

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:1 Corn Dog w/Tots, Nachos :15646 - ServingDate: 01/09/2019								
Beef & Cheese Nachos - COR1658 (1 ea.)	0	299.98	16.46	6.71	0.00	654.16	24.04	14.18
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	549.00	28.67	4.50	0.00	1976.00	45.00	29.00
Corn Dog - COR1184 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	70	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	10	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00

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Clubhouse Lunch Academy 2:1 Corn Dog w/Tots, Nachos :15646 - ServingDate: 01/09/2019								
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
Clubhouse Lunch Academy 2:4 BBQ Riblet, Smothered Burrito :15646 - ServingDate: 01/10/2019								
Pork Riblet Sandwich - COR1219 (1 ea.)	0	393.46	17.65	5.29	0.00(M)	1238.09	44.03	16.38
Bean & Cheese Burrito - COR1853 (1 ea.)	0	497.83	14.26	6.06	0.00	1313.98	70.94	22.32
Egg On Your Face Salad and Muffin - COR1191 (1 ea.)	0	276.90	10.94	4.01	0.00(M)	486.13	33.47	12.16
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	40	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	10	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:4 BBQ Riblet, Smothered Burrito :15646 - ServingDate: 01/10/2019								
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Clubhouse Lunch Academy 2:5 Pepperoni Pizza, Chili Cheese Tots :15646 - ServingDate: 01/11/2019								
Chili Cheese Tots - COR1661 (1 serving)	0	313.22	15.96	6.38	0.00	891.17	27.34	14.39
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Pepperoni Pizza - COR1205 (1 slice)	0	235.58	9.21	4.26	0.00	425.70	26.07	14.67
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	445.23	18.42	2.05	0.00	393.14	61.18	11.18
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Pineapple Tidbits - COR1266 (1/2 c.)	50	60.10	0.00	0.00	0.00	0.00	15.63	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Clubhouse Lunch Academy 2:5 Pepperoni Pizza, Chili Cheese Tots :15646 - ServingDate: 01/11/2019								
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Clubhouse Lunch Academy 3:1 Cheesy Breadsticks or Corn Dog :15646 - ServingDate: 01/14/2019								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	1	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	1	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Ranch Italian Wrap - COR1207 (1 ea.)	1	495.01	29.14	8.62	0.00	1487.54	38.65	24.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83

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Clubhouse Lunch Academy 3:1 Cheesy Breadsticks or Corn Dog :15646 - ServingDate: 01/14/2019								
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Clubhouse Lunch Academy Jan 15 - ServingDate: 01/15/2019								
Cheese Pizza - COR1209 (1 slice)	0	212.79	7.18	3.50	0.00	348.92	25.98	13.74
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Soft Chicken Taco & Tortilla Chips - COR1954 (1 ea.)	0	338.00	14.00	3.50	0.00	659.99	33.00	19.50
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Fresh Pears - SR1585 (1 medium)	50	101.46	0.25	0.04	0.00	1.78	27.11	0.64
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91

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Clubhouse Lunch Academy Jan 15 - ServingDate: 01/15/2019								
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Pickle, dill chips - COR1499 (2 tbsp.)	0	0.00	0.00	0.00	0.00	364.50	0.00	0.00
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Rice Chex & Marshmallow Treat - COR1301 (1 ea.)	0	101.36	2.23	1.01	0.00	135.67	19.03	1.24
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Clubhouse Lunch Academy 3:3 Pulled Pork Sandwich, Country Fried Steak :15646 - ServingDate: 01/16/2019								
Country Fried Steak w/canned potatoes - COR1444 (1 ea.)	0	414.10	20.38	5.12	0.00	739.48	38.02	16.43
Fiesta Salad - COR1430 (1 salad)	0	460.50	21.00	6.00	0.00	896.25	43.50	22.83
Italian Sub - COR1357 (1 ea.)	0	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Pulled Pork sub roll - COR1071 (1 ea.)	0	426.83	18.23	5.40	0.00(M)	1054.18	41.08	23.82
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52

