



Oak Grove School District Elementary Lunch Menu NOVEMBER 2018

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday 10/29	Tuesday 10/30	Wednesday 10/31	Thursday 11/1	Friday 11/2
<ol style="list-style-type: none"> WG Bean & Cheese Enchirito** Hot Deli Ham & American Cheese Sandwich on a WG Bun WG Chicken Corn Dog with Oven Baked Fries Protein Pack with String Cheese** 	<ol style="list-style-type: none"> Teriyaki Chicken with WG Brown Rice Italian Dunkers with or without Marinara Sauce*** 100% Beef Hamburger, Cheeseburger or Gardenburger** Chicken Caesar Salad with WG Dinner Roll 	<ol style="list-style-type: none"> Italian Baked Ziti with WG Dinner Roll*** 100% Mozzarella Cheese Pizza** or WG Pepperoni Pizza All Natural Turkey Hot Dog with Oven Baked Fries American Combo Sandwich on WG Bread 	<ol style="list-style-type: none"> WG Macaroni & Cheese with WG Dinner Roll** WG Bean & Cheese Burrito** Crispy or Spicy Chicken Sandwich on WG Bun Fruit & Yogurt Parfait with Sunflower Seed** 	<ol style="list-style-type: none"> Honey BBQ Rib Sandwich on WG Bun Classic Bean & Cheese Nachos with Salsa*** WG Chicken Nuggets Sun Butter & Jelly Sandwich with String Cheese**
Monday 11/5	Tuesday 11/6	Wednesday 11/7	Thursday 11/8	Friday 11/9
<ol style="list-style-type: none"> Turkey & Gravy with Mashed Potatoes Hot Deli Ham & Cheddar Sandwich on a WG Bun WG Chicken Corn Dog with Oven Baked Fries Protein Pack with Sunflower Seeds** 	<ol style="list-style-type: none"> Teriyaki Beef with WG Brown Rice** Italian Dunkers with or without Marinara Sauce*** 100% Beef Hamburger, Cheeseburger or Gardenburger** Chicken Caesar Salad with WG Dinner Roll 	<ol style="list-style-type: none"> Spaghetti Marinara with WG Dinner Roll** Big Daddy Cheese Pizza** or Big Daddy Pepperoni Pizza Sriracha Chicken Wrap on WG Tortilla American Combo Sandwich on WG Bread 	<ol style="list-style-type: none"> Chicken Alfredo with WG Dinner Roll WG Bean & Cheese Burrito** Crispy or Spicy Chicken Sandwich on WG Bun Fruit & Yogurt Parfait with Sunflower Seed** 	<ol style="list-style-type: none"> Honey BBQ Rib Sandwich on WG Bun Classic Bean & Cheese Nachos with Salsa*** WG Chicken Nuggets Sun Butter & Jelly Sandwich with String Cheese**
Monday 11/12	Tuesday 11/13	Wednesday 11/14	Thursday 11/15	Friday 11/16
** No School ** Veteran's Day	<ol style="list-style-type: none"> Teriyaki Chicken with WG Brown Rice Italian Dunkers with or without Marinara Sauce*** 100% Beef Hamburger, Cheeseburger or Gardenburger** Chicken Caesar Salad with WG Dinner Roll 	<ol style="list-style-type: none"> Italian Baked Ziti with WG Dinner Roll*** 100% Mozzarella Cheese Pizza** or WG Pepperoni Pizza All Natural Turkey Hot Dog with Oven Baked Fries American Combo Sandwich on WG Bread 	<ol style="list-style-type: none"> WG Macaroni & Cheese with WG Dinner Roll** WG Bean & Cheese Burrito** Crispy or Spicy Chicken Sandwich on WG Bun Fruit & Yogurt Parfait with Sunflower Seed** 	<ol style="list-style-type: none"> Honey BBQ Rib Sandwich on WG Bun Classic Bean & Cheese Nachos with Salsa*** WG Chicken Nuggets Sun Butter & Jelly Sandwich with String Cheese**
Monday 11/19	Tuesday 11/20	Wednesday 11/21	Thursday 11/22	Friday 11/23
** No School ** Thanksgiving Break	** No School ** Thanksgiving Break	** No School ** Thanksgiving Break	** No School ** Thanksgiving Break	** No School ** Thanksgiving Break
Monday 11/26	Tuesday 11/27	Wednesday 11/28	Thursday 11/29	Friday 11/30
<ol style="list-style-type: none"> WG Bean & Cheese Enchirito** Hot Deli Ham & American Cheese Sandwich on a WG Bun WG Chicken Corn Dog with Oven Baked Fries Protein Pack with String Cheese** 	<ol style="list-style-type: none"> Teriyaki Chicken with WG Brown Rice Italian Dunkers with or without Marinara Sauce*** 100% Beef Hamburger, Cheeseburger or Gardenburger** Chicken Caesar Salad with WG Dinner Roll 	<ol style="list-style-type: none"> Italian Baked Ziti with WG Dinner Roll*** 100% Mozzarella Cheese Pizza** or WG Pepperoni Pizza All Natural Turkey Hot Dog with Oven Baked Fries American Combo Sandwich on WG Bread 	<ol style="list-style-type: none"> WG Macaroni & Cheese with WG Dinner Roll** WG Bean & Cheese Burrito** Crispy or Spicy Chicken Sandwich on WG Bun Fruit & Yogurt Parfait with Sunflower Seed** 	<ol style="list-style-type: none"> Honey BBQ Rib Sandwich on WG Bun Classic Bean & Cheese Nachos with Salsa*** WG Chicken Nuggets Sun Butter & Jelly Sandwich with String Cheese**



We use menu identifiers in the café to help students recognize **Local**, **Clean**, **Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with V.

For menu nutritional information and foods containing common food allergens please visit www.ogsd.net

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