sausage - ServingDate: 08/27/2019								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
French Toast & Sausage - COR1972 (1 serving)	0	380.00	19.00	5.00	0.00	460.00	38.00	18.00
Strawberry & Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Plums - COR1511 (2 small (1-1))	0	54.00	0.00	0.00	0.00	0.00	13.57	0.83
Mixed Fruit - COR1262 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29

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The Clubhouse Lunch Academy 3:2 French Toast & Sausage - ServingDate: 08/27/2019								
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	102.39	0.00	0.00	0.00	46.34	25.60	0.00
The Clubhouse Lunch Academy 3:3 Turkey and Gravy - ServingDate: 08/28/2019								
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	374.50	18.27	2.54	0.00	511.39	34.12	18.56
Pepperoni Pizza - COR1205 (1 slice)	0	291.44	14.83	6.91	0.00	653.04	24.92	18.18
Sunbutter Pinwheel - COR2020 (1 serving)	0	807.78	39.32	5.04	0.00	968.46	101.13	20.13
Turkey in Gravy w/Mashed Potatoes - COR1624 (1 serving)	0	243.28	8.89	2.62	0.00	874.17	21.04	17.43
Dinner Roll - COR1232 (1 roll.)	0	126.29	2.95	0.24	0.00(M)	222.94	22.71	3.62
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00

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The Clubhouse Lunch Academy 3:3 Turkey and Gravy - ServingDate: 08/28/2019								
Baby Carrots - COR1259 (1 #8 scoop)	50	25.61	0.10	0.02	0.00	57.06	6.03	0.47
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 3:4 Mac & Cheese w/Chicken Nuggets - ServingDate: 08/29/2019								
Pork Riblet Sandwich - COR1219 (1 ea.)	0	414.06	18.13	5.33	0.00(M)	1274.02	47.76	16.96
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Macaroni & Cheese w/Chicken Nuggets - COR1246 (1 ea.)	0	655.34	33.85	12.30	0.01	1607.52	53.07	36.30
Munchable: Cinnamon Roll - COR1970 (1 ea.)	0	469.95	7.50	2.50	0.00(M)	515.00	86.99	11.50
Apple Slices, canned, unsweetened - COR1264 (1/2 c.)	0	47.25	0.00	0.00	0.00	9.45	11.34	0.00
Bananas - COR1174 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:4 Mac & Cheese w/Chicken Nuggets - ServingDate: 08/29/2019								
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Green Beans - COR1316 (1/2 c.)	0	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Kidney Beans - COR1865 (1/2 c.)	0	85.07	0.00	0.00	0.00	99.25	15.60	4.96
Cucumber Slices - COR1267 (1/2 cup, slice)	0	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	18.00	0.00	0.00	0.00	185.00	4.50	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00
The Clubhouse Lunch Academy 3:5 Ham & Cheese Melt, Enchiladas - ServingDate: 08/30/2019								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	362.98	18.05	6.83	0.00(M)	1132.09	32.24	20.12
Chicken & Cheese Enchiladas w/Spanish Rice - COR1866 (1 Each enchi)	0	414.53	16.86	7.33	0.00	991.72	44.18	21.02

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Lunch Academy 3:5 Ham & Cheese Melt, Enchiladas - ServingDate: 08/30/2019								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	434.86	13.72	5.80	0.00	565.50	64.01	14.95
Ham & Cheese Melt - COR1377 (1 ea.)	0	323.01	12.00	5.35	0.00	912.02	32.50	19.00
Apples - COR1263 (1 small (2-3))	0	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Diced Peaches - COR1265 (1/2 c.)	0	65.00	0.00	0.00	0.00	5.42	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Baked Fries - COR1038 (1/2 c.)	0	130.06	4.50	0.50	0.00	160.07	21.01	2.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	0	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	0	18.30	0.21	0.03	0.00	9.84	2.91	1.29
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (2 tbsp.)	5	0.00	0.00	0.00	0.00	330.00	0.00	0.00

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL
Date: 08/01/2019 - 08/31/2019

Report Selections

Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event
Serving Group: K-5
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.