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Clubhouse Lunch Academy 3:3 Pulled Pork Sandwich, Country Fried Steak :15646 - ServingDate: 01/16/2019								
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Green Beans - COR1316 (1/2 c.)	0	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Baby Carrots - COR1259 (1 #8 scoop)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Baked Beans - COR1041 (1/2 c.)	0	151.51	0.68	0.05	0.00	218.74	28.45	6.67
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Clubhouse Lunch Academy 3:4 Chicken Sandwich, Rotini & Meatsauce :15646 - ServingDate: 01/17/2019								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00

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Clubhouse Lunch Academy 3:4 Chicken Sandwich, Rotini & Meatsauce :15646 - ServingDate: 01/17/2019								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	404.86	12.22	6.30	0.00	495.50	62.01	12.95
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Rotini Pasta - COR1680 (1 serving)	0	231.12	8.10	3.25	0.00	214.09	22.88	15.46
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apple Slices - COR1264 (1/2 c.)	70	52.00	0.00	0.00	0.00	10.40	12.48	0.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	0	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Wedge Tomatos - COR1039 (1/2 c.)	0	24.80	0.25	0.04	0.00	6.20	4.82	1.09
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	50	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	15	80.00	5.00	0.50	0.00	90.00	8.00	0.00

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Clubhouse Lunch Academy 3:4 Chicken Sandwich, Rotini & Meatsauce :15646 - ServingDate: 01/17/2019								
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Clubhouse Lunch Academy 3:5 Meatlovers Pizza, Cheesy Enchiladas :15646 - ServingDate: 01/18/2019								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	342.38	17.57	6.80	0.00(M)	1096.16	28.51	19.55
Cheese Enchiladas - COR1866 (1 Each enchi)	0	396.25	16.47	8.17	0.00	749.40	44.44	15.46
Italian Bistro Box - COR1439 (1 ea.)	0	204.60	12.37	5.66	0.01	748.41	7.38	16.62
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	15.04	6.70	0.07	628.77	27.14	20.29
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	70	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 3:5 Meatlovers Pizza, Cheesy Enchiladas :15646 - ServingDate: 01/18/2019								
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
Clubhouse Lunch Academy Jan 22 - ServingDate: 01/22/2019								
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	549.00	28.67	4.50	0.00	1976.00	45.00	29.00
Corn Dog - COR1184 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Soft Taco & Tortilla Chips w/Taco beef - COR1187 (1 ea.)	0	317.55	13.60	4.14	0.00	353.66	34.59	13.97
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	70	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Jan 22 - ServingDate: 01/22/2019								
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	10	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
Clubhouse Lunch Academy 4:3 Meatball Sub, Popcorn Chicken Bowl :15646 - ServingDate: 01/23/2019								
Fiesta Salad - COR1430 (1 salad)	0	460.50	21.00	6.00	0.00	896.25	43.50	22.83
Italian Sub - COR1357 (1 ea.)	5	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Meatball Sub on Sub roll - COR1397 (1 sandwich)	0	437.46	21.34	8.71	0.01(M)	979.92	42.04	25.25
Popcorn Chicken Bowl w/canned potatoes - COR1217 (1 ea.)	0	399.82	20.02	4.58	0.00	946.82	39.08	16.93
Dinner Roll - COR1232 (1 roll.)	40	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Baby Carrots - COR1259 (1 #8 scoop)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:3 Meatball Sub, Popcorn Chicken Bowl :15646 - ServingDate: 01/23/2019								
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	50	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Clubhouse Lunch Academy 4:4 Cheeseburger or Beef Chili in Bread Bowl :15646 - ServingDate: 01/24/2019								
Beef Chili in Bread Bowl - COR1564 (1 ea.)	0	296.13	7.93	2.06	0.00	310.03	43.57	15.16
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Egg On Your Face Salad and Muffin - COR1191 (1 ea.)	0	276.90	10.94	4.01	0.00(M)	486.13	33.47	12.16
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:4 Cheeseburger or Beef Chili in Bread Bowl :15646 - ServingDate: 01/24/2019								
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	40	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	10	111.43	0.62	0.00	0.00	173.33	19.81	6.19
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Clubhouse Lunch Academy 4:5 Pepperoni Pizza, Pretzel & Cheese :15646 - ServingDate: 01/25/2019								
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Pepperoni Pizza - COR1205 (1 slice)	0	235.58	9.21	4.26	0.00	425.70	26.07	14.67
Pretzel & Cheese Sauce - COR1048 (1 ea.)	0	248.01	8.50	4.60	0.00	562.02	32.00	12.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 4:5 Pepperoni Pizza, Pretzel & Cheese :15646 - ServingDate: 01/25/2019								
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	445.23	18.42	2.05	0.00	393.14	61.18	11.18
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Pineapple Tidbits - COR1266 (1/2 c.)	50	60.10	0.00	0.00	0.00	0.00	15.63	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Clubhouse Lunch Academy 2:1 Corn Dog w/Tots, Nachos :15646 - ServingDate: 01/28/2019								
Beef & Cheese Nachos - COR1658 (1 ea.)	0	299.98	16.46	6.71	0.00	654.16	24.04	14.18
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	549.00	28.67	4.50	0.00	1976.00	45.00	29.00
Corn Dog - COR1184 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	212.50	10.00	2.00	0.00	456.25	14.50	16.83

