

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 1:1 Cheesy Breadsticks, Corn Dog :15646 - ServingDate: 12/03/2018								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	60	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	5	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Ranch Italian Wrap - COR1207 (1 ea.)	0	495.01	29.14	8.62	0.00	1487.54	38.65	24.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	80	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	80	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	0	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73

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Clubhouse Lunch Academy 1:2 Cheese Pizza, Chicken in Gravy :15646 - ServingDate: 12/04/2018								
Cheese Pizza - COR1209 (1 slice)	0	212.79	7.18	3.50	0.00	348.92	25.98	13.74
Chicken in Gravy & Mashed Potatoes - COR1195 (1 serving)	0	217.31	5.25	1.30	0.00	550.68	21.27	18.12
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Red Seedless Grapes - COR1032 (1/2 c.)	50	62.60	0.14	0.05	0.00	1.81	16.42	0.65
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Broccoli Florets - COR1260 (1/2 c.)	0	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Corn - COR1050 (1/2 c.)	0	70.00	1.00	0.00	0.00	300.00	13.00	2.00
Potato Smile Fries - COR1436 (4 ea.)	0	168.05	5.82	0.65	0.00	232.68	25.85	2.59
Salad Mix with Romaine - COR1023 (1 c.)	70	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Cookie - COR1300 (1 ea.)	0	61.27	2.59	0.68	0.00(M)	54.43	9.03	1.05
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00

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Clubhouse Lunch Academy 1:2 Cheese Pizza, Chicken in Gravy :15646 - ServingDate: 12/04/2018								
Potato Chips - COR1022 (1 pkg.)	10	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 1:3 Chicken Sandwich, Spaghetti & Meatsauce :15646 - ServingDate: 12/05/2018								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
Fiesta Salad - COR1430 (1 salad)	0	480.50	23.67	7.33	0.00	812.92	43.50	22.83
Italian Sub - COR1357 (1 ea.)	0	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Rotini & Meatsauce - COR1862 (1 serving)	0	231.12	8.10	3.25	0.00	214.09	22.88	15.46
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Apples - COR1263 (1 small (2-3)	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Clubhouse Lunch Academy 1:3 Chicken Sandwich, Spaghetti & Meatsauce :15646 - ServingDate: 12/05/2018								
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 1:4 Grilled Cheese, Breakfast for Lunch :15646 - ServingDate: 12/06/2018								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	404.86	12.22	6.30	0.00	495.50	62.01	12.95
Grilled Cheese Sandwich - COR1224 (1 sandwich)	0	290.00	15.50	7.50	0.00	1025.00	28.00	11.50
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Waffles & Turkey Sausage - COR1664 (1 serving)	0	320.00	14.00	3.00	0.00	690.00	32.00	17.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apple Slices - COR1264 (1/2 c.)	70	52.00	0.00	0.00	0.00	10.40	12.48	0.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Kidney Beans - COR1865 (1/2 c.)	0	86.47	0.00	0.00	0.00	100.88	15.85	5.04

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Clubhouse Lunch Academy 1:4 Grilled Cheese, Breakfast for Lunch :15646 - ServingDate: 12/06/2018								
Tomato Soup - COR1223 (3/4 c.)	0	60.75	0.00	0.00	0.00	326.27	13.50	1.35
Wedge Tomatos - COR1039 (1/2 c.)	0	24.80	0.25	0.04	0.00	6.20	4.82	1.09
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Potato Chips - COR1022 (1 pkg.)	15	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	50	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
Clubhouse Lunch Academy 1:5 Meatlovers Pizza, BBQ Pork Riblet :15646 - ServingDate: 12/07/2018								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	342.38	17.57	6.80	0.00(M)	1096.16	28.51	19.55
Chicken Nuggets - COR1222 (5 ea.)	0	386.88	22.32	3.72	0.00	595.20	23.81	23.81
Italian Bistro Box - COR1439 (1 ea.)	0	204.60	12.37	5.66	0.01	748.41	7.38	16.62
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	15.04	6.70	0.07	628.77	27.14	20.29
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00

