

Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL

Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
The Clubhouse Breakfast Academy 2:4 Sausage & Cheese Biscuit or Parfait - ServingDate: 11/01/2018								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Sausage & Cheese Biscuit - COR1156 (1 sandwich)	0	441.00	30.50	15.50	0.00	1075.00	27.00	14.50
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich - ServingDate: 11/02/2018								
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Cinnamon Roll Dough - COR1007 (2 ea.)	0	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	0	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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The Clubhouse Breakfast Academy 1:1 Breakfast Pizza, Mini Pancakes - ServingDate: 11/05/2018								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Mini Pancakes - COR1011 (1 pkg.)	0	220.00	6.00	0.50	0.00	130.00	39.00	4.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 1:2 Yogurt Parfait or Chicken Biscuit - ServingDate: 11/06/2018								
Chicken Biscuit - COR1663 (1 ea.)	0	354.75	15.93	5.99	0.00	868.08	38.52	14.52
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Strawberry Craisins - COR1009 (1 pkg.)	50	110.00	0.00	0.00	0.00	0.00	28.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
The Clubhouse Breakfast Academy 1:3 French Toast, Egg & Cheese Sandwich - ServingDate: 11/07/2018								
Egg & Cheese Sub - COR1159 (1 sandwich)	0	287.38	15.15	4.29	0.00(M)	659.49	29.51	10.88
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
The Clubhouse Breakfast Academy 1:4 Crescent, Sausage Pancake Wrap - ServingDate: 11/08/2018								
Breakfast on a Stick - COR1167 (1 serving)	0	160.00	6.00	1.50	0.00	310.00	17.00	8.00
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
The Clubhouse Breakfast Academy 1:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich - ServingDate: 11/09/2018								
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
Cinnamon Roll Dough - COR1007 (2 ea.)	40	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	40	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:1 Breakfast Pizza, Crescent - ServingDate: 11/12/2018								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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The Clubhouse Breakfast Academy 2:2 Mini Donuts, Egg & Cheese Sandwich - ServingDate: 11/13/2018								
Egg & Cheese Sub - COR1159 (1 sandwich)	50	287.38	15.15	4.29	0.00(M)	659.49	29.51	10.88
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Mini Chocolate Donuts - COR1012 (1 pkg.)	0	320.00	15.00	7.00	0.00	270.00	41.00	5.00
Mini Powdered Sugar Donuts - COR1164 (1 pkg.)	0	270.00	11.00	3.00	0.00	230.00	41.00	4.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Strawberry Craisins - COR1009 (1 pkg.)	50	110.00	0.00	0.00	0.00	0.00	28.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:3 French Toast Sticks, Sausage Pancake Wrap - ServingDate: 11/14/2018								
Breakfast on a Stick - COR1167 (1 serving)	0	160.00	6.00	1.50	0.00	310.00	17.00	8.00
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
French Toast Sticks & Syrup - COR1163 (4 ea.)	40	377.75	10.00	2.00	0.00	339.25	67.16	6.00
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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The Clubhouse Breakfast Academy 2:4 Sausage & Cheese Biscuit or Parfait - ServingDate: 11/15/2018								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Sausage & Cheese Biscuit - COR1156 (1 sandwich)	0	441.00	30.50	15.50	0.00	1075.00	27.00	14.50
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich - ServingDate: 11/16/2018								
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Cinnamon Roll Dough - COR1007 (2 ea.)	0	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	0	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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The Clubhouse Breakfast Academy 2:1 Breakfast Pizza, Crescent - ServingDate: 11/26/2018								
Sausage Breakfast Pizza - COR1001 (1 ea.)	0	209.64	6.99	2.00	0.00	479.18	25.95	8.98
Chocolate Filled Crescent - COR1644 (1 ea.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:2 Mini Donuts, Egg & Cheese Sandwich - ServingDate: 11/27/2018								
Egg & Cheese Sub - COR1159 (1 sandwich)	50	287.38	15.15	4.29	0.00(M)	659.49	29.51	10.88
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Mini Chocolate Donuts - COR1012 (1 pkg.)	0	320.00	15.00	7.00	0.00	270.00	41.00	5.00
Mini Powdered Sugar Donuts - COR1164 (1 pkg.)	0	270.00	11.00	3.00	0.00	230.00	41.00	4.00
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Strawberry Craisins - COR1009 (1 pkg.)	50	110.00	0.00	0.00	0.00	0.00	28.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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The Clubhouse Breakfast Academy 2:3 French Toast Sticks, Sausage Pancake Wrap - ServingDate: 11/28/2018								
Breakfast on a Stick - COR1167 (1 serving)	0	160.00	6.00	1.50	0.00	310.00	17.00	8.00
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	20	190.00	9.00	4.00	0.00	310.00	23.00	8.00
French Toast Sticks & Syrup - COR1163 (4 ea.)	40	377.75	10.00	2.00	0.00	339.25	67.16	6.00
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:4 Sausage & Cheese Biscuit or Parfait - ServingDate: 11/29/2018								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	20	190.00	7.00	3.50	0.00	370.00	25.00	8.00
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Sausage & Cheese Biscuit - COR1156 (1 sandwich)	0	441.00	30.50	15.50	0.00	1075.00	27.00	14.50
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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The Clubhouse Breakfast Academy 2:5 Cinnamon Rolls or Egg, Bacon, Cheese Sandwich - Serving Date: 11/30/2018								
Fruity Cheerios Cereal & Cheese Stick - COR1427 (1 ea.)	20	200.00	7.50	3.50	0.00	300.00	27.00	9.00
Cinnamon Roll Dough - COR1007 (2 ea.)	0	283.40	1.00	0.50	0.00	130.17	63.35	5.00
Bacon, Egg & Cheese Sub - COR1370 (1 sandwich)	0	288.63	15.26	4.34	0.00(M)	664.77	29.51	10.95
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: BRKFST-Café Classics
 Serving Group: K-5
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.