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:1 Corn Dog w/Tots, Nachos :15646 - ServingDate: 01/28/2019								
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	70	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	10	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00
Clubhouse Lunch Academy Jan 29 - ServingDate: 01/29/2019								
Cheese Pizza - COR1209 (1 slice)	0	212.79	7.18	3.50	0.00	348.92	25.98	13.74

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Jan 29 - ServingDate: 01/29/2019								
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Bean Soft Taco w/Tortilla Chips - COR1955 (1 ea.)	0	486.89	12.75	3.50	0.00	451.43	70.30	22.93
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Red Seedless Grapes - COR1032 (1/2 c.)	50	62.60	0.14	0.05	0.00	1.81	16.42	0.65
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Potato Smile Fries - COR1436 (4 ea.)	0	133.41	4.62	0.51	0.00	184.72	20.52	2.05
Salad Mix with Romaine - COR1023 (1 c.)	70	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Cookie - COR1300 (1 ea.)	0	61.27	2.59	0.68	0.00(M)	54.43	9.03	1.05
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 1:3 Chicken Sandwich, Spaghetti & Meatsauce :15646 - ServingDate: 01/30/2019								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
Fiesta Salad - COR1430 (1 salad)	0	460.50	21.00	6.00	0.00	896.25	43.50	22.83
Italian Sub - COR1357 (1 ea.)	0	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Rotini & Meatsauce - COR1862 (1 serving)	0	231.12	8.10	3.25	0.00	214.09	22.88	15.46
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Ranch Dressing - COR1403 (2 tbsp.)	80	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 1:4 Grilled Cheese, Breakfast for Lunch :15646 - ServingDate: 01/31/2019								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	404.86	12.22	6.30	0.00	495.50	62.01	12.95
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Waffles & Turkey Sausage - COR1664 (1 serving)	0	320.00	14.00	3.00	0.00	690.00	32.00	17.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apple Slices - COR1264 (1/2 c.)	70	52.00	0.00	0.00	0.00	10.40	12.48	0.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Kidney Beans - COR1865 (1/2 c.)	0	86.47	0.00	0.00	0.00	100.88	15.85	5.04
Tomato Soup - COR1223 (3/4 c.)	0	60.75	0.00	0.00	0.00	326.27	13.50	1.35
Wedge Tomatos - COR1039 (1/2 c.)	0	24.80	0.25	0.04	0.00	6.20	4.82	1.09
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Ranch Dressing - COR1403 (2 tbsp.)	50	110.00	12.00	2.00	0.00	250.00	1.00	1.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	15	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00

Legend

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL
Date: 01/01/2019 - 01/31/2019

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event
Serving Group: K-5
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.