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Clubhouse Lunch Academy 1:5 Meatlovers Pizza, BBQ Pork Riblet :15646 - ServingDate: 12/07/2018								
Diced Peaches - COR1265 (1/2 c.)	70	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 2:1 Corn Dog w/Tots, Nachos :15646 - ServingDate: 12/10/2018								
Beef & Cheese Nachos - COR1658 (1 ea.)	0	299.98	16.46	6.71	0.00	654.16	24.04	14.18
Chicken Bacon Ranch Wrap - COR1145 (1 ea.)	0	549.00	31.67	6.50	0.00	1646.00	45.00	24.00
Corn Dog - COR1184 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00

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Clubhouse Lunch Academy 2:1 Corn Dog w/Tots, Nachos :15646 - ServingDate: 12/10/2018								
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	0	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Applesauce - COR1173 (1/2 c.)	70	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	10	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00

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Clubhouse Lunch Academy 2:2 Meatlovers Pizza, Mac & Cheese :15646 - ServingDate: 12/11/2018								
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	404.86	12.22	6.30	0.00	495.50	62.01	12.95
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Macaroni & Cheese - COR1875 (1 #8 scoop)	0	263.47	13.08	7.28	0.00	651.41	21.18	14.28
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	15.04	6.70	0.07	628.77	27.14	20.29
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Green Beans - COR1316 (1/2 c.)	0	21.67	0.00	0.00	0.00	151.67	4.33	1.08
Broccoli Florets - COR1260 (1/2 c.)	10	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	10	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Snickerdoodle Cookie - COR1302 (1 ea.)	0	58.75	2.60	1.14	0.00(M)	76.96	8.41	0.84
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1229 (2 tbsp.)	0	40.00	0.00	0.00	0.00	400.00	10.00	0.00
Potato Chips - COR1022 (1 pkg.)	0	80.00	5.00	0.50	0.00	90.00	8.00	0.00

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Clubhouse Lunch Academy 2:2 Meatlovers Pizza, Mac & Cheese :15646 - ServingDate: 12/11/2018								
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 2:3 Cheeseburger, Chicken Pot Pie :15646 - ServingDate: 12/12/2018								
Cheeseburger - COR1194 (1 burger)	0	312.80	11.30	4.60	0.00	648.30	31.90	16.20
Chicken Pot Pie - COR1590 (1 serving)	0	330.45	8.17	1.56	0.00	470.79	39.67	26.29
Fiesta Salad - COR1430 (1 salad)	0	480.50	23.67	7.33	0.00	812.92	43.50	22.83
Italian Sub - COR1357 (1 ea.)	15	345.18	17.94	7.01	0.00(M)	1107.56	28.88	18.47
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Pears - COR1175 (1/2 c.)	50	65.55	0.00	0.00	0.00	10.92	15.29	0.00
Baby Carrots - COR1259 (1 #8 scoop)	20	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	10	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Pickle, dill chips - COR1499 (2 tbsp.)	0	0.00	0.00	0.00	0.00	364.50	0.00	0.00
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:3 Cheeseburger, Chicken Pot Pie :15646 - ServingDate: 12/12/2018								
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	50	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	15	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 2:4 BBQ Riblet, Smothered Burrito :15646 - ServingDate: 12/13/2018								
Pork Riblet Sandwich - COR1219 (1 ea.)	0	393.46	17.65	5.29	0.00(M)	1238.09	44.03	16.38
Bean & Cheese Burrito - COR1853 (1 ea.)	0	497.83	15.06	6.46	0.00	1613.98	70.14	21.52
Egg On Your Face Salad and Muffin - COR1191 (1 ea.)	0	276.90	10.94	4.01	0.00(M)	486.13	33.47	12.16
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	50	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	40	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Garbanzo Beans - COR1233 (1 #8 scoop)	10	111.43	0.62	0.00	0.00	173.33	19.81	6.19

