

Menu Calendar Nutrient Analysis Report - August, 2019

Site: Academy Endeavor Elementary School

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Breakfast Academy 1:2 Ham & Cheese Muffin, Yogurt Parfait - ServingDate: 08/15/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Ham & Cheese on English Muffin - COR2031 (1 sandwich)	0	198.33	6.33	2.75	0.00	955.00	24.17	9.83
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Strawberry Craisins - COR1009 (1 pkg.)	0	109.95	0.00	0.00	(M)	0.00	26.99	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 1:5 Bacon & Egg Biscuit, Cinnamon Roll & Hard-Boiled Egg - ServingDate: 08/16/2019								
Bacon, Egg & Cheese Biscuit - COR1155 (1 sandwich)	0	360.00	21.17	9.50	0.00(M)	1141.67	30.00	13.17
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Glazed Cinnamon Roll w/Hard-Boiled Egg - COR2054 (1 ea.)	0	215.34	5.16	1.44	0.00	124.64	33.67	7.54

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The Clubhouse Breakfast Academy 1:5 Bacon & Egg Biscuit, Cinnamon Roll & Hard-Boiled Egg - ServingDate: 08/16/2019								
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:1 Breakfast Pizza, Mini Waffles - ServingDate: 08/19/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Mini Waffles - COR1672 (1 pkg.)	0	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Orange Wedges - COR1172 (4 slice or w)	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Breakfast Academy 2:1 Breakfast Pizza, Mini Waffles - ServingDate: 08/19/2019								
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 2:2 Egg & Cheese Muffin, Yogurt Parfait - ServingDate: 08/20/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
Egg & Cheese Muffin - COR1013 (1 ea.)	0	5160.00	192.00	84.00	0.00	21840.0 0	600.00	252.00
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Strawberry Craisins - COR1009 (1 pkg.)	0	109.95	0.00	0.00	(M)	0.00	26.99	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Breakfast Academy 2:3 Sausage & Cheese Biscuit, French Toast Sticks - ServingDate: 08/21/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
French Toast Sticks - COR1163 (4 ea.)	0	260.00	10.00	2.00	0.00	300.00	38.00	6.00
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Sausage & Cheese Biscuit - COR1156 (1 sandwich)	0	310.00	16.00	8.50	0.00	965.00	29.00	13.50
Applesauce - COR1173 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (1/4 c.)	0	204.78	0.00	0.00	0.00	92.67	51.19	0.00
The Clubhouse Breakfast Academy 1:1 Breakfast Pizza, Pancake on a Stick - ServingDate: 08/26/2019								
Breakfast on a Stick - SR1187 (1 serving)	0	168.44	7.93	1.98	0.00	297.25	17.84	7.93
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
The Clubhouse Breakfast Academy 1:1 Breakfast Pizza, Pancake on a Stick - ServingDate: 08/26/2019								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Orange Wedges - COR1172 (4 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 1:2 Ham & Cheese Muffin, Yogurt Parfait - ServingDate: 08/27/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Ham & Cheese on English Muffin - COR2031 (1 sandwich)	0	198.33	6.33	2.75	0.00	955.00	24.17	9.83
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	272.80	3.50	0.84	0.00(M)	204.19	56.66	6.35
Strawberry Craisins - COR1009 (1 pkg.)	0	109.95	0.00	0.00	(M)	0.00	26.99	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00

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The Clubhouse Breakfast Academy 1:2 Ham & Cheese Muffin, Yogurt Parfait - ServingDate: 08/27/2019								
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 1:3 Chicken Biscuit, French Toast Sticks - ServingDate: 08/28/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Chicken Biscuit - COR1663 (1 ea.)	0	354.00	17.50	8.00	0.00	1045.00	35.40	13.90
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
French Toast Sticks - COR1163 (4 ea.)	0	260.00	10.00	2.00	0.00	300.00	38.00	6.00
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Applesauce - COR1173 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (1/4 c.)	0	204.78	0.00	0.00	0.00	92.67	51.19	0.00
The Clubhouse Breakfast Academy 1:4 Breakfast Burrito - ServingDate: 08/29/2019								
Breakfast Burrito, Omelet, Tater Tots - COR2046 (1 burrito)	0	411.68	18.00	5.00	0.00	1575.70	49.67	14.00

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The Clubhouse Breakfast Academy 1:4 Breakfast Burrito - ServingDate: 08/29/2019								
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Ultimate Breakfast Round (UBR), oatmeal chocolate chip, 2.2 oz, individually wrapped - COR2062 (1 pkg.)	0	270.00	8.00	2.50	0.00	180.00	44.00	5.00
Bananas - COR1174 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
The Clubhouse Breakfast Academy 1:5 Bacon & Egg Biscuit, Cinnamon Roll & Hard-Boiled Egg - ServingDate: 08/30/2019								
Bacon, Egg & Cheese Biscuit - COR1155 (1 sandwich)	0	360.00	21.17	9.50	0.00(M)	1141.67	30.00	13.17
Cheerios & Cheese Stick - COR1489 (1 ea.)	0	181.00	8.07	3.54	0.00	332.38	22.02	10.09
Glazed Cinnamon Roll w/Hard-Boiled Egg - COR2054 (1 ea.)	0	215.34	5.16	1.44	0.00	124.64	33.67	7.54
Cinnamon Toast Crunch Cereal & Cheese Stick - COR1425 (1 ea.)	0	191.00	9.07	3.54	0.00	352.38	24.02	8.09

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The Clubhouse Breakfast Academy 1:5 Bacon & Egg Biscuit, Cinnamon Roll & Hard-Boiled Egg - Serving Date: 08/30/2019								
Golden Grahams Cereal & Cheese Stick - COR1426 (1 ea.)	0	181.00	7.08	3.04	0.00	412.38	26.02	8.09
Diced Pears - COR1175 (1/2 c.)	0	65.00	0.00	0.00	0.00	10.83	15.17	0.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: B-Café Classics
 Serving Group: K-5
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.