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:4 BBQ Riblet, Smothered Burrito :15646 - ServingDate: 12/13/2018								
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 2:5 Pepperoni Pizza, Chili Cheese Tots :15646 - ServingDate: 12/14/2018								
Chili Cheese Tots - COR1661 (1 serving)	0	313.24	15.96	6.38	0.00	891.17	27.34	14.39
Strawberry & Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Pepperoni Pizza - COR1205 (1 slice)	0	235.58	9.21	4.26	0.00	425.70	26.07	14.67
Sunbutter & Jelly Sandwich - COR1204 (1 sandwich)	0	445.23	18.42	2.05	0.00	393.14	61.18	11.18
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 2:5 Pepperoni Pizza, Chili Cheese Tots :15646 - ServingDate: 12/14/2018								
Pineapple Tidbits - COR1266 (1/2 c.)	50	60.10	0.00	0.00	0.00	0.00	15.63	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 3:1 Cheesy Breadsticks or Corn Dog :15646 - ServingDate: 12/17/2018								
Cheesy Breadsticks w/Italian Sauce - COR1021 (2 ea.)	1	328.77	11.24	6.05	0.01	710.50	35.74	19.96
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad w/Romaine - COR1185 (1 ea.)	1	212.50	10.00	2.00	0.00	456.25	14.50	16.83
Ranch Italian Wrap - COR1207 (1 ea.)	1	495.01	29.14	8.62	0.00	1487.54	38.65	24.00
Mini Saltine Crackers - COR1193 (2 pkg.)	0	100.00	3.00	0.00	0.00	120.00	14.00	2.00

Menu Calendar Nutrient Analysis Report - December, 2018

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Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 3:1 Cheesy Breadsticks or Corn Dog :15646 - ServingDate: 12/17/2018								
Applesauce - COR1173 (1/2 c.)	50	55.51	0.13	0.01	0.00	2.64	14.89	0.23
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Orange Wedges - COR1172 (4 slice or w)	70	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Baby Carrots - COR1259 (1 #8 scoop)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks - COR1258 (6 stick (4")	20	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	40	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	5	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy Dec 18 - ServingDate: 12/18/2018								
Cheese Pizza - COR1209 (1 slice)	0	212.79	7.18	3.50	0.00	348.92	25.98	13.74
Chicken Nuggets - COR1222 (5 ea.)	0	386.88	22.32	3.72	0.00	595.20	23.81	23.81
Egg On Your Face Salad and Muffin - COR1191 (1 ea.)	0	276.90	10.94	4.01	0.00(M)	486.13	33.47	12.16

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Dec 18 - ServingDate: 12/18/2018								
Turkey & Cheese Sandwich - COR1200 (1 ea.)	0	245.00	8.75	3.00	0.00	700.00	28.00	15.00
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Fruit Cocktail - COR1262 (1/2 c.)	50	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Fresh Pears - SR1585 (1 medium)	50	101.46	0.25	0.04	0.00	1.78	27.11	0.64
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Pickle, dill chips - COR1499 (2 tbsp.)	0	0.00	0.00	0.00	0.00	364.50	0.00	0.00
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Rice Chex & Marshmallow Treat - COR1301 (1 ea.)	0	101.36	2.23	1.01	0.00	135.67	19.03	1.24
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy Dec 19 - ServingDate: 12/19/2018								
Strawberry & Granola Granola Yogurt Parfait - COR1649 (1 ea.)	0	333.44	3.46	0.82	0.00	206.80	73.38	6.93
Turkey in Gravy - COR1624 (1 serving)	0	159.56	7.52	2.00	0.00	588.09	6.08	16.00
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Roasted Green Beans - COR1774 (1/2 c.)	0	19.15	0.00	0.00	0.00	172.20	3.84	0.96
Mashed Potatoes from can - COR1197 (1 #8 scoop)	0	83.72	1.37	0.62	0.00	286.08	14.96	1.43
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Holiday Dessert - COR1920 (1 ea.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Clubhouse Lunch Academy 3:4 Chicken Sandwich, Rotini & Meatsauce :15646 - ServingDate: 12/20/2018								
Crispy Chicken Sandwich - COR1045 (1 ea.)	0	360.00	11.50	2.00	0.00	710.00	42.00	21.00
Fruit and Yogurt Plate w/Blueberry Muffin - COR1438 (1 ea.)	0	404.86	12.22	6.30	0.00	495.50	62.01	12.95
Ham & Cheese Sandwich - COR1186 (1 ea.)	0	245.00	9.00	3.25	0.00	755.00	28.50	13.50
Rotini Pasta - COR1680 (1 serving)	0	231.12	8.10	3.25	0.00	214.09	22.88	15.46
Dinner Roll - COR1232 (1 roll.)	0	122.84	2.87	0.23	0.00(M)	216.86	22.09	3.52
Mini Saltine Crackers - COR1193 (1 pkg.)	0	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Apple Slices - COR1264 (1/2 c.)	70	52.00	0.00	0.00	0.00	10.40	12.48	0.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 3:4 Chicken Sandwich, Rotini & Meatsauce :15646 - ServingDate: 12/20/2018								
Bananas - COR1174 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Cucumber Slices - COR1267 (1/2 cup, slice)	0	8.58	0.00	0.00	0.00	1.04	2.08	0.26
Wedge Tomatos - COR1039 (1/2 c.)	0	24.80	0.25	0.04	0.00	6.20	4.82	1.09
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Tater Tots - COR1652 (8 ea.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	15	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	50	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Clubhouse Lunch Academy 3:5 Meatlovers Pizza, Cheesy Enchiladas :15646 - ServingDate: 12/21/2018								
Bacon Turkey Club Sandwich - COR1053 (1 ea.)	0	342.38	17.57	6.80	0.00(M)	1096.16	28.51	19.55

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Clubhouse Lunch Academy 3:5 Meatlovers Pizza, Cheesy Enchiladas :15646 - ServingDate: 12/21/2018								
Cheese Enchiladas - COR1866 (1 Each enchi)	0	396.25	16.47	8.17	0.00	749.40	44.44	15.46
Italian Bistro Box - COR1439 (1 ea.)	0	204.60	12.37	5.66	0.01	748.41	7.38	16.62
Meatlovers Pizza - COR1030 (1 slice)	0	311.71	15.04	6.70	0.07	628.77	27.14	20.29
Apples - COR1263 (1 small (2-3))	70	81.28	0.25	0.04	0.00	1.45	20.05	0.38
100% Apple Juice - COR1180 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - COR1265 (1/2 c.)	70	65.00	0.00	0.00	0.00	5.42	15.17	0.00
Broccoli Florets - COR1260 (1/2 c.)	20	12.96	0.12	0.01	0.00	10.69	2.15	0.91
Cauliflower - COR1031 (1/2 c.)	20	15.12	0.00	0.00	0.00	15.12	2.52	1.01
Salad Mix with Romaine - COR1023 (1 c.)	50	12.50	0.00	0.00	0.00	6.25	2.50	0.83
Chocolate Skim Milk - COR1153 (1 Half Pint)	85	120.00	0.00	0.00	0.00	180.00	20.00	8.00
1% White Milk - COR1181 (1 Half Pint)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BBQ Sauce - COR1075 (2 tbsp.)	0	36.00	0.00	0.00	0.00	370.00	9.00	0.00
Italian Dressing - COR1024 (2 tbsp.)	5	10.00	0.00	0.00	0.00	280.00	3.00	0.00
Ketchup - COR1861 (2 tbsp.)	0	32.00	0.00	0.00	0.00	380.00	8.00	0.00
Potato Chips - COR1022 (1 pkg.)	5	80.00	5.00	0.50	0.00	90.00	8.00	0.00
Yellow Mustard - COR1230 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing with buttermilk - COR1276 (2 tbsp.)	80	115.81	13.03	2.25	0.00	158.56	1.09	0.73
Mild Salsa - COR1231 (2 tbsp.)	0	12.00	0.00	0.00	0.00	230.00	3.00	0.00

Legend

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Academy Endeavor Elementary School
Date: 12/01/2018 - 12/31/2018

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event
Serving Group: K-5
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.